

Revolution of Consciousness

Presented by the Oneheart University
IGNORAMUS

CONTENTS

Part 1 – Universal Perspectives

About Tawa
Origin of all Problems
Examination
Revolution of Consciousness
With all due Respect
Micro-Macro
Tawa Message Excerpt
Remember
Justice
The SECRET!
POWER
Total TEST
The Quest
Common Sense
Observation
Fall or Rise
The Diabolical
Wetico
Phoenix Rising
Secret of the “Dot”
Flatlander into Dotlander
The CROSS
Total Economy
Value and Calculation
Trinity Mind
Be Invincible
Correlation
Five Initial Stages
Freedom
Responsibility and Common Sense
Total Process and the Finale
Chosen Few
The PLAN
Lucifer Rebellion
Essence of Lucifer’s System
Change Roma into Amor
Sacrifice
The Kitchen
Grand Examination

Brain-War Factor
The Self
Design of Conflict
Power of Patience
Total Picture
SOLUTION
Totality Experience
Creator-god
Roundtable
Complete Message
The Ship
Construct of Perception and Experience
Visualization
True Ceremony
True Scientist
GOD/god = LAW/law
Live the Onelaw
Precision
Principles of Creator's Law
Trinity
Mystery Egg
Total Quest
How to Detect Truth
Possibility and Probability
Human Construct
The Cell
Mind
ALL IS ONE
Reptilian vs Human Brain
Universal Observation of the Brain-use
True Thinking
Difference
Fashion
Creation of Polarity, to Know
Win with TRUTH
The Bridge
Possible Manifest Reversal
Einstein, "brilliantly insane"?
Warring Gods and Humanity
Child's Vision at the Gaza
Yahweh-Allah Discussion
Liberation vs Lockdown Portal
What is Freedom?
Possible Return to the Meaningless
AI Trap
True Economy
Value

Democracy
BE Cool!
The Meek
The Unique Total University
Legality
Universal Proclamation
Total Medicine
Macrobiotic Conversation
Total picture of Today's Tango
Evil Sport
BE the Arjuna!
Creator and Creation
Divine Blessing of Pain
Creator's Mouth
Cosmic Refinery
8 Cycles of Experience
UN Presentation
The 7 Teachers
Millionaires and Billionaires
The LEADER
About Tawa and the Secret
Tangan Dingin
Farmer

Part 2 – Daily Life Practice

Sacred Art of Eating
The
Insulation Method
Root Stew
Boiled Vegetables
Condiment
Horse Radish
Tahini Dressing
Miso Soup
Sauteed Carrots
10-day Rice Fast
Go by Solar Time
The Symptom
Appetite
Art of Chewing
Cosmic Refinery
Total Health Declaration

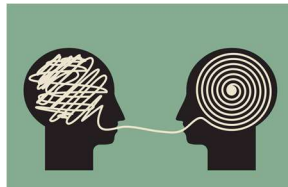
Lastly

CAPITALS

Tawa refrains from lengthy Philosophical narration, but rather comes “to the POINT”. Therefore, the CAPITALIZING, so that the Reader can Immediately NOTICE the Essence. What takes many books and years of Academic study on just one subject, the TOTALITY can make it much more DIRECT with the Inductive Mindset, to harmonize Different Subjects in less time. As such the Reader can have more time to come to Own conclusion. Also. Tawa does not claim to be an “academic”. He is that Child that uttered “the emperor has no clothes”!

Note-

- 1- In Chinese and Arabic there is no problem with “capitals”. They make “fancy strokes”!
- 2- Each chapter is complete in its own.
- 3- Tawa WELCOMES Constructive Criticism, especially by those who claim to be a Leader or Teacher of Life. In turn, Tawa will also be Critical of those who are misleading (knowingly or unknowingly), regardless how “nice it sounds”. Afterall, WE came to School Earth to LEARN as a Collective Being, to be Tested. WE are all MIRRORS of one another and must not be afraid to SEE in order to activate the Pineal Gland to the “Max”. Comments can be given via comments.to.tawa@gmail.com



Critical Thinking is Key

About Tawa



Tawa is not an academic, scientist or of literary training. Yet, he Reveals Truths which can be USED for Humanity to be Repaired from the Grand Experimental Onslaught. It must be acknowledged that the entire

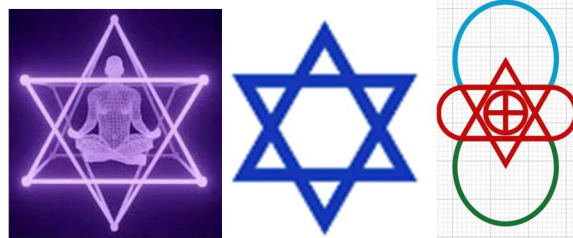
establishment has NOT one Solution for a single problem, not even a cure for the “common cold”. So, it is about time to Listen to the Child who uttered “the emperor has no clothes”. Not any longer pretending to know, because of having “earned a costly diploma”, but doing the Self-Examination to KNOW. He is a FREE THINKER, not just accepting “scientific facts” or “what everyone believes”, but using COMMON SENSE = Sensing what we have in Common. Being a HUMAN, the TOTALITY within The TOTALITY (Created in the Image of GOD), it reasons that each one of us is the BOOK of books. Thus, in order to KNOW we must do the Self-Examination. As such, the Oneheart Teaching came forth, correlating with the SECRET that has been kept hidden for 33.000 years, so that the Human can be TESTED, to know what it takes to KNOW from Within.

Tawa is also a FARMER, both of the Outer and the Inner. He resonates to the formula of Oneness: “the Seed is in the Tree and the Tree is in the Seed”.

To know more: Tawa’s Journal Excerpts (Kalaitaka) and Oneheart Student link:
www.oneheartportal.com/kalaitaka and www.oneheartportal.com/student

Note_

One example of Tawa being a Free Thinker, is by him creating a completely new Design and Explanation of the Markaba (“Cosmic Spaceship”) in which we are IN, to have the EXPERIENCE in Space and Time, in order do Evolve with Purpose and Meaning.



Left, Merkaba of Life

Middle, Merkaba of Death (Empty)

Right (perceived by Tawa), Biological/Mental Integration of the Merkaba, Creating from Within, by which the Horizontal and Vertical use of Brain can be used to Infinitely Explore.

Part 1

Universal Perspectives

Origin of ALL of Today’s Problems
which have become the “free radical epidemic” of the world.

WHY does no one mention the VERY ORIGIN of ALL the Global Misdeeds, Corruption, Wars, Disease, etcetera? It is not due to the lack of “Scientific research and funding”, but the Absence of the Basic EDUCATION as HOW to LIVE and the Quality of BLOOD that enables us to Universally Perceive and THINK.

Today, ALL the violence, whether it is of the physical, mental, social and even spiritual have just ONE Origin. Any idea of WHAT it is? Should be easy to figure out by knowing that whether it is of the “right” or the “wrong” ... when we Realize that ALL IS ONE. And that the ESSENCE of the TOTALITY is WITHIN us, because the HUMAN is the TOTALITY within the TOTALITY (created in the Image of GOD). This Essence is the LAW of laws.

Any idea what a LAW is? It is not what the dictionary describes as “RULE”. So, WHO Decides what the Rule should be? Rule is a MEASUREMENT, which is quite different than the Unmeasurable TRUTH.

Yet, one swears on the Bible “the Truth and nothing but the Truth... so help me God”. And then the “Judge” who cannot help but also listening to his Personal Dimensional Perception, Feelings and Interests, to make the Decision about what is Right and what is Wrong.

If Right and Wrong are PRECISE in the Measurement, then why is the JUDGMENT DIFFERENT in different regions of the Earth? So, WHO or WHAT is to say which Rule is JUST? As it is Globally, there is a “hotchpotch of rules”, going along with all sorts of opiated demonstration, petitions and issues of dismay. “Take your pick”.

So, what is the ORIGIN mentioned? It all depends on the CONTEXT in which Order needs to be Maintained. The illustrations of it are the Circle, Center and what Connects these extreme Two by which the Dimensional can come about.

The Circle correlates with the Outline of the Order to be Maintained, and its Center is the CONSTANT or LAW whereby Order can be STRUCTURED. So, since the HUMAN is the Microcosm of Creation (Created in the Image of GOD) it makes sense that the Constant of Creation must be the Primary LAW to Maintain Order within the Human Realm, too.

The Contrary has been the case, where Rules have become the Dominant factors, whereby the LAW of Creation has been declared ILLEGAL. As such, ALL of today’s Problems have been ORIGINATED, to then be perceived and preserved within the Context of the Microscope (“scientific proof”). This NARROW MINDEDNESS is of those who today wield the “scepter of law and order”.

SOLUTION... the Individual needs to be EDUCATED about HOW Creation’s LAW can be Used in Normal Daily Life, so that ORDER can Begin from Within the INDIVIDUAL and from there on the HOME. As such the Creation of the true Government Of, By and For the People.

To maintain Order in a Context other than that of the Totality (Creation), laws need to be created which are “out of center”. Then, there is No Power to have the Order be generated from the Center. As such, we need the “law-enforcement”. Thus, laws to be used as a Weapon making Weapons the law, even to the point that we can be Killed when we want to BE Under GOD’s LAW (FACT).

What has been stated here also reasons that the “Court of Justice” cannot serve within the Totality, because it Serves Exclusive Interests by way of DIVISION. Therefore, the Judgment is Divided by “right and wrong”. As such, to be “right” we only have a Part, because the “wrong” is missing. By this form of “justice” INJUSTICE will exponentially increase. That’s why Corruption and Crime have become the NORM. Moreover, the System cannot exist without it. Weaponry and Drugs (including the vaccine) have become the Control factors to have the Secondary law be Enforced to Maintain the System of Exploitation. Exploitation it is, because the Part in order to Survive must LEACH on the Whole. Therefore, the Human has been used as the “Total Sacrificial Lamb”, because it is the Totality within the Totality. It has come that far that most of Humanity VOLUNTEER to it.

This BOOK is for those who want to Know what it takes to LIVE by the LAW of laws and BE FREE.

Examination

All of us Volunteered to be TESTED at School Earth.
The Final Test is at hand.
A few Great Teachers we had, but not fully understood.
Now we have hundreds.
The “most famous” have become “spiritual millionaires” due to the great number of “followers”.
Yet, with all the glamour of philosophy and sacred geometry NOT one Solution for a single problem.
Practically not one True Teacher, able to be a Living EXAMPLE.
All listening to the doctor or having some ailment.
Who will do the Final EXAMINATION?
First of all, the Teachers need to be Examined!
Khrisna was the supreme Teacher of Arjuna, yet Arjuna needed one more Teacher, to Know HOW to SERVE.
This Teacher was Semar.
As it is, the “famous Spiritual millionaires” are served by “followers”, which reasons that these “teachers” are following the followers for their Money.
Followers following followers.
Let the following story make it clear.
At a coast there was a Kingdom.
The King was old and at the dying stage.
His son would not be the best choice to be the next king.
He was egoistic, cruel and mentally troubled.
At that time, he was at a journey on a ship.
The King needed to make the Decision.
He asked the best of his servants to be with him as he was dying.
“Son you are the humblest Servant of this Kingdom, and that is how a true King should be, the SERVANT of the People”.
The King documented his wish on Paper and put his stamp on it.
Then he died.
At that moment the alarm-bell rang.
“We see a Ship coming trying to get into the harbor”.
The King’s son was coming back.
It was at the dark of the night and stormy too.
Everyone run to the harbor, as it was also rainy and windy.
A few tried to light a fire, so that the ship could find its way into the harbor.
Otherwise, the ship would be crushed on the coastal rocks, leaving every one dead.
The Fire could not be started, unless there was something dry, such as a piece of paper.
The Ship was close to possibly missing the harbors entrance.
The Servant was the only one who had the needed piece pf paper ... the document!
If it was YOU, carrying the document ... what would be Your DECISION?
Do, the Self-Examination.
We have now at least 58 million millionaires and 2600 billionaires.
At best some “charity” to then be claimed as an “tax-exempt”.
All that Money, not just “legal notes”, but a “harvest of Energy” laying stale to falsely secure a few stale minds.
What at this critical time can be DONE by way of the True Practical Teaching, to Change “I need money” into “money needs me”.
It requires the MASTERY of the BLOOD whereby the Brain can be Activated to THINK.

As is, merely BELIEVE to then surrender to the Artificial Brain?

Revolution of Consciousness

Jesus: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

What Creates is the POWER (Will of GOD) whereby the Unmanifest can be CHANGED into the Manifest. And what CHANNELS this Power is SPIRIT.

Spirit is the Channel Trough which the POWER Flows.

All together, the CYCLE is created.

The Greater the Cycle the Greater the Power to be Used.

The Human Correlates with GREAT SPIRIT, and thus can Directly Connect (also with inspirayions of Gtreat Teachers) with the Cycle of cycles, with the PINEAL GLAND.

Therefore, the Cycle of the Outer, condensed into the Cycle of the Plant/FOOD, must be in Synchronicity with the Cycle of the Inner, of the BLOOD.

As such, we must Eat Food, to then be REFINED into Consciousness (= third channel of Spirit).

What has been described here, is the Principle of the REVOLUTION of CONSCIOUSNESS.

With all Due Respect

Great Teachers create Great Students, so that the Teacher can become Greater, and this is a Law.

The LAW of laws is CHANGE, so that the TOTALITY-unmanifest can constantly bring forth the Possibility, to be Realizad.

TOTALITY-umanifest Contains the infinite Possibilities.

Therefore, the POWER that Maintains the TOTALITY needs to be USED.

Great Spirit (GOD) "created from scrach", which came to the Construct of the BODY by which Spirit can be REFINED.

Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the Body creates the Spirit it is the Miracle of miracles".

It must hereby understood that Spirit is the CHANNEL Through which the POWER (GOD's WILL) Flows.

The Continuation of the Channeling of Spirit correlates with TEACHING.

FOOD Teaches the Body to Refine that what constituted the Food into Bodily Functions.

Body Teaches the BRAIN by How Food is Refined into the BLOOD, whereby the Brain can be Activated.

With the Brain we can Teach others, according to what has been attained by the Bodily and Mental Experiences.

Teachers creating Greater Teachers.

Jesus: "What I can do, you can also do, and even More".

There are millions of Teachers in the Universe, but only a few who are Appointed to be a part of the Earth Faculty.

A few have been delegated to inspire by ways which can create Evil Behaviour, such as brutal killing and destroying (Yahweh).

As such, great Effotys made to REDEEM.

Many Evil Gods Graduated by way of Redemption.

Indeed SCHOOL Planet Earth is quite a Challenge!

But while in the Body we must not hesitate to DISCERN and Help one another with the Graduation.

We must especially be CRITICAL of the TEACHERS, especially those who are "Academically Popularized", such as Einstein and Oppenheimer.

Both died in the hospital, due not Listenig to the Bodily Teacher.

Do NOT be just a FOLLOWER, a shheep.

The POWER (Will of GOD) has been given to us in the form of FREE WILL, for the reason that as a HUMAN we can REFINE Creation from Within.

Micro-Macro

Lower and Higher SELF

The Grand Experiment was needed to find out HOW to Transcend the Lower Self into the Higher Self. The Lower Self correlates with the BODILY, acting as the REFINER of SPIRIT. Jesus: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

With all due respect

Great ones, such as Yogananda (diabetes), Maharichi (Cancer), Dalai Lama (gall bladder), Pope Francis (Obese, Lungs, +) still needed the doctor, because the Lower Self was still "in the way". Then today's Spiritual millionaires, culminating much of the Bodily without a the Flow of Spirit, by DEPENDING of "Followers" depending on the doctor, too. All showing that the Graduation from Mystery School Earth needs the PRACTICAL TEACHING, to Know what it takes to make the Last STEP to Fully Enter the Higher Self. Practically, the Total HEART-PINEAL GLAND Alignment must be made. Therefore, the long awaited SECRET need to be REVEALED to Humanity.

More about it throughout this Book.

Tawa Message

Excerpt

We are the Miracle! This message explains why. "Tawa" means "Sun" in Hopi and "Moon" in Tibetan. What unites the two different meanings of this word is "One Mother Earth". This Oneness can also be found in our Heart! Our Heart is pulsated by what interconnects all our body cells, by Blood. Why does blood do that? Blood is the biological transmutation of Food. Food is the result of the concentrated accumulation of environmental energies. This realm stretches out into the infinite universe.

Outside of our solar system the energies of the universe center around the stars. All the stars interconnect with one another by their rays of light. Our Sun is the closest star to us and by its light planet Earth receives Heaven's energies. By this union of Heaven and Earth, plants (food) grow. When we eat food, the stars without become the stars Within, our body cells. Thus, similar to the way the Sun interconnects with all the other "Suns", our Heart seeks union with all the Inner Suns by the circulation of the "liquefied sunlight", the blood. Then the Eater (of food) becomes food by that which originated the food, by which we return to the Outer by our expressions or behavior. As such the "hologram" is created in which we can create our own reality.

Before the stars' energies reach the Sun, they are influenced and organized by the Twelve Constellations or Heavenly Bodies. This Heavenly clock regulates the rhythm of the energy flow before we can come to the realization that our Heart "ticks". These Twelve Constellations manifest Within us as the Twelve Organs or

Organizers. Finally, when the Earth captures the stars' energies, they become the planet's ecology and cycles. This also manifests Within our body.

Our blood is synchronized with the ocean Water, by having the same mineral composition and salinity. The blood's pulsation resonates with the ocean waves. The lungs become the Inner forests and by breathing we maintain the inter-relationship. The rivers become our blood vessels, lakes become our liver, springs become our salivary glands, rain becomes our sweat, wind becomes our breath, thunder becomes our speech, lightning becomes our vision, atmospheric vibrations become our thinking ability, etc. The Moon reflects the Sun and internally manifests as feelings. Physically, the Moon is represented by the pericardium (the sack in which the Heart is contained and is one of the Twelve Organs). By it we can become conscious of what is Within and what is without (Common sense = sensing what we have in common). By the purity of blood, having true health, we can have the great joy of true freedom in the circle of Light.

The degree of synchronicity or Oneness between the "stars Within" and the "stars Without" depends basically upon our way of eating. By eating the cosmic food, the cosmic way, we can return to the Heavens with a greater sense of Being. Plants extend Earth's radiation. This happens after the Sun's rays impregnate the Earth. In order for the Earth's energies to ascend beyond its environment, they need to be organized Within a body that can contain the integrity of the Earth, and by having the ability to biologically transmute food into higher frequencies of energy. This Ascension begins with the integration of Earth's center (Iron, Fe.) by having it become our blood's nucleus, around which the complexity of the Earth is centered. Thus, wherever our blood circulates to, we can feel, indicating that we can radiate the Earth Through the Human potential beyond the Moon into far distant realms of the infinite universe.

In short, the more we can extract the essence or MEMORY of food into our blood, the more we are "liked" by an "eater" of a higher order. Ultimately, we become food for the Creator. Self-realization is completely becoming food for the Creator Within! For this reason, we must fully digest our food, in order to Remember who we truly Are.

Remember

Without the BRAIN-use NOTHING/Unmanifest is the Rule

Turn around the "NO" and put it in a different ORDER and we can "put the THING ON".

Just a play of words?

It gives the Idea that CHANGE is the RULE of the Manifest.

It is the LAW of laws of which the TRINITY is its Principle whereby the Infinite Possibilities can be Realized.

The Human came forth from NOTHING/Unmanifest, that we can Experience when asleep, because the

Brain is temporarily "shut off" due to having less BLOOD flowing to it.

So, what does NOTHING mean?

NOTHING!

This Book Reveals HOW we can be the RULER of the BRAIN, and therefore be the Creator of our Own Realty.

WAKE UP and Know that AI can be the TRAP, unless we can Know HOW to CHANGE.

It provides the "No-answer Answer", which can leave us in the VOID.

AI is a play of Knowledge, different than KNOWING.

The KNOWING is the UNION of Question and Answer coming from the Individual who uses the Brain Independently.

Therefore, to truly Know who we ARE, the Creator of our Own Realty, ONLY WE can give the ANSWER to the QUESTION of who we ARE.

AI goes together with IDENTITY and can lead to giving the Worst Answer to the Last Question": to BE or NOT to BE"?

This Book is for those who want to give the BEST ANSWER to the QUESTION that we asked Ourselves when Entering Creation.

REMEMBER?

Millions of books conveying theories, facts, discoveries, and all sorts of religious, academic, scientific, and philosophical perceptions ... yet, as it is ... NOT one Solution for a single problem. Disease, war and all sorts of corruptions are on Stage. So, what can this Book contribute to? TRUTH, the Unconditional, the Total and Inevitable HERE and NOW. It is the Treasure Chest of Creation, for all to LEARN by, by being to BE. In other words, BE ONE with the ONE, to have the DIRECT Connection with IT, where we ARE. This Book can give us the idea to Know what it takes to READ the TOTAL BOOK we ARE!

Ascended Masters:

All that Ever Will Be, we must learn to Recognize our Own thoughts (not believe) and our own line of reasoning, so that we may separate it from the Mass Thoughts from all that is Like what we wish to visualize, so that we may have as an Original thought as possible, for a conditioned mind based in a Human Reality on the physical plane. So BE IT!

Justice

In the "Court of Justice"; "innocent until proven guilty".

The Child is Born Innocent.

So, what makes it later on "guilty"?

The Child goes to school to "earn a diploma", as the System Depends on the Commodities whereby a "chosen few" can become a "millionaire".

The Child grows up in the midst of the Profiteering-scheme, to get a "job to "be lived".

Weapons become the main-commodity.

So, who must USE the Weapons?

Both "legal and illegal" cartels assure the Marketing.

The Children become later on the "legal and illegal criminals".

The "legal ones" can earn a Medal.

The "illegal criminal" get caught and goes to Prison.

The "priest" blesses the criminal while the "church" becomes rich (the Vatican is one of the largest share holder of the weapon-industry).

The "millionaire" remains "innocent until running out of money".

Now ALL the "Actors are on Stage", for ALL to SEE, including the Witnesses of the Universe.

The "Day of Judgment" is upon us ALL.

WHO will be the JUDGE?

WHAT will be The LAW that cannot be broken?

HOW to LIVE the LAW of laws, to be REDEEMED?

This Book can be the Revelation to it.

The SECRET

What is the CENTER of centers?
NOTHING!
HOW to get there?
We Are already there!
HOW can we KNOW?
Just NOW, as we raised the QUESTION!
So, what is the ANSWER?
UNITE the Question with the Answer!
HOW?
Have the EXPERIENCE!
HOW?
NO Conditions, but to Be SURPRISED by the ACT, NOW!
REALIZE that the OBSERVER and MIRROR are ONE!
DARE to SEE ONENESS, to BE without the Conditional!
This Book Teaches us How to READ the BOOK of books we ARE.
Therefore the TRINITY, which is the Alphabet of the LANGUAGE of GOD!
Far fetched?
We are as Far from TRUTH as NOW is where we Are, HERE!
NOTHING is the Distance between HERE and NOW, and since Everything Originates from Nothing,
Everything is at our "fingertips", HERE and NOW!

POWER

Power, in science and engineering, time rate of doing work or delivering energy, expressible as the amount of work done, or energy transferred.

How Limited in scope.

Merely understood in Exploitative terms, leaving Humanity powerless, Depending on the Robotic.

There is an Fundamental Difference between POWER and Energy.

We can run out of energy, as POWER is of the Infinite.

How can we have the CONSTANT connection with POWER, and USE it?

What can be more CONSTANT than HERE and NOW, where we ARE?

KNOW HOW we can REALIZE that being the TOTALITY within the TOTALITY, we can Use POWER in the form of FREE WILL.

Not until then, the Reliance on Energy.

As such, always in the state of NEED.

First, the need to have a "diploma" to get a "job to earn money", so that we can "buy" to then "run out of money".

Possibly becoming a "millionaire" until we are suffed in a coffin to smell a corpse, all by ourselves.

So, HOW can we BE ONE with the Endless HERE and NOW?

Phylosophy, religion and knowledge alone will not do.

Only by TRUTH.

HOW to BE TRUTHFUL?

Differently phrazed

BE

Billions of years have passed, in the creation of the Consciousness that ALL IS ONE.

When and How will it End?

It will End with a New Beginning, by the POWER to be REFINED in the form of FREE WILL.

The ongoing CHOICE need to be made to BE, which means that we must BE ONE with TRUTH, by LIVING IT, Consciously.

TRUTH is the POWER whereby the HERE and NOW become the PORTAL of portals.

This Portal is SPIRIT Through which the POWER or TRUTH (not just “uttering truth”) Flows.

Jesus: “When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”.

HOW well do we Know the BODY as the Channel of Refinement?

How well do we Know HOW to BE?

Allowing our Body to be diagnosed and demolished by those who merely “practice medicine”?

This Book can give us the idea How to BE.

Total TEST

The Human Earth TEST has 3 Stages:

- 1- Body, of which the last stage the entire Evolutionary stage is integrated in the Human FORM. Here the Senses are tested by way of FOOD and what EATS.
- 2- Mind, of which the Brain is tested Horizontally (right-left brain), to Know HOW to be the PORTAL to connect the Unmanifest (Question) with the Manifest (Answer) = the KNOWING.
- 3- Spirit, centering of the Portal with the use of the BRAIN (Pineal Gland), to create the Consciousness that ALL IS ONE (Refinement of Spirit) = Vertical use of the Brain, so that the TRINITY can be Used to be a co-Creator in the Universe.

The QUEST



What is The Question?

What Is A Question?

We Question because we do Not Know.

What do we want to Know?

We want to Know the Answer.

So, what is The Question?

What Is A Question!

The Question represents the Unknown.

What is the Unknown?

SOURCE, NOTHING or TOTALITY-unmanifest.

The SOURCE brings forth the TOTALITY-manifest.
The PORTAL is needed to CHANGE the Unmanifest into the Manifest.
In other words, we can only KNOW by the Question-Answer UNION.
All of it is Biologically Integrated in the Human FORM.
The Body correlates with the Unknown.
It is Centered by the Heart (Bodily Portal), so that the Blood that Maintains the Body, can Deliver the Notion of the Bodily EXPERIENCE to Heart's Center.
From here the Blood Ascends to the Head that contains the Brain, of which its Center (Pineal Gland or Brain's Portal) can be Polarized with the Heart,
As such, the Question can be REFINED into the Answer.
In other words, by the Heart-Pineal Gland polarity, the BLOOD can CHANGE the Unmanifest into the Manifest = Notion of TRUTH or TOTALITY.
The Notion of who we truly ARE is relative to how well we can UNIFY Question and Answer, to KNOW.
Life is the QUEST!

Common Sense

Sensing what we have in COMMON.
Regardless the state of Mind, can we ever escape the TOTALITY?
Especially, being a HUMAN, the TOTALITY within the TOTALITY.
In other words, Creation in the Human FORM.
What and How is Form created?
Form Constructs SPACE intermingled with TIME.
What are Space and Time?
Space and Time are BORDERED by to what Extend they can be contribute in the creation of Purpose and Meaning.
When the Experiencer is asleep, Space and Time become HERE and NOW.
And when we Open the Eyes, HERE and NOW begin to "WANDER" = EXPERIENCE.
Space and Time are the DELAYED Perceptions of Here and Now!
Every Moment of our Life is the Sole Opportunity to BE the Eternal Divine Steppingstone of the Infinite Universe.
Wake Up and stay Awake.
HOW?
BE!

Observation

There are two ways of Observation:

- 1 - From the Inner into the Outer – Inductive.
- 2 - From the Outer into the Inner – Deductive.

Today's world has been established on the Deductive way of thinking and therefore needs the microscope (2) to validate that what is Self-evident. To clarify this statement...The True Self is the Observer and what we

observe is the Mirror, based on the truth that ALL IS ONE. The circle is the expanded center, and the center is the contracted circle. Differently said, the Tree is in the Seed and the Seed is in the Tree.

Observer and Mirror are like the center and the circle. The Deductive mindset (2) sees the Two as Separate - the Inductive mindset (1) sees the Two as One. Outer and Inner correlate with Mirror and Observer. The point of view from the circle or circumference can only be complete when the Observer can be at any moment have one mind Within the context of the circle. This is not possible, unless we can embody everyone around the world (circle), where each one can observe and think in its own capacity. Having accomplished this...then "all minds" we must deal Within our own brain, to make it One. Endless confusion (= "contra-fusion") and in-fights will then be the result with no solution for just one problem. Today's world has come to such an extreme.

"No Problem says God, My Law of Laws is CHANGE". And since Change does not change...we can only change from the Un-changing Center, where I AM!" In contrast, the dominant opinions among the different observations at the circumference... their powers to establish themselves as the decisive factor, is based on the superficial militant-power to enforce Secondary Laws. Consequently, groupings of different mindsets, both of political and religious interests, test their superiority at the battlefield. At the finale...all Will lose. What this all boils down to is the war between the Divine and Sinners. Sin means "miss the point" (in Spanish the word "sin" means without).

The frantic effort made to FIX humanity Within a scientifically based militant order, has become glaringly obvious. When the above is fully understood, then it must be clear that Only by making Creator's "OneLaw" the Primary Constant of daily life, true justice, peace and freedom can prevail. The positive side... today's great barrier of corruption of body, mind and spirit, can be used as the Steppingstone, when we know how to apply Creator's "Onelaw", Change, firstly to ourselves.

It is by the dominance of the Deductive mindset that our identity is accordingly established. This last stage or Test in the process of Being, correlates with the last question: "to BE or NOT to BE"? it has become quite obvious. Within the Divine Order the goal of life is the Self-realization, the I AM. The contrasting "New World Order" does the opposite and wants to remodel the human in the image of a scientifically concocted god. It wants to make the microchip implant mandatory, so that we can be fixed Within the internet-belt that surrounds the Earth. The truth is that we are Creation in the Human Form. So, wake up and See through the "Macro-scope" (1)! The true Observer sees from the Center outwards, from the point that everyone and all things have in common. From here we can have the Full-Spectrum perception, which can never be in conflict with another's coming from the same point. This point or Center of Centers is in each one of us and all things. Along with the conscious perception, this center is of the Heart. From this center we can control the mind. But when the mind controls the Heart... we may end with a "Heart-bypass" and consequently identify ourselves with that which we are not. This happens when we have lost the control over our Blood-quality and rather follow those who control the Food that upon the digestive process becomes the BLOOD that enables us to think. THINK!

Fall or Rise

Formula (Jesus): "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles".

What is SPIRIT, what is BODY, what is MIRACLE?

Spirit is the KEY, Body the PORTAL and CHANGE the Miracle.

The TOTALITY is Maintained by the POWER ("divine superglue").

HOW to “unglue”?

It is the ONLY ONE Who can INITIATE the ONE to become the TWO and the TWO to become the ONE, who can DO IT.

IT IS the HUMAN.

IT = Origin.

IS = Proceeding.

HUMAN = Origin Proceeding.

All Three, Constitute CREATION in the HUMAN FORM.

In other words, the TOTALITY within the TOTALITY.

The Unmanifest is the First Totality, and the Second one the Manifest.

The Trinity of BEING are: Preceding Spirit, Body and Proceeding Spirit.

Spirit is the CHANNEL through which the POWER (“moving superglue”) FLOWS.

The Process:

- 1- FOOD, the “distance” between the SOURCE (Totality-unmanifest) and the BODY.
- 2- BODY, the REFINER (Eater) of Spirit.
- 3- CONSCIOUSNESS, the ” distance” between Body and INFINITE.

As such, the Food to be Eaten has to be WHOLE and Wholly Refined within the Human.

The TOTALITY is UNCONDITIONALLY provided in the creation of the Human Body, to then for the TOTALITY Proceed with the CONSCIOUSNESS that ALL IS ONE.

Spirit being the Channel of the Total Process enables POWER to Flow through it = “Constant Ungluing”.

By this process POWER is also Refined and can be Used in the form of FREE WILL.

Quite a “Load” the Human is Carrying!

What happens when we take upon us an “EXTRA-load” in the form of Greed, Pride, Self-assertion, Claim, Ego and all sorts of Securities, the Channel will get STUCK by the GLUE!

Consequently, we will become DEPENDENT, and the ASCENSION or Refinement of Spirit becomes the FALL instead.

Jesus, after a Severe TRAINING was able to FULLY DETACH from the Bodily and Mental “glue”.

Before the Ascension he washed the feet of his students to prove the detachment of ego.

The undergoing of torture, to proof the detachment of pleasure and comfort.

The silent facing of injustice, to proof the detachment of pride.

Today what a FALACY of “Christianity”, adored with the “church bombast”!

“spiritual teachers” becoming a sick millionaire, Depending on thousands of followers.

What a FALL, to then be Glued to the Floor!

The True LEGACY is not a monument to serve the birds to defecate on, but the TEACHING to bring forth the TRUTH that ALL IS ONE.

Fall or Rise.

The Diabolical

(Bhagavad Gita)

The diabolical ones say, "this universe is without truth, without moral basis, without a God, brought about by mutual union, with lust for its cause; what else? Holding this view, these ruined souls of small intellect and fierce deeds, come forth as the enemies of the world for its destruction.

Filled within satiable desires, full of hypocrisy, pride and arrogance, holding evil ideas through delusion, they work with impure resolves. Giving themselves over to immeasurable cares ending only with death, regarding gratification of lust as their highest aim and feeling sure that that is all.

Bound by a hundred ties of hope, given over to lust and anger, they strive to obtain by unlawful means hoards of wealth for sensual enjoyments. This has been gained by me today; this desire I shall obtain; this is mine and this wealth also shall be mine in future.

That enemy has been slain by me; and others I shall also slay. I am the lord. I enjoy. I am perfect, powerful and happy, I am rich and born in a noble family. Who else is equal to me? I will sacrifice. I will give charity. I will rejoice, - thus deluded by ignorance.

Bewildered by many a fancy, entangled in the snare of delusion, addicted to them and intoxication of wealth, they perform sacrifices in (or for) name out of ostentation, contrary to scriptural ordinances.

Given over to egoism, power, haughtiness, lust and anger, these malicious People hate Me in their own bodies and those of others. These cruel haters, worst among men in the world, I hurl these evil doers into the womb of demons only. Entering into the demonical womb and deluded, birth after birth, not attaining Me, they thus fall, into a condition lower than that.

“Wetiko”

The greatest epidemic sickness known to the Human Being

Excerpts from: www.awakeninthedream.com/?p=534 - by Paul Levy

“For several thousands of years human beings have suffered from a plague, a disease worse than leprosy, a sickness worse than malaria, a malady much more terrible than small-pox. ”Indigenous people have been tracking the same "psychic" Virus that I call malignant egofrenia for many centuries and calling it "Wetiko", a “Cree” term which refers to a diabolically wicked person or spirit who terrorizes others.

After evoking an entity like "Wetiko", in order to study it as objectively as possible, we have to hermetically seal it Within an alchemical container. This ensures that its mercurial spirit doesn't vaporize back into the invisibility of the unconscious, where it would act itself out through us. Jung continually emphasized the importance of developing a container or vessel in which to catch troublesome spirits like "Wetiko". He writes, “Therefore, if anything is wrong, take it out of its place and put it in the vessel that is between your neighbour and yourself...” For love of mankind, create a vessel into which you can catch all that damned poison. For it must be somewhere – it is always somewhere – and not to catch it, to say it doesn't exist, gives the best chance to any germ. "Wetiko" is an elusive spirit that is challenging to pin down and say it is 'this' or 'that.' At the same time, it is critical that we attempt to delineate its properties. Unlike a physical Virus, the "Wetiko" bug cannot be isolated materially, but its characteristic signature can be detected and seen in the peculiar operations of a psyche that is under its spell. To not recognize the existence of the "Wetiko" germ – 'to say it doesn't exist' – allows the psychic infection to act itself out unrestrained. Being 'always somewhere' is to be non-local, which means that it is always around, even potentially, or especially, Within ourselves. In calling forth the ""Wetiko"" spirit, we are simultaneously creating, through our inquiry itself, the container in which we can study this bug so as to understand what in fact we are dealing with, see how it operates out in the world, in others, and subjectively, Within ourselves. In order to come full circle in our contemplative exercise/exorcise, we have to homeopathically take our contemplation back Within ourselves. As if in a dream where the Inner is the Outer, we can recognize that the "Wetiko" Virus that we have been tracking 'out there,' outside of ourselves, is a reflection of and co-related to the same process Within ourselves. The "Wetiko" Virus is the root cause of the inhumanity in human nature, or shall we say, our seemingly inhuman nature. This 'psychic Virus,' a 'bug' in 'the system, in-forms and animates the madness of so-called civilization, which,

in a self-perpetuating feedback loop feeds the madness Within us.

This disease, this "Wetiko" (cannibal) psychosis, is the greatest epidemic sickness known to the Human Being. We, as a species, are in the midst of a massive psychic epidemic, a virulent collective psychosis that has been brewing in the cauldron of humanity's psyche from the beginning of time. Like a fractal, "Wetiko" operates on multiple dimensions simultaneously – intra-personally (within individuals), inter-personally (between us), as well as collectively (as a species). The "Wetiko" germ is a psychic tapeworm, a parasite of the mind. Just like certain computer Viruses or malware infect and program a computer to self-destruct, mind-Viruses like "Wetiko" can program the human bio-computer to think, believe and behave in ways that result in our self-destruction. "Wetiko" is a virulent, psychic pathogen that insinuates thought-forms into our mind which, when unconsciously enacted, feed it, and ultimately kills its host (us). It doesn't want to kill us too quickly however, for to successfully implement its agenda of reproducing and propagating itself throughout the field, it must let the host live long enough to spread the Virus. If the host dies too soon, the bug would be prematurely evicted and would suffer the inconvenience of having to find a new residence.

Like a cancer of the mind that metastasizes, in "Wetiko" disease, a pathological part of the psyche co-opts and subsumes all of the healthy parts of the psyche into itself so as to serve its pathology. The personality then self-organizes an Outer display of coherence around this pathogenic core, which 'masks' the Inner dysfunction, making it hard to recognize. In a psychic coup d'etat, the "Wetiko" bug can usurp and displace the person, who becomes its puppet and marionette. Like a parasite, the "Wetiko" Virus can take over the will of an animal more evolved than itself, enlisting that creature into serving its nefarious agenda. Once the parasite becomes sufficiently entrenched Within the psyche, the prime directive coordinating a person's behavior comes from the disease, as it is now the one calling the shots. Just as someone infected with the rabies Virus will resist drinking Water, which would flush out the infection, someone taken over by the "Wetiko" parasite will have nothing to do with anything that will help them get rid of the disease. "Wetiko"s are phobic towards the light of truth, which they avoid like the plague. In advanced stages, this process takes over the person so completely that we could rightfully say the person is no longer there; they are just an empty shell carrying the disease. In a sense there is just the disease, operating through what appears to be a Human Being. The person becomes fully identified with their mask, their persona, but it is as if there is no one behind the mask.

"Wetiko" is non-local, in that it is an Inner disease of the spirit, soul and psyche that explicates itself through the canvas of the outside world. Certain people, groups of people, corporate bodies, or nation-states embody and act out this psychological malady in the world. Specific situations in the world, such as the destruction of the Amazon rainforest by myriad multi-national corporations, or Monsanto instituting terminator Seeds as it tries to gain control of the production of the food supply, are real-life enactments, both literally and symbolically, of this self-destructive, Inner process. Certain potent symbols in our shared waking dream are literally showing us this Inner, vampiric dynamic, a stupefying process in which we get bled dry of what really counts.

To quote Don Juan, "Indeed we are held prisoner!" This was an energetic fact for the sorcerers of ancient Mexico". Don Juan is referring to an 'energetic fact' that I imagine most of us can relate to; i.e., there is 'something' Within us that stops us from expressing our true creative genius and attaining our full potential. These predators are 'time-bandits,' consuming the precious hours of our lives, as if we are wage-slaves on a prison-planet 'doing time.' Deepening his description of these predators, Don Juan elaborates, "They took over because we are food for them...we are their sustenance. Just as we rear chickens in chicken coops, gallineros, the predators rear us in human coops, "humaneros". The "Wetiko" Virus particularly flourishes in overpopulated cities, where people are 'cooped up.' When we buy into groupthink and are enlisted as a member of the herd, we become like sheep that are being led over the edge of a cliff, or cattle that are being raised to be slaughtered.

Don Juan continues, "The predators give us their mind, which becomes our mind." It is as if these predators are in competition with us for a 'share' of our own mind. The predator shape-shifts and assumes our form, and if we are unaware of its masquerade, we will identify with its invasive thought-forms as if they are our own and act them out. We will mistakenly believe that we are acting on our own impulses, with our best interests in mind.

Tawa: the "'Wetiko-Virus" is the final result of the extreme decomposition of the Complex human cell. The great density of the human body-cell is due to the great ability to internally release the Total Memory that's derived from the daily Total Food consumption, which is the Whole Grain Cereal ("food of the gods"). It is by the weakening of the memory that the complex cell can disintegrate, to become a greater number of simple cells. First the bacteria and then the Virus when the disintegration continuous. Ultimately the Virus can change into radiation that goes along with heat ("fever or trash-bin heat"). The disintegration becomes increasingly subtle until it becomes a most refined form of illusion, thus non-existent to the senses and even to the mind.

But those who have the sophisticated nanotechnology, they can manipulate our mind from ground-level via the satellite system. The global chemtrailing is a part of this technology. The saturation of the sky with a certain composition of chemicals (including aluminum, barium and dried human blood, to be attracted by the "Coca Cola and Mc Donald residues" saturated body), along with the massive use of microwaves with a certain frequency, are needed to fully control the brain (our brain's frequency and that of the outskirts of the ionosphere have the same frequency, 500 km up) that can then be become a major component of the Global Slavery Computer. This computer becomes complete with the final microchip implant. Now in pets, then in us. Earth has to be retarded in its evolution (that's where the massive deforestation and destruction of the Seed is for), so that her condition can be most suitable as the habitat for the "'Wetiko"-Virus! Instead of Creation in the Human Form... we then become the "Wetiko"-Virus in the Human Form. The Hopi prophecy states that there will be a time that one can see on a screen what we think and make us think by what the slave-master's program dictates. We aren't too far off, aren't we?



Phoenix Rising from its Own Ashes

Truth is the Spark emerging from Heart's Center

to Ignite the Fire of LIBERATION and Lasting PEACE

This Revelation (in text) is for those who Labored Hard throughout the ages since Emerging from the SOURCE. It is now coming to its Conclusion with the Last Question: “to BE or not to BE”? Therefore, we need to Know HOW we can fully make the CHOICE of choices. The “to BE” CHOICE cannot be made by using the BRAIN by Dividing the TOTALITY with the “tight-wrong, good-bad, like-dislike, mine-yours” mentality. By the Division we will light the fire of Destruction and Death instead, and this is TODAY coming to stage at the Ukraine and Gaza, to SHOW what it takes to make the “Not to BE” choice.

Message from the Rising SUN:

When CARE is born in our HEART, take it as a Sign of the Grace of the DIVINE and be obedient to TRUTH, and it will turn into Happiness. Have a very large Heart when we want to be of any Service in the Realization of the Divine PLAN, where we don't have to worry about differences, which can lead to the Destruction of the Heart and any opportunity to BE.

The Rain of Spirit and the Cooking of Food

The Rain is the last stage for Heaven to Unite with Earth, Plants Grow from the Earth to become FOOD, to then be Refined into the BLOOD of the EATER of Food. The Blood Ascends via the Heart to the BRAIN, from where the Blood is changed into CONSCIOUSNESS. This can be, because of the Water be organically Changed into the FIRE-element (the wood still contains the Rain in a Refined way) whereby the Earth-Heaven Cycle can be Completed. With Human's Consciousness the Fire can Proceed beyond Earth's Ionosphere into the Infinite Universe. This is why the SACRED ART OF EATING (true Macrobiotics) is Essential to have Spirit be REFINED from Earth, UP. This ART of arts is the True COOKING of Food, by which Fire is Consciously integrated.

The entire process has been formulated by Jesus: “when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”. Spirit is the CHANNEL though which the POWER or WILL of GOD flows. With the Water the Spirit Descends and with the Fire it can Ascend via Body's BRAIN-center, back to Heaven!

The Human Body correlates with the Total-channel or Great-Spirit, by way of FREE WILL (GOD's WILL flowing Through us), to decide about the Direction and the Consequences, too. Either only Downwards to create the Drowning FLOOD, or Upwards with the Refinement of Spirit, to “Freely swim in Heaven” (Phoenix Rising from its Own ASHES). The Ascend by FIRE correlates with the RAIN of SRIRIT! Fire's Upwards-direction can be Disastrous, when it is improperly used. The unwise way of eating:

- 1- Too much water consumption – Heaven-Earth descend.
- 2- Too much consumption of raw foods (salads) – takes 2 times more blood to digest.
- 3- Using microwave and electric cooking (downwards energies).
- 4- Water retaining foods: animal flesh and dairy products (especially cheese).
- 5- Too many fruits and juices (cooling and accedic).
- 6- Ice-cold beverages, ice-cream – hardens mucous and cools kidneys.
- 7- Sugar (transmutes into water) – cannot raise Fire for the Ascension.
- 8- Drinking while eating, due to not enough Chewing to create the Saliva. that we need for the Digestive process.
- 9- No consumption of the Whole Cereal Grain whereby the Fire-element can Ascend by the Blood parallel flowing with the central nervous-system.

Note- Obesity, back-aches, diabetes, cancer, heart problems and emotional/mental disorders are clear signs of one's Universal water-fire Direction. Consequently, Fire will be used to DESTROY = WAR. Today, less than 5% of Humanity can claim to be Disease-free. The rest is Drowning in its own Blood



Secret of the “Dot”

and the Realization of the PLAN

Albert Einstein used the Right-Left BRAIN to find out what the Ultimate ORIGIN of Matter is, from where the POWER (WILL of GOD), CREATION could come forth.

It led to the creation of the Atom Bomb.

He reasoned that the Total Cycle is composed of Lines (“strings”), which are the parts to make the Circle. Then, the line consisting of “Dots” (Nuclei).

Later, by way of FISSION (Chain Reaction) the PORTAL is created to Release the POWER.

Oppenheimer Realized this Principle with the creation of the Atom Bomb.

From thereon, the Nano Technology, furthering the Right-Left Brain use to Expand on the RELEASE of more “dots”, so that via the HUMAN, created in the Image of GOD ... the POWER can be used to finally connect with the “DOT of dots”, which is the NUCLEUS of Creation (N).

With this Horizontal Brain-use the Total DESTRUCTION of what Constitutes Manifest, can Creation (including Evolution) be REVERSED, back to the SOURCE (1) from where the POLARIZATION (2-3, “big bang”) began.

Hence the OPPOSITE of LIVE = EVIL.

Scientific emphasis came about, with the creation of “antibiotics” (anti life), making bacteria and virus “popular”.

It has been Prophesied that at the END there will be the WAR between SCIENCE and GOD.

We have come that far!

20,000 Atom Bombs are available to be Used, which can only Happen when the Right-Left BRAIN remain DOMINANT.

At this stage the idea that the independent Brain-USE can be REPLACED with the ARTIFICIAL Intelligence. Now we must go much DEEPER, to KNOW HOW the BRAIN can be USED by way of FUSION, instead.

Therefore, the SHIFT of the Horizontal into the VERTICAL Use of the BRAIN, so that the RETURN to the SOURCE can Creatively PROCEED.

The PROGRESSIVE Process:

We must UNDERSTAND what the “DOT” IS!

The CIRCLE can be by the EXPANSION of its CENTER (N), and the CENTER can be by the CONTRACTION of the CIRCLE.

Both are ONE!

HOW can this come the MIND, to KNOW that ALL IS ONE = PEACE?

What is MIND?

It is the Brain of GOD!

For the Human to be “Mindful”, the “brain in the flesh” needs to be connected with the “DOT of dots”.

This Center of centers correlates with the PINEAL GLAND (N).

IT requires the HUMAN be Centered by the "DOT of dots"!

The Process to it required the Human come to CONSTRUCT in Space (expansion) and Time (contraction), beginning from a "Circle's Dot" to go through the Total Human Experience, from the Outer into the Inner by way of FOOD and from the Inner into the Outer by way of Consciousness, whereby the Food has to be Changed into the BLOOD to Vertically transfer Circle's Dot (4) into the Total Cycle's Center (N).

Sequence of the Process:

1: SOURCE.

2-3: Cycle maintained by Expansion (2), Contraction (3).

4: Ultimate Part of the Cycle (Dot), from where it can Expand to create a Planet (Earth), integrating the Cycle by its East-West Rotation. In other words, by the Horizontal East-West expansion (radiating its magnetism), the Planet "swallows circle's dots" by its growth from Within. It is by Earth's Refinement into Food and Food into the Human, and the Human into Consciousness, that the GROWTH can be.

5-6: By the POWER that the Dot (4) contains, the SEED (correlates with the SOURCE) can REFINE the Earth into the PLANT/FOOD (5, Lower Self,). By it the BODY (6) is created to be Maintained by the Food changing into the BLOOD. As such, Earth's Nucleus becomes Blood's Nucleus that Circulates from the Heart (7) out-in.

7-8: The Blood continues to Ascend (8) to the Head that contains the PINEAL GLAND correlating with the Central SUN being the "DOT" of the Total Cycle, CREATION! By the Vertical Alignment of Earth's Nucleus-Heart-Pineal Gland (8, Higher Self), TOTAL THINKING becomes Possible. Until then, BELIEVE Convolutates the Use of MIND in the Reactionary manner: right-wrong, good-bad, like-dislike, mine-yours = Disease, War.

9-10: Finally, the Total HUMAN can RELEASE the Entire EXPERIENCE (9) from the PINEAL GLAND into the Total CYCLE (10). As such, the Self-REALIZATION is accomplished. HUMAN (9) and the SOURCE (1) have become ONE, as from the Ultimate DOT (N, Total SELF, I AM) the LIGHT Shines = LIBERATION!

It has to be noted that there is the correlation between the Horizontal East-West (E-W), Body's diaphragm, Right-Left Brain (horizontal lines) and Polarity (2-3).

With the Biological integration of the entire Process Construct, we can also Relate to the Liberating South-North, FROM WITHIN. In other words, the Direct inner South-North Connection is the GOAL.

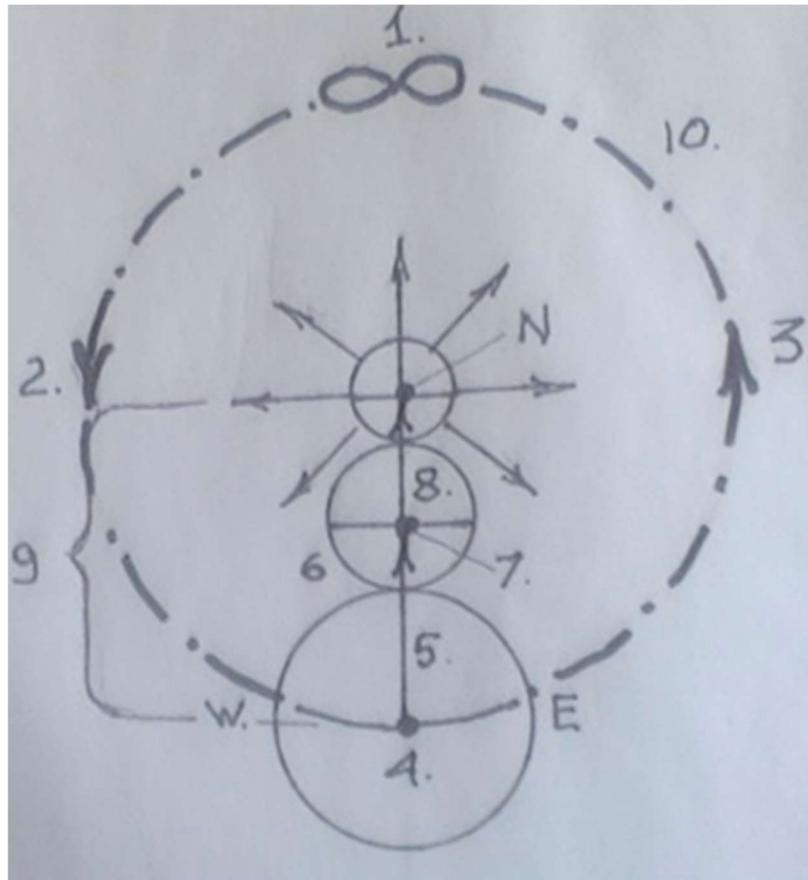
It correlates with the prophetic Condor-Eagle Union = Self-realization.

Moreover-

The Total CYCLE:

2: Heaven-Earth Descend correlates with the Evolution process, where the Dots Culminate to Construct the BODILY.

3: Earth-Heaven Ascend correlating with the Body creating the BLOOD whereby the REFINEMENT of Spirit becomes possible. Jesus: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles". In other words, at first (2) the Dots are Densified, then the Dots are Amplified (3).



Humanity NEEDS the Fundamental EDUCATION to Know HOW to USE the BRAIN in the Realization of the Divine PLAN to make Planet Earth the PORTAL of PEACE and LIBERATION!

“OMIN”:

The “DOT of the dot” is NOTHING, which spells SURRENDER to TRUTH, the UNCONDITIONAL. Hereby we can Transcend the “Culmination of dots” constituting the BODY. The chant “OM” is used to initiate the INNER-ascend. “O” correlates with the Small intestine where the FOOD (= Culmination of dots of the Outer) become the BLOOD whereby the “internalized dots” ascend to the lower part of the Head (lower lip), “O”. From here the dots are Refined in Brain’s Center (Pineal Gland) correlating with “I”. Then, by the CHOICE to fully Surrender, “N” releases ALL the “contained dots” Upwards back to where the “Food-dots” came from. The “OMIN” chant is the Channel of Total Surrender. Nothing RETURNS to Nothing! The “First Nothing” is then REFINED in the “Second Nothing” with the Consciousness that ALL IS ONE!

We can Know about the Reality of “OMIN” that by each sound we can FEEL. Utter “O” and we can Feel the belly going inwards. With “M” we can Feel the lips vibrating. By “I” the Brain is vibrating. By “N” we can sense the Brain releasing vibration, Upwards. By uttering “OMIN” along with the Total “Ascension of Dots” Visualization... we can stimulate the Liberating Ascension. Along with the Oneheart STUDY, the CONSCIOUSNESS (refined Spiritual Channel) can then create the CERTAINTY of TRUTH. Try it!

The Education: www.oneheartportal.com/student (Revelation of the SECRET).

Note-

by, to BE. In other words, BE ONE with the ONE, and the DIRECT Connection with IT is where we ARE. This Book can give us the idea to Know what it takes to READ the TOTAL BOOK we ARE! It contains the SECRET of secrets whereby we can Know the Unknowable continue reading.

Note-

What does a dot symbolize?

It is complete, self-contained and perfect in and of itself. It represents the Primordial Point, the first mark laid down by the Pen of the Divine, who wrote the universe into being. It is a signal of intent, an act of creation, the beginning and origin of everything. So, the Human is the "Tree of Dots", who can Endlessly Multiply the Dot with Purpose and Meaning. What a GIFT!

The Lower Self is the SEED that contains the TOTALITY-Unmanifest (5) and the FARMER is the Higher Self who makes the Seed GROW, the TOTALITY-Manifest (8). From thereon the Ascension into the Infinite Universe (N)!

Flatlander into Dotlander

Imagine knowing only one dimension. It would FIX us without any possibility to move. With knowing two dimensions it enables us to Move. At first Horizontally, being a part of the Circle. We could be fixed within a square and not be able to transcend a line drawn on a surface. This is the Flatlander. By knowing the three dimensions, thus also knowing height, we can jump over a line drawn on the floor.

Earth's surface correlates with the two dimensional. Humanity became fixed on Earth's surface, by way of "education", "religion" and a way of consuming manipulated foods and beverages.

The "Flatlander's world is not just "paper-thin-flat". It can be bend and even raised. Earth's circumference is actually flat. One is just not aware that the surface is bended, by thinking in terms of a "flat-floor", it to be "horizontal". On this extremely small area we find ourselves on, stationary...we can reduce the "flatness" even more, by identifying ourselves with a passport. The next reduction of Being is by the One-dimensional consciousness, Micro-chip!

Now the Flatlander does not need to move in order reach the extent of the mentally controlled "freedom". It is today accomplished by the dependence on a centralized monetary system via the internet! We can be mentally at any place around the world via the internet's "up and download" within the "thickened surface" of the Earth. In other words, the horizontal can be "layered up" as far as the ionosphere of which its frequency is similar to that of the brain! Here the Vertical has a beginning and end.

Then, without the INNER-control from One Center WITHIN, from where we can extend our Consciousness and Freedom into the infinite universe...we cannot truly enter the endless extension of the Vertical that inter-connects Heaven and Earth ("the sky is the limit"). As such Earth begins from the surface (not from Her Center) and Heaven ends to the "layer" that is controlled with the satellite-system. Then finally by having surrendered to the microchip implant...we have become a "DOT-lander" who can be fully controlled from an external center.

The ONLY way to BE in Control of the Two-dimensional world, is by the mastering of the Three-dimensional density of which We, Creation in the Human Form, can have by the BLOOD-quality that can fully inter-connect inner-Heaven (Brain) and inner-Earth (Small-intestine; region of the womb from where the spirit enters the three-dimensional density).

The Dark knows this very well and has therefore created the brutal and cruel INQUISITION, whereby Humanity's blood-quality can be systematically reduced to that of the simple-cell - of which its "blood" is of the electronic quality. Just think...the cell-phone going hand in hand with the disintegration of the complex Human cell, creating cancer-cells (simple cells).

Having been nailed to one "Dot"...what does it take to be un-fixed? We must know how to Expand the context of Being in all directions without getting in conflict with other Vertical orientations (each of them unique in its purpose to enrich Creation with new values), which Originate from the SAME Center or "Point-zero"). This Point is that of everything that Creation contains. Everlasting Peace is based on this Principle of ONENESS. The time is upon us to be Liberated from the TRAP.

The Trap has been refined by having food be combined with the Human DNA, so that we can be a Cannibal whose main interest is to "externally survive". Food is purposefully made scarce to increase the need of survival. And the more we want to "survive" we actually do the opposite, to benefit a "chosen few" who cannot survive unless they prey on those who volunteer to be "externalized".

Note-

Some common signs or symptoms of low self-esteem ("dot"):

Lack of confidence

External focus of control

Negative social comparisons.

Trouble asking for help

Worry and doubt..

Difficulty accepting compliments..

Negative self-talk.

Fear of failure

Poor outlook of the Future.

Lack of boundaries.

Being a People pleaser

Universal Meaning of The CROSS

Obviously, the Absolute CONTRAST is shown.

One Line is HORIZONTAL contrasting the one which is VERTICAL

Firstly, what is a LINE?

It is a Part of the CIRCLE.

Actually, there is no "straight line", as most conceive it as the Distance between two points.

When the two points become One, where is the line then?

As such, a Part of the Circle has become One with the Circle's CENTER.

It Proves that in Essence the Circle and its Center are Complementary, ONE.

These fundamental Opposites, Circle and Center, "provoke" MANIFESTATION by Expansion-Contraction.

In other words, the Circle is the Expanded Center and the Center is the Contracted Circle.

To Expand on the CONSTRUCT made possible by the Polarity, the LINE of the Circle needs to be Contrasted by the LINE Proceeding from the Center.

The first line mentioned here we know as HORIZONTAL, and the Contrasting one the VERTICAL.

Still "lingering" on the Horizontal (Earth's surface) with the "lower Mind", and having Earth's Center be integrated by the BLOOD, we Perceive ourselves as a "flatlander", identifying ourselves with a "flat passport" to be a "citizen of a flat section of the Globe".

The Human TEST is to become the "Vertical Lander", therefore the RISE from the Horizontal Reptilian stage to the Vertical Human stage, all due to the Center's Ascension.

On the Earthly level, the Ascension process is from Earth's Nucleus towards Plant's Nucleus, of the SEED.

This stage of ascension can be understood by the image of the T.
The Horizontal line correlating with Earth's surface, and the Vertical line correlating with Earth's Center connecting with Earth's Surface (Circle).
Now the Nucleus can Continue to Ascend by the Plant/Food to be EATEN.
The HUMAN as the "latest eater" can change the Food into the Blood that Ascends to Brain's Center (Pineal Gland).
As such, the Sense of "Higher Self" comes about.
From thereon, the Ascension can Proceed into the Infinite Universe, when the TOTAL Being is Dedicated to the TOTALITY or "Ultimate Circle".
The Ultimate Center is the TOTALITY-Unmanifest.
The Ultimate Circle is the TOTALITY-Manifest.
The Goal of Life is to become a CREATOR-god without end.
The TOTALITY is GOD and Everything that's Captured by the TOTALITY Proceeds with the POWER for a Part to Endlessly "catch up with GOD".
Therefore, CHANGE is the Only Absolute and Eternal CONSTANT of Creation.
By this LAW of laws Everything is REFINED into greater PURPOSE and MEANING.
Even the "meaningless" has a Meaning.
The Seed creates the Tree and in the Progressive way it creates more Seeds.
The Rest Regresses, back to the Earth to SERVE the Next Seed to grown into the Tree.
Humanity is Now Experiencing this Process.
The Grand Divine SELECTION is taking place, "to BE or Not to BE"!
Those who Ascend, Continuing with the Vertical, must Transcend the "Horizontal Line" to Fully Connect with the Pineal Gland.
Jesus "hanging on the cross" was truly a "Grand Test", which required a series of PREPARATIONS.
Today, Humanity goes through the TEST in Preparation for Entering the 5th World, the GOLDEN AGE.
There is MUCH to be Known and Practiced, to be POLISHED in order to be REFINED in Spirit.
Jesus: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".
Still ignorant as how the BODY can be Used as the Refiner of Spirit?
Try www.oneheartportal.com/student also Macrobiotcs.

Value and Calculation

The Vertical use of Brain is needed to be able to Value.
Calculation is of the Horizontal.
It is like trying to stay in balance on the Tightrope.
Right and Left orientation is here needed to stay in balance.
The Vertical orientation is of the Oneness with the Tightrope, leaving us Free to Observe in any direction.
Another illustration is the Circle and its Center.
Being at the Center we can Vertically Orientate in any Direction.
The contrary, being a part of the Circle (circumference), we must "run like crazy" all around, not getting the "Total Picture".
Another way of explanation, "the Seed is in the Tree and the Tree is in the Seed",
As long as we are One with the Seed, we don't need to "run back and forth" from root to branch ends, to "get it".

This Book can enlighten the Student of Life, with the Knowing HOW we can Value Ourselves as a True Human, contrary to be Calculated by a “chosen few” who in turn depend on a Calculator.

Note-

Today’s monetary system is based on the Calculation of Numbers, along with the notion “I need money”. The True Use of Money requires the True THINKING, possible by the HEART-PINEAL GLAND Alignment. As such we can VALUE from Within, in terms of “Money Needs Me”. Thus, be in CONTROL of the Brain USE.

So far, “economy” has made the “mind numb by numbers”, leaving the Human also be Used as a Tool of a SYSTEM allowing a “chosen few” to PROFIT of the Energies released by Body and Mind. It is truly Insane as how Humanity has become the MARKET for the “Numb-ers” of millionaires to grow by the Systematic creation of Disease, War, all sorts of Corruption and Ignorance. Then, at the last stage “spiritual millionaires” are used to block any possibility to use FREE WIL, by one to become a FOLLOWER.

We cannot possibly escape the TOTALITY. Territorialism has become the Plague of Humanity, ending with the worthless money in the grave. The True TOTAL Circular Economy Principle is hereby initiated, whereby Humanity can possibly come to its true Use of the BRAIN.

Trinity Mind

The CIRCLE and its CENTER are ONE.

The Circle is the Expanded Center and Center the Contracted Circle.

The DUALITY enables us to DISCERN, and therefore the Right-Left Brain use.

As such, we can have the EXPERIENCE is Space and Time.

Then, what is Space and Time?

They are the DELAYED Perceptions of HERE and NOW!

How so?

From the Center's Point of Few Opposites are ONE, but from the Circle's point of view opposites are Different.

As such, we Perceive by Outer-Inner, High-Low, Back-Front, Past-Future, Right-Wrong, Good-Bad, Like-Dislike, Mine-Yours = DUAL-presence.

REACTION can then occur without the UNIFYING Center.

We would be in the constant state of Conflict, Mentally, without the total use of Brain’s Center (Pineal Gland).

To a certain degree most of us are in such a Disarray.

So, it is Essential that the TRINITY of Mind is Observed.

Example ... when driving from “point A to point B”, we need to know what right, left, and what can keep us safely on the road onwards.

Car-accidents can occur when we have not the Total Orientation, when the right, left and center UNION are not PRESENT (HERE-NOW) when an oncoming vehicle requires us to make the “Here and Now Decision”. Most car accidents come forth by the lack of Trinity-Mind.

The lack of Trinity Mind can also make us a “Spiritual Thief”.

Jesus: “When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”.

The “first spirit” correlates with the lower self and by the Body it is REFINED into the Higher Self.

So, first spirit, Body and second spirit correlate with Trinity.

But, when we SELL the Lower self for Money and Money related aspects, we cannot Grow in Spirit.

This counts especially for those who SELL Spiritual Teachings to become a millionaire.
In other words, the Teachings are Locked into the Lower Self, not doing any good for the Universal Growth.
This is "Spiritual Theft".

Be Invincible

To be invincible is to be certain.
Certainty is best to be attained by becoming one with what is inevitable at all times.
The Now is at all times.
In fact, it is the only time that is utmost accurate on any occasion.
We can never be too late or too early when we use the "Now-clock".
Now remains Now, now or later.
The difference between "Now-Now" and "Now-later" is the act that is applied to Now.
By the Act Now grows in Meaning.
Now without meaning is the halt of spiritual evolution.
Instead, the contrary will take place, by which one can ultimately become meaningless.
This would be one's spiritual death.
Uncertainty or doubt will then set in.
As such we will increasingly live in the past, by the inaction.
The experience of a degenerative disease correlates with one's lack of Power to progress in Creation.
In other words, instead of being a creator one becomes a consumer.
Consumerism has today become the norm and is evident by practically every consumer die of a degenerative disease, regardless of whether one "eats healthy food".
To become one with the Now and its Unstoppable Power, this can be attained by using the Now to the benefit of Creation.
This should make perfectly sense when we know and understand ourselves as Creation in the Human Form.
Both Creation and us progress by the same Now.
Instant cure can set in, of any disease, when we at one moment be one with Creation.
Otherwise let Food guide us from being a consumer into a creator after the digestive process.
Once we eat food, we in turn can become food on a higher frequency.
Who do we want to become food for?
If it is the Creator, then let it be by using the acquired energy in service of the Creator and His Creation.
ACT Now, from the Heart.
From the Heart, because here we can be closest to the Creator Who can give us the Power to Act in the Now.
Do not wait in order to be assured of getting a desired reward.
There is no greater reward than to BE in the NOW.
The NOW is PRICELESS and UNCONDITIONAL and so are Truth, Health, Justice, Peace. Freedom and the true SELF.
Do not allow the Self to be replaced with a passport, driver's licence, credit card or microchip.
Be Convinced that each cell of our Being is contained by the NOW.
NOW and FREEDOM are ONE.

TOTAL Economy

The Farmer will be the Next LEADER of the Golden Age.

Up till now the Preparation of the Soil for SPIRIT to FLOW.

We are at the last stage, removing stones and unwanted debris.

Have we the SEEDS ready to be Planted?

Is the FARMER Fit enough?

Or are we still concerned with the Money that cannot Naturally grow?

Total HEALTH is needed, of Body, Mind and Spirit.

Jesus formulated the Total Economy: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

The Body has it both, Seed (lower self) and Farmer (highr Self, correlating with the Brain.

The Growing begins with the Seed (Heart) to ascend to the Pneal Gland.

Spirit is the Channel Through which the POWER (Will of GOD) Flows.

When the Body-Brain is Unobstructed the POWER can Ptoceed to make the Tree grow, creating more Seeds.

This is the TOTAL ECONOMY, the PRICELESS!

Spirit, Soul, Body, Mind Correlation

All Four constitute the JOURNEY within the Infinite Universe:

- 1- SPIRIT is the WAY, correlating with the CYCLE.
- 2- SOUL is the one who WALKS the Path/Cycle according to its Unique Spark ("personality").
- 3- BODY is the VEHICLE for the Soul to "ride the way".
- 4- MIND is the ORIENTATION, to Know How to USE the "Vehicle", to stay on the Way.

The analogy of all four together: "The Seed is in the Tree and the Tree is in the Seed".

The Seed correlates with the SOUL, completely ignorant as long as it is not Planted.

The Tree needs the Fertile Soil (the WAY) by which it can Grow to REVEAL what the Seed Contained.

Mind, the True FARMER/Creator is needed to KNOW HOW to PLANT and CARE for the Tree, so that More Seeds can be gained, Naturally.

We came to Planet Earth to become a CREATOR-god, Who can GROW FROM WITHIN!!

Most FORGOT, and do the OPPOSITE.

They Destroy themselves with the Unfertile and Uncreative, DEPENDING on the Artificial to be REPLACED by.

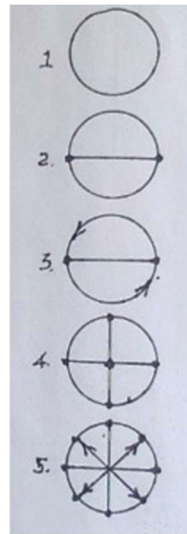
Going after the Money that cannot grow Naturally, because the "vehicle" went off the Way and Crashed.

How can we Help Humanity to THINK and SEE, to truly Understand what Jesus stated: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

Especially now, as Humanity is in the COMPLETE state of Disorientation, being "OFF the road".

Five initial Stages

of the Human



- 1- SOURCE.
NOTHING, the Formless Center or TOTALITY-Unmanifest, from where the TOTALITY-Manifest comes forth.
- 2- FIRST Polarization.
CREATION of the Linear to Project the Horizontal Construct ("big bang").
- 3- SECOND Polarization.
With the POWER whereby the First Polarization came forth, the CYCLE is created, EXPANSION-CONTRACTION.
- 4- THIRD Polarization.
Horizontal Polarity is Polarized with the Vertical Polarity. Hereby, Relatively the Horizontal Polarity is CHANGING, as the Vertical Polarity is not. Example, East and West correlating with the alternating Right and Left Brain = Experiential. South and North correlating with Heart-Pineal Gland alignment = CENTERING; KNOWING, CERTAINTY, UNCONDITIONAL, TRUTH, HERE and NOW.
- 5- FOURTH Polarization.
The Four Directions are Polarized, to create the 4 PORTALS whereby the POWER that the Center Contains, can REFLECT by way PURPOSE and MEANING, along with the REFINEMENT of Spirit. Now we have the 8 Circular orientations, and can together be Centered, into the 9TH to CLEAR the WAY! Humanity is Now coming to the TRANSITION stage, from 4 to 5 ("Golden Age"). Thereafter Two more Stages, to then GRADUATE, as a Creator-God.
Note-
By the TRINITY the first Three stages correlating with the 3 lower chakras.
By the 4 to 5 Transition the next Three stages correlating with the 3 upper chakras
All together the 7 chakras.
NOW the Human must make the CHOICE to either PROCEED UPWARDS or Remain STUCK ("lockdown") in the "Conflict-zone", Horizontally (the "fall").
So, we need to Know HOW the PINEAL GLAND can be FREED from all the Stagnations which have been hindering the BLOOD to Freely Connect the HEART with BRAIN's Center.
Therefore, the Sacred Art of Eating to be Practiced (Macrobiotics).

FREEDOM

From the Center's Perspective there is no First or Last, Right or Left, Beginning or End, Right or Wrong. Duality is of the Out of Center Perspective.

As such, the LINEAR use of the Right-Left Brain, because the "Out of Center" is putting the Observer at Circle's Circumference, where Beginning and End create REACTION = Energy.

And since the Circle is the Expanded Center and the Center the Contracted Circle, POWER (GOD's WILL) can Infinitely generate Energy (Fission).

Being at the Center the state of BEING is contained by the Beginningless and Endless, to set POWER in Motion (Growing Fusion).

As such, we will be in the Constant state of BIRTHING.

HERE and NOW, from the Center-OUT, the Heart-Pineal Gland Alignment to Infinitely Expand the Circle FROM WITHIN = FREEDOM.

Happy Birthday!

FREE Thinking

Using the BRAIN to THINK

Using the BLOOD to Use the Brain

Using FOOD to Create the Blood

Using Creation to Create the Food

Creation, Food and Blood Cannot Think

Thinking is to make Creation Conscious

Creation is FREE to THINK about

What it Contains!

AI is the Prison of No-Thinking!

Responsibility and Common Sense

Responsibility, to RESPOND.

Common Sense, Sensing what we have in COMMON.

Just with these Two concepts, when fully Universally UNDERSTOOD and PRACTICED, World Peace would Reign without the need for spending much of our LIFE staring at books to "earn a diploma", to then get a "job" to SELL ourselves for Money (prostitute). It would also cancel us to be Claimed as a Property of a Nation to be Defended against another nation, doing the same.

The Understanding BEGINS with the STANDING Under that what CONTROLS it ALL, GOD. Here is where the Problem begins, when GOD is identified by way of Religion (creation of a Legion), which becomes the ARMY. "Re", Replace one legion with another when the first one is decimated = making the Human Expendable. From there on both sides of the Border the SAME is claimed, "this is my border. God is on my side"! By this ongoing onslaught the BLOOD that is spilled become the SACRIFICE to a False God.

So, let's Examine "Responsibility." DUALITY is needed to Respond. The duality is a Part of the TRINITY whereby the Unmanifest can be REFINED into the Manifest. What this utmost TWO connect is the PORTAL, which the Human has biologically integrated in the Form of the PINEAL GLAND.

The TWO correlates with the Right-Left brain, by which the “inner-dialogue” (right-wrong. good-bad, like-dislike, mine-yours) takes place, and not until the Pineal Gland is fully Aligned with the Heart, we CANNOT truly be Responsible, to also use Common Sense.

In other words, we cannot REPEND to the TOTALITY in which the Process takes place to Refine the Unmanifest into the Manifest by way of PURPOSE and MEANING. Mentally, to be able to PERCEIVE the Process. Common Sense is needed to have the Complete QUESTION-ANSWER correlation, because the Question correlates with the Unmanifest and the Answer with the Manifest. Question and Answer are ONE!

How can we ever get the Answer when we do not know the Question? Humanity FORGOT the original Question, “Who AM I”? Instead, identifying oneself with what we are NOT, such as a passport (artificial pineal gland). Pathetic, as how Humans destroy one another, due to the claim “I am a PROSTITUTE”!

As a whole, by the Trinity-process the EXPERIENCE is the Link between Question and Answer, and when these Two are Fully UNIFIED, the KNOWING comes about! Hence, the “I AM that I AM”! War and all sorts of conflicts, inner and outer, have been Entertained (literally) by way of Violence, Brutality and Cruelty due to IGNORANCE. In other words, all of this NON-sense is the RESULT of the Non-KNOWING, merely using the right-left Brain to SATISFY irresponsibility and nonsense, just enjoying “GAMES”.

Moreover:

Common Sense = Sensing that what we have in Common and is quite different than “what everyone says”. The Human is the Totality within the Totality. Its illustration is the Circle and its Center. Both are One. The Circle is the Expanded Center, and the Center is the Contracted Circle The interaction within the Gap between the two, is the “Answer in the making”. It requires the Process of Mind to Unite the Outer and the Inner.

The Outer correlates with the Question and the Inner with the Answer. By the UNION of the Two we will KNOW. To Know is not the same as the knowledge we can get via books. Ultimately, we will KNOW ourselves as the TOTALITY within the TOTALITY. It has been divinely stated: “the Human has been created in the Image of GOD”. The more we KNOW ourselves as the Totality within the Totality, the more we Know GOD. Use Common Sense with the GOD given ability to SENSE, ultimately leading to the KNOWING that ALL IS ONE.

Total Process and the Finale

Scripture:

Should you break faith with the Only ONE when given a Holy Trial, you shall not be called faithful. There shall be nothing mistaken in the way of the ONE: you should be content to Serve the ONE. Have no base desires. Be content if you are not hungry today.

The very desire to display merits in the Flesh, shall lead you to Failure. Too early a disclosure of Blissfulness shall cause some of you to Blunder, and it may impede the realization of the Divine PLAN. Feel free to entrust the ONE with all matters. Can you imagine fulfilling such a Mighty Enterprise as a mere mortal? To be too eager for success will bring failure.

Analogy:

1- The Seed is in the Tree and the Tree is in the Seed.

ALL began from the Same Seed (SOURCE).

2- Heaven (Outer) and Earth (Inner) are connected with the Root and Branch.

3- The Root differentiates in smaller roots, so that the inner-totality can be enriched (initiation of Total Wealth).

4- The Branch is doing the same in the Outer.

As such, the Tree can Grow in Power and Total wealth.

5- The initial branch creates branches with leaves on it.

The leaves Collect the greater aspects of the Outer (sun, stellar influences and all sorts of frequencies).

All of what has been described is condensed into the Blossoming (flower).

6- The flower is condensed and becomes the Fruit that is further condensed into the Seed that contains Everything that is so far described.

7- Then, what happens with the Seed?

A- It can fall to the earth to create a new tree.

B- It can be eaten by an insect, animal or Human.

C. It can be deposited by a Human who cares to eat the fruit only.

All what has been so far analogized can be used to Understand the Human, Universally.

1-

The Human is the TOTALITY (Center, Seed, Unconditional, Refined Unmanifest) within the TOTALITY (Circle, Tree, Conditional. Manifest).

2-

The inner-Earth/Heaven Connection are the Digestive and Nervous systems, which are centered by the Small-intestine (where the Food that's created in the Outer becomes the BLOOD) and the Brain (from where the POWER that the Seed contains, can be REFINED into the Use of FREE WILL, by making the Independent CHOICE to BE, I AM).

3 and 4-

Now, all that we have basically connected with, by way of Eating FOOD, can be REFINED into Perception, Feelings, Thinking and Consciousness. From here on, the Relationship with the Endless Outer-Totality can be Experienced by way of PURPOSE and MEANING = gaining Total Wealth, Unconditionally.

5 + 6-

The initial "INVESTMENT", by the Planting of the Seed can Only GROW, when by the Leaves the Oxygen can be created whereby the Animal/Human can Breathe to have the BLOOD fully Ascend to the Brain, from where we can Spiritually Breathe! Jesus: "when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the MIRACLE of miracles". And this adds up to the WEALTH that no one can steal or destroy. This is truly ABUNDANCE with the Refinement by way of Sharing.

7-

Now we have the true Possession of the Total-BANK, from where we can Infinitely SHARE! So, while in the LIVING FLESH, what and how are we PLANTING the SEED we ARE?

A-

Self-examine and DO what Creation is already Doing - Infinitely Sharing to be Shared.

KNOW How to PLANT with the Use of the Total Being.

Be the Student and Teacher of LIFE.

All true Masters of the Universe Constantly SHARE by way of TEACHING.

B-

By being WHOLE, including the POWER whereby the Seed can Grow, there is no way that bacteria and virus can Destroy us. Only when we merely seek pleasure by eating the fruit only, can we end in the "cosmic trash-bin" (hell).

C-

Those who rather Worship a "Virus-god" DEPEND on the means to keep us barely "alive", ARTIFICIALLY. They are INSECURE and need AI-weapons with the Believe that they can Control and Own what belongs to the ONE. These Devils in the Flesh are the Curse in Creation.

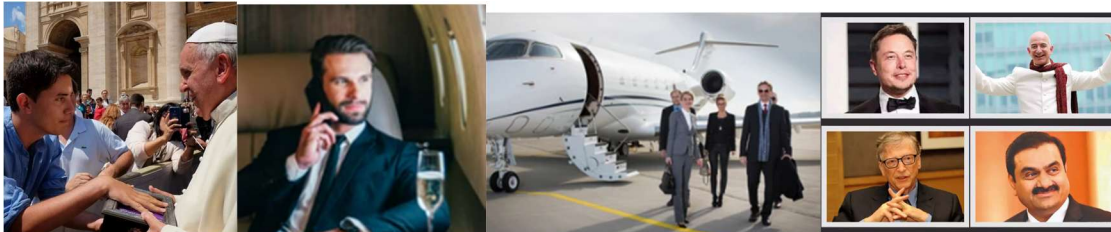
The more we Share in Union the more we become the TRUE HUMAN.

“Chosen Few” and Planetary Poverty

Who are the True CHOSEN ONES? They find themselves at the BOTTOM from where the SEED can GROW. “The Meek will Inherit the Earth”. At the Gaza the TEST is SEFERE. It has become Glaringly Obvious. Who and What is “Israel”. It has been “biblically prepared”, to Know HOW to be Brutal and Cruel. Yahweh has Ordered a “chosen few to do the job” and Hamas was needed to be the MIRROR. By the Dictates of TRUTH, no one can be Right or Wrong. At Best, it provides the EXPERIENCE, to KNOW.

Not just a mere 17 million “chosen few”. 56 million millionaires and 26 thousand billionaires have been Profiting from the Global chaos of Body, Mind and Spirit. All of them belonging to the “chosen few”, safely HIDING behind empty words, hypocrisy, bodyguards and cameras. Gaza is GLOBAL, and the Self-appointed “leaders, chosen by popularity contest”, belonging to the “poorly rich”, not knowing the Truth of it. “Gaza” is merely the MARKETING of the “Human Commodity”. To Belong to this Marketing, we need the Birth-certificate, stating that we Volunteered to be the “Commodity”, OWNED by the Nation that in turn is Owned by the “chosen few”.

From thereon, the Human can be Herded within the Confines of the NATION, waiting to be USED to “Defend the BORDER”, in order to Create the interests of a “chosen few”. And this, “ladies and gentlemen”, is the TRUTH that can SET US FREE, when we USE the BRAIN, to make the CHOICE to BE! THINK.



The “rich” who are POOR without the blood stained money

The True New Leader of Humanity is Qualified to be one, by being an Example as the Teacher of Life – belonging to the True Chosen FEW. He has no busines to be Obese and in need of the pharmacy, because he knows how to Honor his Body as the Temple of GOD. He will not claim more than what is needed to Normally sustain himself, and be in Service to Humanity. He Surrenders his Life to Truth, so that his being can Refine Purpose and Meaning into the Consciousness that ALL IS ONE = PEACE.

How Hypocretic and Cowardly one can be, to be popular as a “wise one”, becoming a millionaire by Money to sustain a Blood-stained world. True WEALTH is not how much we can Claim, but how much we CARE to SHARE.

The HUMAN came forth in Creation with the same POWER whereby Creation came forth, from NOTHING... from where we can Proceed to NOTHING with Purpose and Meaning, to Eternally Proceed. Those whose Life is centered around “things” which as much decay as what they leave behind on the “last moment”, are doomed to enjoy the SMELL of their body to be stuffed in the coffin, all by THEMSELVES.

True LIFE is the Planting of the SEED we ARE, to become the TREE that can Endlessly create MORE SEEDS = True Wealth. Unfortunately, the Brain has been Convolutd by way of “manipulated consumption,

education, religion and media”, to DISABLE the Total Use of Intelligence, merely the ability to experience the Poverty of Body, Mind and Spirit.

The above has led to the next: What is the Ultimate Perception and Experience of HAPPINES. Perception?

How can we Perceive and Experience?

The BLOOD created from FOOD, is needed to Activate the BRAIN whereby we can Perceive.

Perceiving is the SENSING of what has been REFINED from FOOD.

What is Food?

It is the CHANNEL that Connects the SOURCE with the MOUTH (Portal).

What FLOWS through this Channel?

It is the POWER whereby the TOTALITY-unmanifest can be CHANGED into the TOTALITY-manifest = REALIZATION.

Does it mean that Food is the SPIRIT-manifest?

Jesus: “when the Spirit creates the BODY, it is a Miracle. But when the BODY creates the Spirit, it is the Miracle of miracles”.

Eating Food is Welcoming Spirit in GOD’s TEMPLE, the BODY!

In this Temple the “Ceremony” takes place to Refine Food into the BLOOD that ascends via the Heart to the BRAIN, whereby we can Sense, to then Perceive that what created Food.

The HUMAN is the TOTAL-channel, and can FULLY communicate with the SOURCE with the TOTAL-food, and this includes the 9 stages of Creation:

- 1- The PORTAL that connects the Unmanifest with the Manifest,
2. Release of the POWER (GOD’s WILL), to Reveal what the SOURCE Contains.
- 3- Polarization of the POWER.
- 4- The Resulting REACTION creates FREQUENCY/energy.
- 5- Frequency condenses into LIGHT (lightning).
- 6- Light condenses into SOUND (thunder).
- 7- Sound condenses into GAS (wind).
- 8.- Gas condenses into LIQUID (rain).
- 9- Liquid condenses into SOLID (earth).

This Heaven-Earth flow is “gravity”.

All the stages are Condensed into the PLANT, which is FOOD, and by Eating it, the 9 Stages can be REFINED into the 9 levels of CONSCIOUSNESS whereby we can IDENTIFY the TOTAL-self.

Upon the Digestive process the Reversal of the 1-9, from Earth to Heaven:

- 9- Bodily function (Earth Consciousness), Bodily movement.
- 8- Feeling by touch (Rain Consciousness), correlating with the BLOOD-
- 7- Emotion correlating with the Breath (Wind Consciousness), the Blood integrating oxygen.
- 6- Reasoning correlating with Speech (Thunder Consciousness).
- 5- Social interaction correlating with Vision (Lightning Consciousness).
- 4- Thinking correlating with Frequency (Energy Consciousness).
- 3- Discernment correlating with Polarity (Construct Consciousness).
- 2- Free Will correlating with POWER (Control Consciousness).
- 1- Self-realization correlating with HOW we relate to the SOURCE/GOD (I AM that I AM).

It ALL HAPPENS within the TOTALITY-manifest!

Happiness means IT HAPPENS!

And this reasons that the EXPERIENCE of Happiness is proportional to How we relate to the TOTALITY-manifest, by being the REFINER of SPIRIT.

Therefore, the Sacred Art of Eating must be Practiced in normal daily life.

It is the most Divine INVESTMENT of GOD's Corporation.
Corporation = Corpo/BODY + Ration/Measure/Perception!
As such, we can be Unconditionally HAPPY and WEALTHY too (no artificial economic manipulation needed).

EXTRA Note True LEADER

The True Leader Teaches by EXAMPLE.

Let's EXAMINE those who PROFESS "Spirituality" to become a Millionaire, SUPPORTED by "followers".

So, if their Example is true, then:

- 1- All their Followers must become a millionaire.
- 2- All their Followers must get followers.

Let's go Deeper.

WHY are these "spiritualists" in Demand?

Because "leaders" of Nations creating the MARKET by way of Convuluted teachings, media, religion, debilitating commodities, speculation and politics.

So, in a DISGUISED manner, the next generation of PROFITEERS.

They do not deal with the Dirty Practice Directly, but similar as the Vatican being one of the largest Shareholder of the Weapon-industry.

Sweet Talk mixed with "love and light", NOT able to SOLVE a single problem, including their own, despite the millions.

Example, Dalai Lama and Mathias De Stefano lost their gallbladder (pineal gland of the liver being the most spiritual organ to connect with Heaven) in the hospital.

Many of them are obese and listen to the doctor.

SUGGESTION:

When all these "spiritual leaders" can be an EXAMPLE of Simplicity and Humbleness, they could in turn be an EXAMPLE for the other 58.000.000 millionaires and 2600 billionaires.

Then there will be more than enough to create the True TEACHING to AWAKEN Humanity, so that the PLAN to make Planet Earth the POTENTIAL of PEACE and LIBERATION, be REALIZED.

This would be the Celebration of the Universe that has been traumatized by Wars and False Gods overseeing the Battlefields (including hospitals).

At this point ... some may have become upset ...

If so, a string has come to be heard.

The MESSAGE: WE have to HELP each other to WAKE UP.

Long enough being in the Slumber of Ignorance.

REDEMPTION is on the Agenda.

Send this Message to the "Spiritual Celebrities".

DUBAI

They interviewed the founder of Dubai, *Sheikh Rashid,* about the future of his country, he replied:

"My grandfather walked the camel, my father walked the camel. I walk in a Mercedes, my son goes in a Land Rover, and my grandson will go around in a Land Rover, but my great-grandson will have to walk the camel again....."

Why? "

"Hard times create strong men, strong men create easy times. Easy times create weak men, weak men create hard times.

Many won't understand, but we need to grow warriors, not parasites... "

Lucifer Rebellion

Excerpts

Urantia Book, Part 2, Paper 53

* LUCIFER was a brilliant primary Lanonandek Son of Nebadon. He had experienced service in many systems, had been a high counselor of his group, and was distinguished for wisdom, sagacity, and efficiency. Lucifer was number 37 of his order, and when commissioned by the Melchizedeks, he was designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of his kind. From such a magnificent beginning, through evil and error, he embraced sin and now is numbered as one of three System Sovereigns in Nebadon who have succumbed to the urge of self and surrendered to the sophistry of spurious personal liberty — rejection of universe allegiance and disregard of fraternal obligations, blindness to cosmic relationships.

* In the universe of Nebadon, the domain of Christ Michael, there are ten thousand systems of inhabited worlds. In all the history of Lanonandek Sons, in all their work throughout these thousands of systems and at the universe headquarters, only three System Sovereigns have ever been found in contempt of the government of the Creator Son.

* Throughout this period Lucifer became increasingly critical of the entire plan of universe administration but always professed wholehearted loyalty to the Supreme Rulers. His first outspoken disloyalty was manifested on the occasion of a visit of Gabriel to Jerusem just a few days before the open proclamation of the Lucifer Declaration of Liberty. Gabriel was so profoundly impressed with the certainty of the impending outbreak that he went direct to Edentia to confer with the Constellation Fathers regarding the measures to be employed in case of open rebellion.

* We are certain of only one thing, and that is: Whatever these first beginnings were, they had their origin in Lucifer's mind. There must have been a pride of self that nourished itself to the point of self-deception, so that Lucifer for a time really persuaded himself that his contemplation of rebellion was actually for the good of the system, if not of the universe.

* Lucifer's Constitution Principles:

1. Lucifer charged that the Universal Father did not really exist, that physical gravity and space-energy were inherent in the universe, and that the Father was a myth invented by the Paradise Sons to enable them to maintain the rule of the universes in the Father's name.
2. Michael. Lucifer contended that the local systems should be autonomous.
3. Lucifer maintained that far too much time and energy were expended upon the scheme of so thoroughly training ascending mortals in the principles of universe administration, principles which he alleged were unethical and unsound. He advocated that ascenders should enjoy the liberty of individual self-determination. He challenged and condemned the entire plan of mortal ascension as sponsored by the Paradise Sons of God and supported by the Infinite Spirit.

* He advocated that ascenders should enjoy the liberty of individual self-determination.

* Self-assertion was the battle cry of the Lucifer rebellion. One of his chief arguments was that, if self-government was good and right for the Melchizedeks and other groups, it was equally good for all orders of intelligence. He was bold and persistent in the advocacy of the "equality of mind" and "the brotherhood of intelligence." He maintained that all government should be limited to the local planets and their voluntary confederation into the local systems. All other supervision he disallowed. He promised the Planetary Princes that they should rule the worlds as supreme executives. He denounced the location of legislative activities on the constellation headquarters and the conduct of judicial affairs on the universe capital. He contended that all these functions of government should be concentrated on the system capitals and proceeded to set

up his own legislative assembly and organized his own tribunals under the jurisdiction of Satan. And he directed that the princes on the apostate worlds do the same.

* The Lucifer emblem was a banner of white with one red circle, in the center of which a black solid circle appeared.

* But this war in heaven was very terrible and very real. While displaying none of the barbarities so characteristic of physical warfare on the immature worlds, this conflict was far more deadly; material life is in jeopardy in material combat, but the war in heaven was fought in terms of life eternal.

* Early in the days of the Lucifer rebellion, salvation was offered to all rebels by Michael. To all who would show proof of sincere repentance, he offered, upon his attainment of complete universe sovereignty, forgiveness and reinstatement in some form of universe service. None of the leaders accepted this merciful proffer. But thousands of the angels and the lower orders of celestial beings, including hundreds of the Material Sons and Daughters, accepted the mercy proclaimed by the Panoptians and were given rehabilitation at the time of Jesus' resurrection nineteen hundred years ago. These beings have since been transferred to the Father's world of Jerusem, where they must be held, technically, until the Universal courts hand down a decision in the matter of Gabriel vs. Lucifer. But no one doubts that, when the annihilation verdict is issued, these repentant and salvaged personalities will be exempted from the decree of extinction. These probationary souls now labor with the Panoptians in the work of caring for the Father's world.

We do not look for a removal of the present Satania restrictions until the Ancients of Days make final disposition of the arch-rebels. The system circuits will not be reinstated so long as Lucifer lives. Meantime, he is wholly inactive.

* The rebellion has ended on Jerusem.

* But for ages the seven prison worlds of spiritual darkness in Satania have constituted a solemn warning to all Neadon, eloquently and effectively proclaiming the great truth "that the way of the transgressor is hard"; "that within every sin is concealed the seed of its own destruction"; that "the wages of sin is death."

* It is very difficult to point out the exact cause or causes which finally culminated in the Lucifer rebellion. We are certain of only one thing, and that is: whatever these first beginnings were, they had their origin in Lucifer's mind.

On this last part a Comment must be made that can REVEAL
the ORIGIN of Today's "Democracy",
and WHY it will NEVER bring Justice and Peace
unless the ONELAW becomes the Primary Constant,
to be Daily Practiced by the HUMAN.
Then... what was the Origin of that
what made Lucifer's Mind "slip"?

Videos:

<https://www.youtube.com/watch?v=CpBI0xYqAG8>

https://www.youtube.com/watch?v=DV_lqUZ5ZPY

https://www.youtube.com/watch?v=XzbNq_kfLKU

<https://www.youtube.com/watch?v=ALmXC9oGFSw>

Not to "point out the guilty", but to KNOW what is True

Essence of Lucifer's System

and his way of Thinking

Demonocracy, as it is Today

1- Lucifer could not accept that the Human has been created in the image of GOD, and that we are the Totality within the Totality. And thus, that the Essence or Center of the Totality (GOD or "IT") is also in us ("Point-zero" of the Heart) – which is the absolute and eternal CONSTANT or LAW of laws, CHANGE that is Self-enforcing (Change does not Change).

2- With the BELIEF that the MIND is the Dominant Center... one has to create ones Own Laws (more than one), that can only be Applied in a LIMITED Context. Then the Territory that can be Claimed according to how much the Secondary law can be ENFORCED. As such the law can be used as a WEAPON making WEAPONS the law. Any form of war or conflict, including disease, is the Result of Overwriting the ONELAW with the Secondary law.

3- With the BELIEF of Self-assertion and the Right to be INDEPENDENT Under the Secondary law, the SYSTEMATIC DIVISION comes about. As such the Borders of Territories become the friction-point between Self-asserted People, who then must "defend" the FENCE that they have in COMMON! And as long as both sides don't know HOW to make PEACE with the Application of the COMMON LAW or Unifying Denominator... it will be "War after War after War". All of it becomes then a SYSTEM that can ONLY be MAINTAINED by making "War for Peace" and the "Solutions whereby we can live WITH the problem". As the System's concern, it does not matter who "wins", as long as the REACTIONARY Energy is Provided to keep the System going.

4- "Equal Rights" sounds good as long as the Individual can be "right" over another "wrong", and so it goes by way of Competition, always making another Less = War/Revenge. Today, Humanity is trapped within the mental-SWAMP that uses Money to keep everyone gasping for the psychological-BAIT. Moreover, according to the ONELAW, equals REPELL one another, and this has set the basis for the Family Disintegration, which has become normal. The Truth is that the Only Equal Right is the RIGHT to BE, but under the Secondary law this is ILLEGAL. A passport or microchip is required to be a "NOT to BE" = Property of a "chosen few". Therefore the Parents need to Sign a "birth-certificate, which is the Agreement that the Child BELONGS to the System. Also, the "marriage license" have the same purpose of claim.

The FALL is NEEDED to REALIZE that we have the POWER to RISE from it.

Humanity ARISE!

The Code of Love and Heart illustrates the Divine PLAN.

1- Two lines ascending from one point: The ONE (SOURCE) Opens the PORTAL of Creation by the ONE becoming the TWO, which is the Polarization ("big bang") whereby CONSCIOUSNESS can be gained.

It also gives opportunity to have the QUEST to find out what it takes to UNIFY the Opposites, FROM WITHIN. By this initial Process we "FALL".

2- Two lines curve to one point: It is by the RISING from the Fall, by the TWO becoming the ONE, Consciously, to then KNOW that we have the POWER whereby initially the ONE could become the TWO (polarization).

This RISE goes along with the CHOICE to BE = TRUTH.

And the Truth will set us Free!

There is a Practical analogy to the above.

1- The tiny wooden stick can easily be Broken (the “fall”), which correlates with the DIVISION or Corruption (cor = core, center, control; ruption = division, out of control) of Humanity (“social distancing”), going along with the creation of laws whereby the Fall can be Used to keep us DOWN.

2- BUNDLE many sticks and each one becomes Unbreakable.

By this UNION we also Acknowledge that the ONLY ONE is WITHIN and the True Human is the Totality within the Totality.

This RETURN to the ONENESS can ONLY happen by making Creator’s CONSTANT the PRIMARY LAW.

Change Roma into Amor

The Earth has to be turned to the former Kingdom of Heaven by the great war of the world, but it is impossible that war could cleanse every nook and corner. For that purpose, Houses must be examined thoroughly and pollutants and sins of souls must be purified. And lo! In all parts of the world people’s Hearts have deteriorated, and their Homes need COMPLETE cleansing. Without these events, a crystal-clear world cannot and will not realized.

From the Ofudesaki holy scriptures of Oomoto-Kyc.

The great war has steadily progressed and too many are oblivious to its true meaning. The greatest part of this war is that of the INNER, which is the Decisive Battle that can only be won with the BLOOD be purified with the Sacred Art of Eating, to release the Power for making the Choice to BE. The following explains the importance of the Kitchen in the renovation of the Home and its Family-unit, from where the world can be changed, from Within.

God helps those who help themselves. God cannot go without the Service of Man, even as Man cannot go without the Love of God. These Two, God and Man are interdependent. This DIRECT relationship between the Creator and Created has become deliberately misconstrued by those who want to subject Humanity and the world to their exploitative motives. They have been trying to indoctrinate us with the belief that we are just composed of “protein” and that the “church is the body of God” (Pope Francis). The truth is that we are Creation in the Human Form and thus it is essential that we obey Creator’s One Law as the Primary Constant in our daily life. We are much more than “protein”. We are Creation in the Human Form. Let this be our “chant”.

Today’s world is the blatant reminder that the infamous inquisition has not ended. If there is any argument that it did, then the simple question is asked, “when and how did it end and how”? This most cruel order has been highly refined to the point that the slaves even enjoy it. Today slaves are enslaving one another.

Not many have the notion of what the inquisition was all about. Tourists can be entertained in some European countries in a “torture museum” and still do not understand why CERTAIN people got tortured to death.

Inquisition means “to inquire”. Inquire for what? The Vatican/Rome initiated this most cruel and demonic order, because its aim was to subject humanity and the world to laws which are contrary to that of the Creator. Law is a constant and the only absolute and eternal constant is CHANGE. Change does not change. The relationship between Law and Order is like that of the centre and circumference of a wheel. The ultimate center is the still-point, point-zero or Nothingness, from where the Creative Force can be used to realize a possibility.

Our Total Being (Creation in the Human Form) is composed of Realized Possibilities and continues to grow by the Consciousness that is centered at Heart’s ‘point-zero’. This center of centres where every detail of our Being, including feelings and thoughts, are interconnected by the BLOOD that is in the small-intestine biologically transmuted from FOOD. In other words the blood is the spoke, which connects the wheel’s axis and the circumference and can Unify the Two with the Memory of ONE. It is our Divine Responsibility to maintain and use our Total Being as it is a wheel to move on within the infinite universe, to satisfy the Creator with our growing consciousness, to be gained during the cosmic travel experiences. This journey goes along with the

transcending of challenges, tests, lessons or steppingstones and it is by the CHOICE to BE (Creator's Will flowing through us) that we can truly be Happy. Happy means "t happens" and what always happens is Change. By constantly living the One Law we can Be Free. Happiness is the endless realization of an infinite dream (George Ohsawa). So what is our highest aspiration that we want to fully live for? We have to remember the Divine Plan, which unfolds through cycles. Today we are completing such a cycle that is "tailor-made" for each one of us be realized in our own capacity, from Within. Roma does not want us to make this completion, because it will then be stripped from its preys.

The exploitative order can only claim its exclusive state of being by establishing its own laws, which cannot be absolute and eternal. The more it can contradict Creator's One Law and Order, the more it is expressing its true "nature of happiness", which is the way of suffering. Can we blame the scorpion that it stings? A scorpion is a scorpion and also wants to be happy by expressing its nature. The human form cannot forever hide the "scorpion within". The time has arrived that all will be revealed, as the Observer and the Mirror are becoming ONE.

The "scorpion-order, created by scorpions", has to enforce its own laws, which is completely different than how the One Law is enforced. Creator's One Law is Self-enforcing. It does not need a police, army or artificial scheming to allow change to be. Change just happens from moment to moment. It is with the Futile attempt to obstruct change that self-denial and destruction result. The Demon does not care about it, because it is like an addict or drunk who needs to suffer first in order to have pleasure, and verse versa. It comes then to the point where there is no distinction between pleasure and suffering. Here the inescapable Creator's One Law becomes evident too, alternately changing pleasure and suffering, not in a circular way, but linear (back and forth = reaction). But by one's lack of discernment from the Heart's center this ignorance is not noticed. From here on the drama, always trying to defend oneself by right over wrong. And the system profits from it, because through "education", propaganda and the "news" the ignorant masses can be told what is "right and wrong". As such millions upon millions of humans have been Sacrificed at the battlefields, in hospitals, by experimentation and other means of violence or terrorism.

It is only by the concept that opposites can be contradicting, such as "right and wrong", that we find ourselves Trapped within an artificial order. Here we cannot comprehend full-spectrum, because the mindset is deductive, seeing from the circumference towards the center. This leads to the endless conflicts between individuals who cannot see the totality from only one external point of perspective. This explains the very principle of the Roman-empire that still controls (from behind the scene) by the principle of "divide and conquer". Therefore, it created through conquest, politics and economics all of today's "nations". Then its "United Nations to establish world-peace", by making "war for peace". Furthermore, it is by "Roman law" that "ownership and patents" become possible, which then require the "protection" against a price. The head-quarter of this gangster-empire is the Vatican.

Let's say that all the "nations sign the law that "war is illegal", then how will this law be enforced? Wake up people and think! When laws can be used as weapons, ultimately weapons become the law. Pope Francis initiated the signing of a treaty to end slavery and ignorant spiritual leaders fell for it. Now slaves are needed to enforce this law. Why not agreeing that the inquisition must end by making Creator's One Law the Primary Constant? Peace and Freedom can never be established on the terms of an order that cannot exist without corruption, war and slavery.

The Battle of battles is at hand. It is not any longer what many believe is the conflict between nations, which are of the circumference or horizontal. The Decisive battle is that of between the Divine and Devils, which are of the Vertical. From the Centre outwards we will win (Progressive Evolution). From the outwards to the Centre we will lose (involution). Evil is playing out its last tricks and uses the same sweet words which have converted millions into the institutionalized Slavery, where we are kept at the circumference to be a "flatlander", who does not know how to transcend the line that is projected on a surface. The evidence of it is by one not to be able to

freely go around the Earth without the Flat-passport, whereby we allow ourselves to be identified. It is by this self-Denial that we can be kept in the mental-Trap.

Roma's inquisition targeted:

1. Woman who mastered the Kitchen, which was the first church or temple, laboratory, hospital, school and bank (stored the universal money, the whole cereal grain). Consequently, the shift of control from the inner towards that of the outer from where the Blood-quality could be controlled. And it is by the blood that we can control the body, feelings, emotions, thinking, discernment, choice-making, behaviour and identity. So, how does Roma want us to be identified? The micro-chip implant, so that human can be a component of the robotic nano-system?
2. The mid-wife, who was also the healer. Today it is the doctor who is licensed by Roma (same cross-symbol and dead-language, Latin).
3. The Alchemist who was the Universal scientist, using the One Law to harmonize opposites. This changed into the chemistry-based science (reaction) that led to the creation of the atom-bomb and today's satellite-controlled nano-spy system (inquiring about what and how we think). It all led to a system that functions by way of competition, from the social and commercial sector into that of the military.
4. Anyone who believes that the Creator is Within. Today it is illegal to say 'I AM' when asked by the police to identify ourselves. Has the inquisition ended? Hell no!

How can the inquisition be ended? First Step, restore the KITCHEN as the Centre of Government. Remember, "God helps those who help themselves" and to guarantee this Divine Pact, we were given Creation in the Human Form and the CONTROL-center for it is the Kitchen. On this basis we can have the true Government of, by and for the People. The divine test of Forgiveness is also on the agenda. Change Roma into Amor!

Sacrifice

(the "word GOD" is here used to identify the ONLY ONE or Master of the TOTALITY)

The TOTALITY is the BODY of GOD, and the HUMAN is a MEMBER of IT, acting as a Mirror for The Observer to SEE and KNOW.

ALL of IT is Maintained by the Single POWER or WILL of GOD, which is Channeled Throughout the BODY by SPIRIT.

Jesus: "when the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles.

Spirit is the Channel through which the WILL of GOD FLOWS.

Within the Biological Sphere, Spirit makes the BLOOD Flow, as it does in Creation by the Cycles to Construct Space and Time = Manifestation.

As such, by the Synchronicity of the Blood and Everything that Created the FOOD that becomes the BLOOD, we can SENSE in order to gain PERCEPTION by way of PURPOSE and MEANING.

All of IT we can Freely Relate to, because the WILL of GOD is also Bodily integrated, that we can USE in the form of FREE WILL, to make the Independent CHOICE.

And this is the PROMISE of GOD that NO one can INTERFERE with, because the POWER is as UNIQUE as the TOTALITY, to be used by the Human in the form of FREE WILL.

No God (both of the Light and the Dark) can Interfere with the Use of FREE WILL, only to be TESTED by, to see to what degree the POWER is Used to SERVE the TOTALITY.

In order to Know the DIFFERENCE between How we relate to the POWER, we were given the BRAIN that we can Use in TWO ways:

- 1- Perceiving the CONDITIONAL (fission) or Temporary by the Right-Left Brain use (horizontal), always Trying to Overrule the one Over the other: right-wrong, good-bad, like-dislike, mine-yours, without any success that can Last.
- 2- Perceiving the UN-conditional (fusion) or Eternal by having Brain's Center (Pineal Gland) be Polarized (Vertically) by the Inner-Earth (small-intestine), where the BLOOD that has been Transmuted from FOOD, to ascend via the HEART to the Brain. As such, we will KNOW that ALL IS ONE = TRUTH. Having set the basis of line of Reasoning ... let's Seriously EXAMINE the Bible This Scripture is loaded with "promises, demands and violence", not quite in agreement with the above. It also must be stated that here no biblical authority is claimed, but Observation and Questioning.

Bible:

It stated that Humanity began with "Adam and Eve".

The other way around makes more sense, with the question: "what is first the chicken or the egg"?

Both began simultaneously, because the "chicken contained the egg". Along this line of reasoning ... Woman was FIRST.

So, how did Man "gets into the picture"?

Here we must firstly Understand the Precision of the Evolution of Universal Construct.

It all began with the TRINITY, which is the result of the QUESTION (1) to Emerge from the TOTALITY.

Consequently, the Polarity ("big bang", 2), because the Question needs to be ANSWERED!

Question and Answer are as ONE as the front and back of the hand.

By the Trinity (1+2=3) the First Construct that it can hold, which is the CIRCLE, and by it ALL other constructs become possible, AFTER the Circle's CENTER has been Located Within the Triangle..

The Center's Location becomes then possible by the Polarized Polarity, the CROSS within the Circle, which is the primary design of the HEART.

So far, the entire Process emerging from the TOTALITY, or "Great Mystery", is of the MOTHER or WOMB. It is by the Furthering of the Heart, that is later on in Evolution the first Organ that evolves upon Conception in Mother's Womb.

So far, by this Process from the Unmanifest into the Manifest, the Hidden Factor that the mother has kept hidden Within, comes to the Surface by the Center ("Egg") to be "Hatched into the Outer" = Birthing.

The Revelation of the SECRET starts from mother's Womb.

The Revelation is the ANSWER!

It is by the Question-Answer Synchronicity that the Cycle of LIFE comes about, along with the Woman-Man Relationship (Marriage).

By the Question the HERE is Perceived in a Delayed manner = SPACE/EXPANSION (giving birth to the biological Male).

By the Answer the NOW is Perceived in a Delayed manner = TIME/CONTRACTION (giving birth to the biological Female).

From here on, the State of Being can be Biologically identified by FEMALE (Center/Earth) and MALE (Circle/Heaven) - so far, compare with the "Adam rib story" ...

From here on the Creative POWER, that is now integrated by the Human in the form of FREE WILL, comes to TEST.

Then, different Gods and Angels get involved with the Human Process on Earth.

Abraham was asked by a God to have his Son Isaac be Sacrificed.

The CHOICE needed to be made, also the USE of the BRAIN.

But Abraham did not USE his Brain by way of Free Will.

He rather listened to A God, Not THE GOD.

From here on, the Secondary God got HOLD in the Development of a TRIBE to BE INSTRUMENTAL with the Delivery of Sacrificial BLOOD.

As such, SPIRIT and POWER can be Channeled to an Order other than that of GOD or TOTALITY. And this explains why a “chosen few” got hold on the Dominance of the “Right-Left Brain” use, which led in the creation of the Atom Bomb (Fission, not Fusion), “smart weapons”, economy and ultimately the Artificial Intelligence (AI), to fully Subject the Human within a Self-destructive Order = Humans WILLINGLY Sacrificing themselves to an Inferior God.

And see how the Sacrifice is Intensified at the Gaza, today.

Who is here Abraham and who Isaac?

What a mess at the Gaza, where the Blood is being Sacrificed to Please a God of WAR!

KNOW that the Human is the Total Scripture and Refiner of Spirit, so that Creation can Proceed with Purpose and Meaning.

Therefore, the Blood needs to Freely Ascend via the Heart to Brain’s Center, so that FREE WILL can be Used, to make the CHOICE to BE.



MORE

BLOOD-Sacrifice

Scripture: “For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one’s life.”

Can there be a Greater ALTAR than the Human BODY? Jesus: “When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”. What is here formulated is the CYCLE of LIFE. The Cycle is the CHANNEL, and this is what SPIRIT is.

WHAT FLOWS Through the Channel is the POWER or WILL of Great Spirit (GOD). Both, POWER and Spirit are Combined in order to create CONSTRUCT along with Purpose and Meaning. The Cycle is “Powered”, and what is PERCEIVED is MANIFESTATION.

All Manifestations are Spirit be VISIBLE! The Cycle of LIFE is “FOOD and what EATS”. Food is not just “Nutrition”. It Channels POWER! In other words, Food is Empowered, from the SOURCE from where the POWER emerged unto where it Enters the MOUTH!

The POWER continues with the Digestive process. Then, in the Small-intestine, where the Food Changes into the BLOOD (first the blood plasma), the POWER activates the Blood-cycle that's centered by the HEART (= inner-SOURCE).

From here the POWER Refines the Heart into the PINEAL GLAND. Then, from this BRAIN-center the POWER Refines the Channel into CONSCIOUSNESS, ultimately the Consciousness that ALL IS ONE = Self-realization = PEACE = FREEDOM!

The True HUMAN Scarifies itself to the TOTALITY! Therefore, the Divine Responsibility to Maintain the BODY with the Sacred Art of Eating ("Macrobiotics"). But what happens when we have not arrived yet to the stage where we have not reached Self-realization? Then it is possible that a FALSE entity USES the Human as a Channel for own interest.

Such an entity or false god demands the Blood-sacrifice either of an animal, human or both. So, who is Yahweh who Ordered the Jew to Slaughter an entire Tribe (all documented in the Bible), and now at the Gaza?

Not only the Blood, but also what proceeds by it, Consciousness. As such, instead of the Human Dedicating itself to BE PRICELESS, it has itself be PRIZED (be a prostitute) by way of MONEY! Truly, how "spiritual" are the "spiritual millionaires"? Do they Realize that the entire monetary system is based on the BLOOD-sacrifice (both Animals and Humans)? Tell the "spiritual leaders" to TEACH by EXAMPLE. They have no business to be obese, dependent on a doctor and "followers". Who is the greater Criminal? The one who does not know better, or the one who knows? However, REDEMPTION is still possible.

The PLAN and the Construct of NEVER

Humanity came to Earth with the Devine PLAN to make this Planet the PORTAL of Peace and Liberation. Therefore, we need the Two Extreme Contrasting Sides. We cannot create a portal with only one side. Creation, of which the Human is in its Crystalized form, correlates with one side. The contrasting side is Anti-creation and requires the Human to create it – who can do it, because of the GOD-given POWER in the form of FREE WILL. So, we can go against GOD, ourselves and everything that is a part of the Unconditional, including Nature.

Last Question

Everyone is more or less familiar with the Last Question, "To BE or Not to BE", Creation or Anti Creation. What was the First Question? It could not be other than "Who AM I". How are we identifying ourselves today by the Answer? By a passport, driver's license, despot or something that depends on approval that fluctuates on the basis of conditions or illusionary?

The Ultimate ANSWER requires the BRAIN to be used, whereby Intelligence can resonate to TRUTH. Hence the saying, "The Truth will set us Free". Truth is Self-evident and Prevails as much as we or IN IT, NOW. Creation proceeds by NOW. Anti-Creation tries to Secure NOW within a Vault. As such, Humanity can be LOCKED with the ILLUSION that we can be "secured with the insecure". In other words, "spend time without the NOW" = NEVER.

The Grand Examination of Humanity And the Correlation between Arrogance and War

When we bring ALL Wars and any Conflict between Nations and groups under the Loup ... we must Conclude that it is about Maintaining EXCLUSIVITY under a Banner or Symbol that can NOT be used as the Common denominator of PEACE.

So, what is THE Common Denominator that can be used by ALL? When we illustrate it by the Circle and its Center, then it must be quite CLEAR that the Center cannot be other than that what the Universe uses to Maintain ALL Opposites to be Complementary = PEACE.

This Reasons that it is up to ALL sides to SURRENDER to TRUTH, and that the AGREEMENT must be made to HONOR that what SECURES Peace on the Terms of the ONE Who Created the Universe and All what it Contains. This is the Grand TEST Humanity is going through, to find out WHO will be Worthy to Enter the Golden Age, in SPIRIT.

It Requires the Understanding of Jesus' statement (without being "religious"): "When the Spirit creates the Body, it is a Marvel, but when the Body creates the Spirit. It is the Marvel of marvels". So, what happens with Spirit, when the Body is blown apart by way of War, due to the Enforcement of laws which OVERRULE that of the ONE? Upon the deeper use of Brain, it must be concluded that there is a Distorted concept of HOW the Universe is Maintained and WHAT it takes to Integrate it on EARTH-level.

Therefore, all Religions must be Examined, as HOW they SANCTION WAR under the name of "Peace". Mildly said, "Ignorance has become God". And, when ignorance is ignored, it becomes ARROGANCE, and by it we will Believe we can "KILL in the NAME of GOD". What is happening today around Israel, is purely a Religious Insanity.

Note-

The Vatican is one of the greatest Shareholder of the WEAPON-industry. Roma instigated the INQUISITION, which became scientifically refined into today's "world-order". "Yahweh" sanctioned the TOTAL Massacre of the Canaanites and more (and see what is happening around Israel). Mohammad campaigned several wars. Wars are mostly Supported by Humanity's labors and taxes. Priests and Leaders keep Silent to maintain their hypocritic status.

The BRAIN-WAR Factor

Without the USE of the Human BRAIN, WAR is Not possible.

So, let's Examine the Brain USE, and come to the POINT.

Basically, understood in 2 ways, Horizontally and Vertically.

Horizontally, by having the Right and Left Brain PERCEIVING the "one over the other": right-wrong, good-bad, like-dislike, mine-yours.

As such, there will be NO END with the "ping-pong" Perception, especially when "justice" is determined under laws which can only "work" by way of ENFORCEMENT.

In other words, laws which can be used as a Weapon making Weapons the law = WAR.

Now let's examine the Vertical USE of the BRAIN.

The Pineal Gland is Brain's CENTER and is not a part of the Blood Circulatory pattern, because this Center is also a PORTAL, to Connect the Manifest with the Unmanifest.

Realistically the Manifest we can touch, feel, hear, smell and taste, because of the Biological integration of the PAST (Evolution).

The FUTURE is the Unmanifest that we can only THINK about.

So, the entire Past Manifestation ends at the Brain region.

By the Body transmuted the FOOD into the BLOOD that then ascends via the Heart to the Brain, we can REFINED the Past in NINE stages by which FOOD can be.

- 1- The PORTAL that connects the Unmanifest with the Manifest,
2. Release of the POWER (GOD's WILL), to Reveal what the SOURCE Contains.
- 3- Polarization of the POWER.
- 4- The Resulting REACTION creates FREQUENCY/energy.
- 5- Frequency condenses into LIGHT (lightning).
- 6- Light condenses into SOUND (thunder).
- 7- Sound condenses into GAS (wind).
- 8.- Gas condenses into LIQUID (rain).
- 9- Liquid condenses into SOLID (earth).

This Heaven-Earth flow is "gravity" and by Eating Food we can "Stand on the Earth", to have an Experience. All the 9 stages are Condensed into the PLANT, which is FOOD, and by Eating it, the 9 Stages can be REFINED into the 9 levels of CONSCIOUSNESS whereby we can IDENTIFY the TOTAL-self.

Upon the Digestive process the Reversal of the 1-9, from Earth to Heaven:

- 9- Bodily function (Earth Consciousness).
- 8- Feeling by touch (Rain Consciousness)-
- 7- Emotion correlating with the Breath (Wind Consciousness).
- 6- Reasoning correlating with Speech (Thunder Consciousness).
- 5- Social interaction correlating with Vision (Lightning Consciousness).
- 4- Thinking correlating with Frequency (Energy Consciousness).
- 3- Discernment correlating with Polarity (Construct Consciousness).
- 2- Free Will correlating with POWER (Control Consciousness).
- 1- Self-realization correlating with HOW we relate to the SOURCE/GOD (I AM that I AM).

It ALL HAPPENS within the TOTALITY-manifest!

By the Digestive system the Nine stages are of the Descend, and by the central Nervous system the Nine stages are of the Ascend.

By these two systems the Blood Cycle is Maintained.

All of it is Centered by the HEART.

In other words, the Heart is the Bodily/Manifest-center.

By Entering the FUTURE, the Pineal Gland acts as the last Bodily PORTAL of REFINEMENT.

Here is where the Blood creates the Ascending Channel of SPIRIT, which correlates with Consciousness.

Then, the Heart-Pineal Gland ALIGNMENT enables us to USE the Brain VERTICALLY!

As such, Perception is of UNION, because the Right and Left Brain can be COMPLEMENTARY = TRINITY-Mind = PEACE!

We can easily demonstrate the Truth about what is so far explained.

Drink plenty of Alcohol and the Right-Left Brain will "ping-pong", due to the Pineal Gland lack of Connecting with the Heart, so that the Horizontal use of the Brain becomes Dominant (literally, drunk people cannot easily remain straight up).

As such arguments and fights can easily arise, to "bring it down".

The SAME can happen with the improper Food consumption.

Hereby the Drunkenness is not noticeable, because we have become "educated" and conformed with "mannerism", to appear as "normal".

But at the same time, due to the Convuluted Brain use, we manage to create a SYSTEM to SUIT the Convuluted state of Being ("hidden drunkenness")

From thereon we JUSTIFY INSANITY by way the imposed applications of “law and order”, which can only be ENFORCED when enough “humans” have become “drunk” and willing to SUPPORT the Enforcement of “law and order” by way of WAR.

And since different nations, each claiming a number of drunks (“citizens”) under different laws. We can have the “ping-pong nations”, each claiming the SAME: “this is my border. god is on my side”!
INSANITY indeed!

The Self

Both the Body and the Head have a “Lower and Higher Self”.

The body’s diaphragm with the Heart on top of it connects these complementary Selves.

The head’s diaphragm correlate with the Lower and upper jaw.

By the Chewing of Food, the Lower Self is activated.

From the Lower Self’s Center (small-intestine) where the food changes into the BLOOD, the initiation of the Higher Self begins.

Then the Blood ascends via the Heart to the Brain, where the Heart is REFINED into the PINEAL GLAND, and from here the Higher Self can be Cultivated by way of the CONSCIOUSNESS becoming the Channel of SPIRIT.

So, the Lower-Higher Self has Two stages, that of the Body and that of the Head.

The Body is of the “incoming-Spirit” and the Head is of the “outgoing-Spirit”.

Jesus: “When the Spirit created the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”.

Design of Conflict

We need to Know the Difference between POWER and ENERGY. Power is the INITIATOR of POLARIZATION whereby Energy is created, by the Opposites creating REACTION = Energy. By this Principle we can Know HOW the BRAIN can be used in two different ways:

1- Horizontally, where the Right and Left Brain interact without a Unifying Center = REACTION.

Hereby Perception is created by the “one over the other: right-wrong, good-bad, like-dislike, mine-yours. As such, we will never be able to come to Completion, to KNOW TRUTH.

2- Vertically, where Brain’s Center is Polarized with the Small intestine, where the Digested FOOD Originates the BLOOD that via the Heart Ascends to the Head to activate the Brain. As such, the ability to Independently THINK and make Choices, providing that the Consumed Food has the Total MEMORY, to then be Totally REFINED within the BODY. Formula as it was stated by Jesus: “when the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”. So, we must know How to maintain the Body as the REFINER of Spirit, for Spirit is the Channel of POWER.

Any form of conflict (disagreement, fight, war, disease, addiction) comes forth from the primary use of the Horizontal Mindset. But this Malfunction becomes unnoticed when we are “comfortable with the discomfort”.
Example:

The Blood's-circulation is the result of the Inner Heaven (brain)-Earth (small intestine) polarity = PEACE. But when this Synchronicity is interrupted by the incomplete inner Earth-Heaven cycle, we will notice the Lack of POWER. Then, due to the IGNORANCE we resort to a STIMULANT to boost the circulation with Energy. This stimulation can range from sugar, coffee, drugs, alcohol, "medicine", revenge, war, pleasure. POWER is CENTERING, ENERGY is DIVIDING.

Note-

Dictators merely have the "Power" as long as its ammunition and money supply last, along with the Humans who are willing to be Sacrificed (at the battlefield or in hospitals) to keep up an Illusion. The True POWER is that what Maintains the TOTALITY (GOD's DOMAIN). As is, different Nations try to prove to have the "Power", believing that Energy can be greater than the WILL of GOD, POWER. By this STUPIDITY the Demon will be Pleased.

POWER of PATIENCE and how we can Lose it.

What is NOW?

It is the POWER that keeps the TOTALITY TOTAL.

It is by the ONE becoming the TWO (instant polarization, "big bang"), that we can EXPERIENCE within SPACE and TIME.

By it, we can REFINE anything with PURPOSE and MEANING.

But what happens, when we become Impatient?

What is Impatience?

It is STOPPING Ourselves in the FLOW of NOW.

As such, we will Lose the opportunity to USE POWER in a Flowing manner.

In other words, we have "ruined" our Direct Connection with the NOW-flow and must "start all over again to Catch Up with the FLOW".

It can go along with an "outburst of anger" or some sort of destructive behavior.

Know the Meaning of Patience, it is the CULMINATION of NOWS.

The more "Nows in Now" to more we can Use POWER in a Powerful way.

But then, we must also Know HOW to Use it "at the right MOMENT", if needed.

Then, the "Big Bang Surprise" we can USE in a CONTROLLED Purposeful and Meaningful way!

As such, we must also Know HOW to LISTEN to TRUTH.

HOW?

Be SILENT and OBSERVE, because Truth Resonates with where the "Big Bang" Originated, the SOURCE/SILENCE.

Then, our Action becomes TRUTH-full.

Observation is here mentioned.

With both Patience and Observation, we can Creatively CONSTRUCT Purpose and Meaning in Space and Time.

By all of the above, we can get the clue as how GOD could "come up" with CREATION!

Let this be the LESSON, to Know How to be a Co-Creator, a God.

The Total Picture for the Greater Perspective of Health and Happiness

Health means Whole. So, how Whole do we want to be? First of all, we are Creation in the Human Form, and to REALIZE this to be true we must “grow up” in order to be able to attain the Responsibility to fully take care of this most Precious GIFT: the Body = “All of Creation at our fingertips”.

As a Baby we need to be taken care of by our Parents, who must teach us how to become an Adult - the Education we need in order to be Responsible = “to Respond”. The true Adult can fully Respond to the ONE Who gave us the GIFT in the Human FORM. This ONE is Within, and it requires the great Maturity of Spirit for the Body to SHOW the Truth that we have Total Health, of body, mind and spirit. Know that the Body Always tells the Truth! Instead, most get “educated” to listen to the superficial/symptomatic/outer, of those whose perspective is microscopic (literally) along with exploitative motives.

Having a degenerative disease or coming to the state that we loose parts of our body, TELLS us how irresponsible we actually are. An example is the highly revered Dalai Lama who responses to the doctor, instead of to the ONE Who is Within. Consequently he unnecessarily lost his gall-bladder in the hospital. Then others who are supposed to be a Teacher by Example have diabetes, a heart problem or are grossly obese (= food that has not been refined into a higher frequency).

So, how can we Grow Up to become a True Adult? First, stop listening to those who cannot Be an Example of Health, unless they also explain their IGNORANCE (as such ignorance/mistake can lead to Wisdom). Definitely don't listen to the doctor who ignores his ignorance = Arrogance.

1. Growing up in order to become Spiritually Mature implies to become increasingly part of the Greater World, and the following can give us an idea of our cosmic growth of Perspective and Consciousness:
2. Great Mystery/Deep Sleep, containing the Infinite Possibilities.
3. The PORTAL that connects the Unknown with the Dual World (Creation) in which the possibility can be Realized. This realm we enter with the Question, ‘who AM I’? From here the Search begins!
4. Altogether the 9 basic stages for us to arrive at the Earthly three-dimensional Density, to find out what it takes to deliver the ‘I AM’-answer from the depth of the Cosmic Womb/Heart. The 9 stages of Descend: Portal, Creative Force, Polarization, Vibration, Light/Lightning, Sound/Thunder, Gas/Wind, Liquid/Rain, Solid/Earth. These 9 ‘sports’ can then be used to Ascend, when we Remember them by way of FOOD, to then experience: physical functions, feeling, breath/emotion, speech/reasoning, vision/social, thinking/ideological, discernment/options, will/choice, identity/I AM. In other words, the SAME 9 steps by which we could make the Earthly connection are condensed in the form of MEMORY, and when they are internally Refined into Consciousness (by basically changing the Food into Blood) we can then Remember of how to Return to the Source.
5. The entire process from ‘Heaven to Earth’ is the Link or Memory that we need in order to proceed, until we Know the “I AM”-answer that has to be fully integrated by the Body, which is Creation in the Human Form. Therefore we need to experience the biological evolution on the Horizontal plane (Earth's surface). By it we develop the Digestive system that is needed for the release of the Foods's memory. Earth's nucleus contains the memory of the initial “cosmic ladder” that we later must use to “climb up” or ascend, to deliver the “I AM”-answer to the one who asked the question. This “one” is the One who we truly Are!
6. The Memory that Earth's nucleus contains is brought to Her surface by the volcanic eruptions. From it the soil is created to have the plant refine the memory into a higher frequency. The Power that makes the

plant grow is the same whereby Creation came about. As such a soft mushroom can push itself though a pavement, by it resonating to the Heaven-Earth UNION through itself.

7. By way of Cooking/Alchemy (control by space, time, pressure, salt, water, fire, sequence of adding the ingredients, etc) it is only the Human who can enhance his creation from the outer (before the Food becomes the blood that in turn controls the entire Being, physically, mentally and spiritually). Therefore the KITCHEN need to be the Centre of Government, whereby the individual can be in control of the Self-realization.

8. The Sun's energy that is captured by the tree can be released through the food (cooking) and further on through the Body, which enhances the Ascension process.

9. The Sacred Art of Eating is the first and most important daily Ceremony.

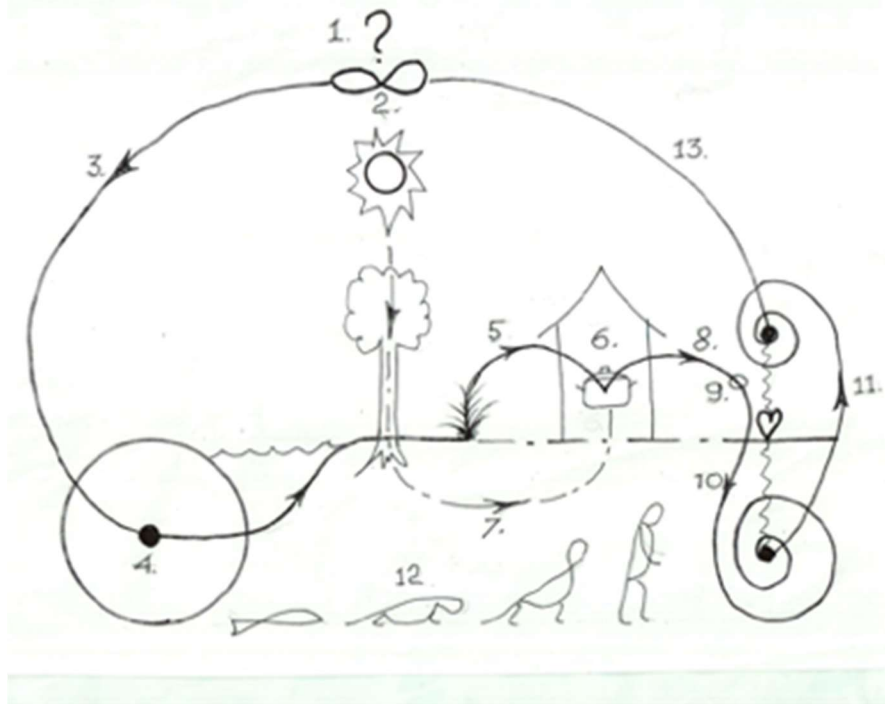
10. The Mouth is the portal (correlates with 2) that connects outer and inner-Creation.

11. The digestive system is the continuation of the Heaven to Earth descend.

12. By the Central nervous system we "eat our way UP". Consequently the memory that the blood contains is delivered to the brain, from where we can "think up", all the way to the Source.

13. By the graduation from mystery school Earth we also transcended the primitive stages of evolution. We then have become a Genuine Human.

The final step back to the one who raised the "I AM"-Question, who we finally find Within. We then know that it is true that ALL IS ONE and that the outer/mirror and inner/observer are also One! Now we Know that we are the creator of our own Reality – This is the Freedom that the "I AM that I AM" can Attain from Within!.

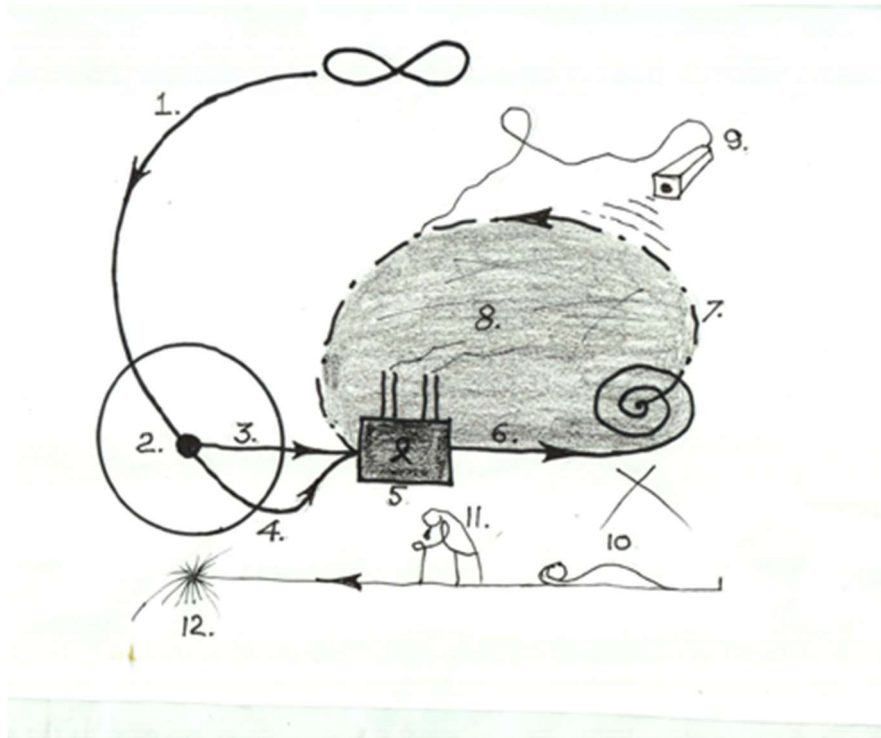


The Trap

WE succeeded in the creation of the Trap as part of the Plan to make Earth the Portal of Peace. Two sides are needed to create a portal that can serve the Universe and beyond. The extreme sides have to be Creation (Heart-control) and "anti-Creation" (Mind-control). Today's world order is in every detail contrasting Creation. Not only

that it is geared towards the Total Destruction and this has become Evident, that the “order” will NOT solve just one problem, not even the headache. So, now the TEST is on for Humanity to find out what it takes to UNITE the two sides. And in order to just do that, we need to first of all understand What and How the Trap we find ourselves in is in principle maintained:

1. The Creative Force derived from Great Mystery, which came into being by spirally manifesting in stages (polarity, vibration, light, sound, gas, liquid, solid) to then be condensed in Earth’s Nucleus
2. As Memory (Link between the Alpha and the Omega).
3. Release of the Memory via the mineral and plant realms, which is FOOD. From here on the creation of the Trap begins.
4. Energy of inorganic origin (instead of true fire, electric and microwave for food preparation) are used to weaken and possibly destroy the food’s memory and also that of the body-cell.
5. Various forms of manipulation to weaken and possibly destroy the memory.
6. Junk-foods and beverages (foremost SUGAR, Coca Cola), by which mind can take full control over Heart.
7. Consequently the isolation within a matrix of which its habitat is systematically reduced to a state where only the primitive cell (bacteria, virus) can thrive best. This explains the massive “chemtrailing” by “mysterious planes” and also the deforestation to increase the Heaven-Earth Disconnection. The primitive cell also thrives on radiation. All of it goes together with the systematic reduction of the complex Human cell into the cancerous one. Then the “solution” with chemo and radiation therapies to synchronize the inner with the outer on a vert low level of frequency.
8. The Trap
9. By body and mind having become tuned to the Extra Low Frequency (ELF, Cellphone, Microwave) it then becomes easy to manipulate Humanity via the Earth surrounded satellite system. The Hopi predicted that “at one time there will be a technology where our thoughts can be seen on a screen”.
10. The INQUISITION was the prelude of the food-control by the secondary order. Therefore Woman became the inquisition’s main-target. Her Womb also correlates with the small-intestine, which is the inner-Earth. So, by the systematic weakening of the Womb/small-intestine, the Power that we can have by the inner-Heaven/Earth connection is diminished and thus the Ascension back to the Source is blocked. Then the need to depend on a “job” that is a part of the “black box” (5).
11. General Degeneration.
12. Self-destruction.



SOLUTION

We can “talk our head off” to find out HOW to END a war.

“head off” it is, when we merely use the Horizontal Right-Left brain, which constitutes BELIEF.

True Thinking is not based on De-siding (= no sides, but come to the point) about what is the “best option”.

Let’s be HONEST to the Core, ONLY with TRUTH which is TOTAL, can the DUALITY be Mastered.

The Right-Left brain mentality merely CREATES Conflict, by the “one over the other”: right-wrong, good-bad, like-dislike, mine-yours = halve truth = LIE.

The cardinal ISSUE to create the SOLUTION is centered on the SELF-EXAMINATION: Am I HONEST (to begin with)?

If so, Next Step: HOW can I BE TRUTHFUL by Using the BRAIN without the “right-left ping pong”, always trying to be the “winner at one side of the table”?

The DIVIDING Net correlates with the Blocked PINEAL GLAND, so that on both sides the SAME can be claimed: “this is my border, god is on my side”.

Let’s REALIZE that the Collective Border of Humanity is the IONOSPHERE, that WE can Transcend by Exerting Earth’s POWER via the Human BODY, into the infinite Universe = FREEDOM.

But as is, the Ionosphere is Dominated by the Artificial Intelligence mechanism, controlling the Right-Left BRAIN Use.

From the Positive point of few, we may say it is a part of the TEST, to Know HOW the BRAIN can be used in the VERTICAL manner, by the Alignment of Earth's Nucleus-Heart-Pineal Gland.

So, in this Process there are 3 transit stages:

- 1- Earth's Nucleus-Heart by way of FOOD changing into the BLOOD into the inner-Earth (small-intestine). This explains why the Human Blood and Earth's have the similar type of Nucleus, IRON. As such, the Magnetism Radiates into the Iniosphere realm.
- 2- Heart-Pineal Gland: the Blood Ascends from the Heart to the Pineal Gland, whereby Earth's Magnetism become Mixed with that of the Human, so that Together by MIND ("Brain of GOD") MANIFESTATION comes about.
- 3- Iniosphere Breakthru, by the POWER (GOD's WILL) that we can Use in the form of FREE WILL. As is, the SYSTEM that WE created tries to Prevent this to happen. That's why it has created the Artificial Intelligence technology, to KEEP Humanity within the Domain" whereby ECONOMY is used to maintain the Right-Left brain FIXATION. It is now up to a Few who can THINK in the Vertical manner. Only then can we be Worthy to Enter the GOLDEN AGE, Next.

Until then, War, Disease and all sorts of Corruption will be USED as the Commodities along with Humanity being the MARKET. Extra Ponder on the Human BODY, being the Refiner of SPIRIT, that it is the CHANNNEL Through which the POWER flows. Jesus: "When the BODY creates the Spirit, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles". But when the Channel is BLOCKED with "coca cola and pizza"

Creator-god

Message to all "millionaires and billionaires"



WHY have we come to Planet Earth? A DIVINE PLAN needs to be REALIZED, to create the PORTAL of PEACE and LIBERATION. It can only happen by the Centering of the TOTALITY from where the CONSCIOUSNESS can ARISE that ALL IS ONE. Planet Earth's Nucleus has that extreme DENSITY.

Therefore, the HUMAN, who has been Designed to Biologically Integrate Earth's Center that's contained by its Red BLOOD-cell, created from the FOOD (whole cereal grain) that can connect with the TOTALITY. As such, we can be the Totality within the Totality, to then be able to Ascend with Purpose and Meaning. Humanity needed to go through the QUEST/TEST, to Know HOW to Channel Spirit through the BODY, to REFINE Spirit, so that the POWER of ONE can Consciously Proceed by way of FREE WILL. WE have come to that stage, the TEST to Earn the Graduation in order to become a Creator-god.

So, WHO is the ONLY ONE WHO we can Only KNOW by becomong ONE with the ONE, WHO cannot be Greater than "the TOTALITY that cannot be Greater than the TOTALITY"? The Only WAY is by being in Total SERVIDE of the TOTALITY.

Therefore, we must USE the BRAIN in such a way that we can KNOW. And as long as we use the Brain to find out how to become a "millionaire", SERVED by "followers" we get ourselves Trapped by the DEPENDENCE on a few who are in turn trying to become a "millionaire" = "millionaire-cycle deception".

Thus, the ignorant serving the ignorant, regardless how much we "BELIEVE that we Know". The Only way to KNOW that ALL IS ONE, is to UNIFY the Ultimate Question-Answer: WHO AM I-I AM. This is so, because Question and Answer correlate with the TOTALITY-Unmanifest and TOTALITY-manifest. To be identified as a "millionaire" is to be the PROSTITUTE (to prostrate) pleasing an Inferior God, who DEMANDS (Yahweh and more) to be Served by way of WAR (directly and indirectly) and all sorts of Corruption. How else can we become a "millionaire"? That's why the number of "millionaires" have increased according to the increase of all sorts of Corruption: disease, war, addiction, consumerism, arrogance, insanity, religions. OBVIOUS.

The True Millionaire, of the TOTALITY (GOD), cannot be other than the One who is PRICELESS, who TEACH by EXAMPLE. All other "millionaires" will become Totally Bankrupt when Humanity becomes Self-sufficient and true to themselves. Do the SELF-EXAMINATION!

Note-

Who of the 58.000.000 millionaires and 2.600 billionaires will be the first one who has the Courage to Redeem (especially the "Spiritual" ones)? Less than one million \$ is needed to create the planetary True Education to AWAKEN Humanity. Alas, space-travel and smart weapons are of greater importance?

Roundtable of Gods

Conceived at the elevation of 11284 meters over the Atlantic

Yahweh, Allah, Khrisna, Kami, Konjin, Jesus and Facilitator:

Facilitator:

"Great Chosen Ones" ... may I name you so? (all agreed). We have chosen to be a part of the Responsibility to guide the Human in its Evolution of Spirit. As it has come to today, Humanity is worshipping Entites like you in the Image of what suites a Religion best. It has created great Divisions and consequently all sorts of Conflicts, which has Convolutated the TRUTH of WHO GOD is. So, each one of you is asked to Explain in short Who GOD IS (all agreed)

Yahweh:

"GOD is the one that the "chosen one is me"

Allah:

"GOD is the Unnameable Totality whereby Creation is Maintained without Prejudice".

Khrisna:

"GOD is the POWER that can be used in the form of Courage, to Defeat the Enemy WITHIN",

Kami:

"GOD is in Everything, so that the TOTALITY can be the HOME of TRUTH".

Konjin:

"GOD is the Indiscriminate, whereby the Birthing of TRUTH becomes possible"

Jesus:

"GOD is the Facilitator of the REFINEMENT of Spirit".

Complete Messgae for Humanity

Oshitara-no-konjin:

Heaven and Earth shall be rounded up all over the world, and as a leveling stick levels the dry measure, so shall everyone have an even chance. When the seeds that were sown begins sprouting, the One shall go forth. When the harvest is gathered the One shall go forth Then the original seeds shall be examined. If the seeds are good, anything can be acheaved.

Ascended Masters:

We must learn to reckognize our own thoughts and our own line of thinking, so that we may separate from the Mass-thought from all that we Like what we wish to Visualize, so that we may have as an Original thought as possible, for a conditionrd mind based in a Human Reality on the physical plane.

The SHIP

The BODY correlates with the Ship, and its Captain correlates with the Human who must direct the Ship via the River to the Ocean.

The Captain has been given the Map to know HOW to maneuver the Ship on its Course.

He must also know HOW to Maintain the Ship and keep it going by the Power of its Engines.

The Fuel to keep the Engines going correlates with the FOOD to activate the Body.

Along the River there are hidden obstacles and requires the Captain to Use his BRAIN.

The Brain can be used in two ways: 1- Horizontally (right-left). 2- Vertically (Heart-Pineal Gland polarity).

As the Ship is going down the River, the Captain can be Distracted, because he likes to indulge in stimulants along with the wrong food, correlating with the wrong fuel to keep the Engines going.

Too much to the right or left can endanger the Ship.

The Ocean is Patiently waiting.

Getting stuck at the riverbank can be the END of the Ship.

Almost there ...

At the last moment a storm coming from the Ocean.

Utmost concentration is needed to reach the Ocean.

Humanity went through the long Journey, (evolution) all integrated in the Human FORM.

Most have lost the ability to read the Map.

Merely following "doctor's advice", to have the Body be used, to be "on the job to earn money".

Not be the CAPTAIN, but a prostitute selling the Body.

Not on Own Ship, but an attribute of some vehicle on land.

"END of the Story".

Note-

Macrobiotics or some "diet". Just not enough. BE the CAPTAIN. This book can be of help.

Construct of Perception and Experience

The Origin of Construct is HERE and NOW, where we ARE.

This INSTANT correlates with SLEEP, the Unconscious or Nothing (Great Mystery).

To WAKE UP, in order to become Conscious, we must Activate the BRAIN with the BLOOD that originates from FOOD.

Food Originates from the SEED, which correlates with the Instant.

So, what happens when we plant the Seed?

At first the Root emerges, then the Branch.

Why the Root first?

Because it Seeks the Center or Nucleus of the context in which the Seed is Planted.

That's why one Tendency of the Polarity is CONTRACTION.

By the initial connection, the planted Seed can EXTEND the MEMORY that it Contains.

The Branch makes the Memory VISIBLE by way of EXPANSION, to complete the Polarity whereby we can REALIZE (of what is within).

It is like a Book, Reading it to KNOW what it Contains, condensing the Distance between Front and Back Cover to Cultivate CONSCIOUSNESS.

The Book or Seed are the HERE and NOW, and by the Polarization ("big bang"), Here and Now can be Perceived as SPACE and TIME.

In other words, Space and Time are the DELAYED Perceptions of Here and Now.

In the Dynamic sense, Space correlates with Expansion and Time correlates with Contraction.

With these Two we have the Basic tools for the Construct of PERCEPTION and EXPLORATION, in the Cultivation of Consciousness.

The illustration of it is the Circle (space) and Center (time).

And what connects the Circle with the Center is the EXPERIENCE.

By the Polarization the Experience can be Dual too.

One Experience is of the OUTER (space, circle).

The other Experience is of the INNER (time, center).

Both Experiences enable us to do the TOTAL Self-examination.

The Outer experience is preceded by FOOD and what makes it Grow.

The Inner-experience is by how Food is REFINED into the Blood whereby we can become AWARE of the Difference between the Outer and the Inner.

These Refinements of Food are, bodily function, feeling, emotion, tasting, smelling, speaking, hearing, seeing and thinking.

By the TOTAL Outer-Inner Experience we can REALIZE that the Genuine HUMAN is the TOTALITY within the TOTALITY.

As such, we can Totally KNOW what the BOOK or SEED Contains.

The Whole Cereal Grain is the MAIN-food that correlates with the Total Book.

The needed "Reading-skill" can be gained with the SACRED ART of EATING!

So, let's expand on the above's explanation of the Construct.

From the External (Circle) point of view, we can ONLY have a PART of the Experience.

Because, it is Perceived on a part of the Circle, which we identify as the HORIZONTAL.

By this Superficial Perception, the MIND can be TEMPORARILY in Control (= Deductive Mindset).

As such, we can at the Surface use Space and Time in an EXCLUSIVE manner.

TERRITORY can then be Claimed, which is Centered around laws which need to be Artificially Enforced ("law-enforcement").

When there are more than one of such applications, then there will be a "collision" between territories, along with the law-enforcements = WAR.

As it is on Planet Earth, there is the Conquest for Uniting (UN) the different territories Under laws which have been making GOD's LAW ILLEGAL to LIVE by.

All of it WILL FAIL, because anything that is Divided has a Beginning and End.

And this “Ladies and Gentlemen” ... is today unfolding the Prophecy that “at the END there will be the WAR between GOD and Devils”, including science presented with the Covid-19 CODE and “smart weapons”. The SOLUTION would be the REALIZATION of the Divine PLAN to make Earth the PORTAL of PEACE and LIBERATION.

Thus, the Deductive Mindset needs to be Changed into the Inductive.

In other words, Changing the Horizontal-perception into that of the Vertical.

Therefore, the INDIVIDUAL must use FREE WILL (= GOD’s WILL flowing THROUGH us) along with making GOD’s ONELAW, the Primary Constant in normal daily life.

We are at the Last Page of the “Total Book” and can close it with giving the Best Answer to the Last Question: “to BE or Not to BE”?

With the “Not to BE” answer we will get TRAPPED in the BOOK, with possibly another chance to read it with a Clear Mind?

The “Fall of Man” correlates with the initial “Horizontal Experience”.

With it we can Discern by way of Antagonism: right-wrong, good-bad. Like-dislike, mine-yours.

Out of it we created the Governmental System that DIS-connects the Center with the Circle.

That’s why its Leadership Depends on “Parties”, and Parties in turn Depending on an Administrative Economy to keep Humanity in the Competitive mode (“ping-pong government”), division creating division in a vicious cycle of conflict of Interest.

But that’s not where it ends.

CHANGE is the LAW of laws.

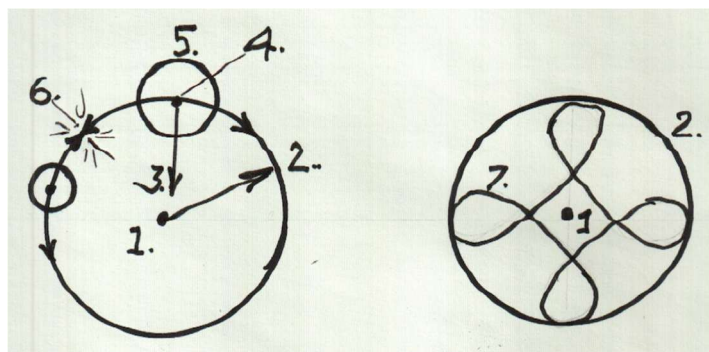
With the “Fall” (horizontal) we can RISE from the Bottom, UP (vertical).

This Process’ Principle is Biologically integrated and enables us to Use the Mind by way of Intelligence, to make the inner shift, of the Horizontal into the Vertical (right-left brain into small-intestine-heart-brain alignment).

This Divine Opportunity, to Realize that we can indeed USE the POWER of powers, FROM WITHIN, is upon us all.

Humanity ARISE!

- 1- Creator, Original Seed, Nucleus, Onelaw, from where Creation proceeds (2).
- 2- Context/Creation in which we can have the Experience and Perception to become Conscious.
- 3- In order to Realize that we have the Center Within, the Deductive Mindset needs to be Developed from the Outer into the Inner. Therefore, we create our Own laws (4), to Control a Claimed Territory (5) on the Horizontal (part of the circle). As such, the danger comes about to get in Conflict (6) with another who does the same.
- 4- Secondary laws, which need to be Artificially Enforced.
- 5- Claimed Territory,
- 6- Dualism (right-wrong, good-bad, like-dislike, mine-yours) to create Reactionary Conditions.
- 7- OneHeart Pattern of Human’s BLOOD-circulation, whereby ALL the details of Creation are Interconnected, WITHIN.



Conclusion ...

There are TWO ways to come to the CENTER of CONTROL

From WITHIN (1) and From WITHOUT (2).

The first one requires the Complete DETACHMENT from the outer (2).

Our entire Being, while having the Experience within the territorial realm (4, 5), has to be Dedicated in the Realization of the Divine PLAN.

The PLAN is about reaching the GOAL of Life, which is the Self-realization.

Self-realization requires the Cultivation of the Consciousness that ALL IS ONE.

That, the Inner and the Outer are ONE, so that by the CYCLE that maintains the TOTALITY, we can TOTALLY BREATHE, physically, Mentally and Spiritually (no Mask of any kind).

The second Option for reaching the Center, is to LOCK the Control with the EGO.

Ego is created by Not letting go of the Mentally created things and experiences.

It includes the Unforgiving.

Any form of Resentment that leads to DIVISION, will BLOCK the RELEASE from the Center that can give us the Inner-Control.

Instead, the holding on to the “law-enforcement” to secure the claimed Territory.

Yes, we will eventually come to the Center of centers or GOD’s “Power-point”, but then NOT be able to RELEASE ourselves from it into the Infinite.

This would be the “Ultimate LOCKDOWN”!

By it, we believe that we have the “Control behind the Mask” and thus have become a Slave of the Demon who we created Ourselves.

In other words, although “inevitably returned to the SOURCE” (1), but with holding on to the Horizontal (2) Experience by way of Mind, we CANNOT Transcend the LIMIT (2) with the POWER to be used with the Vertical Expansion (1-2) into the Infinite, FROM WITHIN.

The TOTALITY (Freedom) has Both, Horizontal and Vertical, and the Human has it both in a Unified Pattern, BIOLOGICALLY, shown by the alternating Horizontal-Vertical pattern of Blood’s circulation.

That’s why the Pattern of the Blood-circulation (7) internally interconnect the Center (1) and the Circle (2), is neither Horizontal or Vertical, but Spirally and harmoniously projecting the Horizontal and Vertical in ALL Directions, with the “inner Oneheart Dance”.

Visualization

To be Precise in the Realization Process, the Construct of a Symbol is Essential, because it can have the use of Mind be Precisely focused on the CONSTRUCT of Purpose and Meaning.

Visualization is the “kindling” of a Possibility to be Realized.

The Totality-unmanifest contains the Infinite possibilities, and the Human is the PORTAL to have the Possibility be transferred into the Totality-manifest.

The Body serves as the RECEIVER of the Possibility and by the Brain containing Head, the Possibility can be REALIZED, when the Possibility can Consciously be Released with the POWER emerging via the PINEAL GLAND from where the Visualization originated.

The Union of Visualization and POWER = REALITY!

Jesus: “When the Spirit creates the BODY, it is a Miracle, but when the BODY (Head) creates the Spirit, it is the Miracle of miracles”. Jesus did not make the distinction between “Body 1” (the Receiver) and “Body 2” (the Giver), but the FORMULA of the Process is CLEAR.

Spirit is a CHANNEL to Connect the Unmanifest and Manifest.

Through this Channel the POWER (GOD’s WILL) Flows.

FOOD serves as the “Channel facilitator” to have the Human become “Spiritual”.

Then, within the Human, the Food changes into the BLOOD that Ascends via the HEART to the BRAIN, The Heart is Body’s Center, where the POWER is “stored” until it can connect with BRAIN’s Center, by which the POWER can be USED in the form of FREE WILL.

The HIGHEST CHOICE can be made when the BLOOD has the PURITY to FULLY Polarize Heart with Pineal Gland.

This CHOICE of choices is the “I AM Choice”, when the Total-being has become the Total-channel (Spirit) for POWER to connect with each Body-cell = “GOD in the Flesh”.

Not until then, the Human can be SUBJECTED to the Will of an INFERIOR God or System, where the Mind can be Artificially Manipulated.

The TRUE Ceremony

The true Ceremony that can benefit Humanity and the Universe implies Divine RESPONSIBILITY. It has been forgotten, which led to all sorts of “ceremonial events”.

The True Ceremony has THREE Parts:

- 1- The Bodily Preparation (basically 10 days), by way of FOOD so that the BLOOD can become the inner-CHANNEL of SPIRIT. Jesus stated, “When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”. So, by the “junk” (such as coca cola, pizza) consumed prior to the Ceremony ... what kind of Spirit do we INVOKE? (get basic instructions).
- 2- The Mental Channeling in Ceremony. Therefore, the ALTAR is needed to create the Collective FOCUS. Not all kinds of “things” deposited but be Precise of HOW it can Serve SPIRIT to FLOW along with the Agreed Intent. Often fruits are offered. These items can ROT easily. Instead offer the MAIN-food of the HUMAN, the Whole Cereal Grain (Corn, Rice, Millet, Sorghum, Wheat and more), other Seed-bearing foods, such as Quinoa and Amaranth. Salt, Water and Fire (candle) are also fundamental. Crystals to collect the Memory of the Ceremony are optional. Flowers are great, with the stipulation that they are later on cared for by those who deposited them. The TEACHING to be Shared (not just “everyone talking their head off”, come to the point and be practical), together with what the True Wisdom Keepers of the Universe have “downloaded” (NOT by trance). Visions can be shared, not just philosophy. Therefore, the CIRCLE needs to be Properly MAINTAINED. Not just everyone “scattered around”. Not just “coming and going” as we please. Everyone remains

ATTENTIVE to the DETAILS. Not just making “noise” (drumming, singing) to make it “exciting”. The one who LEADS the Ceremony can give the SIGN. So, pay ATTENTION. At all times, be Conscious that the BODY (Brain included) is the Temple of GREAT SPIRIT.

- 3- AFTERWARDS. Without Respect in some way the Continuation of what has been gained during the Ceremony ... all will be soon FORGOTTEN, “goodbye until the next ceremony”. Therefore, the attained TEACHING and AGREEMENTS made in Ceremony need to be APPLIED, so that via the BODY the PINEAL GLAND can be the PORTAL from where Spirit can PROCEED with a New Consciousness that ALL IS ONE. In short, in Ceremony we invoked the Responsibility to Refine Spirit Through us!

HOPI: “At the End all ceremonies the way it has been conducted will END, to make place for the NEW CEREMONY”. It can only be when there is a BODY that can SERVE as the Temple of GREAT SPIRIT.

Better a few who Plant the Seed, for the Plant to create more Seeds, than the many who just want to eat the fruit and discard the seed.

The True Scientist

by becoming the Student of Life!

Has Science as we know it Failed? Know that Human Life is an EXPERIENCE - it “Expires” as Everything else as a Construct in Space and Time. Space and Time are the CONDITIONS whereby HERE and NOW can be PERCEIVED in a DELAYED manner. Formula: “the Seed is in the Tree and the Tree is in the Seed”. Both are Biologically Integrated by Creation in the Human FORM. Form enables the OUTER (Circle) be Experienced FROM WITHIN (Center). To be able to do so, the LINK needs to be made between the Outer and the Inner, by way of FOOD. As such, the Food becomes the BLOOD to Activate the Inner. The Inner (BODY) is composed of TWO parts:

1- Lower where the Food changes into the Blood.

2- Upper, Head containing the BRAIN, from where the Blood is further REFINED into Consciousness, going along with the creation of Purpose and Meaning

As such, the Outer-Inner SYNCHRONICITY can be made.

The Lower correlates with the Internalizing of the Outer with FOOD. The Upper correlates the Externalizing of the REFINEMENT of the Food into PURPOSE and MEANING (Consciousness). Therefore, the Blood Ascends via the HEART to the BRAIN. Not until Heart’s CENTER is fully Penetrated by Blood’s Center, the REFINEMENT-process cannot fully Proceed into the Outer from where the Food originated (make full cycle). As such, we cannot be the TOTAL HUMAN, who is Biologically Designed as the TOTALITY within the TOTALITY.

RESULT, we Remain in the Conflicting State of BEING, (incomplete cycle), Identifying ourselves by Incomplete temporary ways and things, such as a Passport and Money, along with Disease (noticed or not noticed). Not unless Heart’s CENTER can Fully Connect with Brain’s Center (Pineal Gland), we cannot go Beyond the Body to be buried until it rots.

Jesus: “When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”.

Spirit is the CHANNEL through which the POWER flows. POWER is Different than ENERGY. POWER is that what CONTAINS the TOTALITY, that we cannot escape from. ENERGY is Derived from a DUAL-Process (reaction) whereby the EXPERIENCE becomes possible in Space and Time. Therefore, it is Finite. War is the persistence on using Energy to create Extreme Reaction, ultimately using Fission to create the atom bomb.

Therefore, as long as we can have the Experience between Birth and Death ... every MOMENT has to be USED as the OPPORTUNITY to INVEST into the Eternal. At the end of the day, do the self-examination, "what is my true investment today"? Know that the SEED correlates with the Eternal and the Tree with the Temporary, REVEALING what is IN the Seed. The Most BASIC EDUCATION that we need to be Fully HUMAN, is to KNOW HOW to LIVE (Plant the Seed and take Care of the Tree until it can create More Seeds) and Use the BRAIN creatively. Remember, the "Human in the Flesh" expires, but what it REFINES into Consciousness is ETERNAL.

We have 3 complementary "Scopes": 1- Microscope, to Explore the INNER. 2-Microscope to Explore the OUTER. 3- Uniscope, to SEE ONENESS! Therefore, we need to be basically TRINITY-educated, to then become the Total-Scientist, who can Experiment and also Know How to deal with the Consequences, to Prevent HARM. As is, Harm has become Profitable for a "chosen few" becoming a millionaire.

GOD/god = LAW/law

Who does one worship: GOD or god? What is worship and what is GOD? Worship is adoration – having an affinity to that which supports us in one way or another, or as a whole. What supports us most (that we are aware of) we worship most; this is to us our GOD.

Law is the Constant by which our needs and existence are perpetuated. The Guarantee for the support we need to Exist is Law. Consider the two existences of Being: one is temporary - measured between birth and death; the other is eternal and has neither beginning nor end. When we primarily, or only, consider our existence as temporal, we primarily, or only, subject ourselves to temporal laws. Such laws are governed under a secondary or inferior god. However, when our eternal existence is our primary concern, we will follow the Eternal and Unbreakable Onelaw of the Creator of All. This God we worship is the true and only GOD. GOD (Creator of All) = LAW (Eternal Constant) = CHANGE.

The LAW/law is the GOD/god. We can know which God/god we follow by the LAW/law we use to sustain or protect ourselves. The LAW of GOD is made by Him and can only be enforced by Him. Since GOD is in everything and everyone, this LAW of laws is self-enforcing. When we Live His LAW, we live a Just Life. On the contrary, man-made laws have to be enforced by man; artificial forces are required to make these laws work. It requires a deductive mindset.

Organised religion and education are supposed to be employed to instil co-operation with temporal or man-made laws. The concepts of obligation, guilt, insecurity, shame and fear have become the tools to enforce these laws. Addiction tops them all, making one obey "the law" without a second thought. The god of addiction today is ruling through money, drugs, "medicine," "social security," junk foods, etc. The laws of this god are enforced by police and armies at first, but then, when one's acceptance of the "law" is imprinted in one's brain, one will no longer care to question the difference between GOD and god. This is the imminent danger the world is facing today:

Global Slavery, the "Happy Slave."

Our true Freedom depends on our endlessly growing consciousness of Law. The boundary of Freedom is the endless growing horizon, which unfolds as we try to DIRECTLY connect with GOD. The opposite of Freedom, slavery, is contained within our shrinking horizon of instant gratification and addiction. When we allow these to weaken our bodies and minds, fear, anger, and anxiety become constants in our lives. This opens the gate to the extreme setback in evolution.

Man-made laws are indeed necessary when we fail in comprehending the Onelaw. Man-made laws can be safely used, with the stipulation that they are not used to overrule those who obey the LAW of all laws. Going against the Supreme Law is a declaration of war against GOD and His Creations and leads to self-

destruction. Disease, insanity and natural upheaval indicate a response to the insults against the Highest Order. Today the world is being destroyed under the auspices of "law and order," because now the "law" serves exclusive interests.

The time has arrived that we can be seen as mirrors of one another. Also the inner and the outer can be seen as one. The Truth must be revealed as to which law we subject ourselves to, because by the law we follow we can know the GOD or god we worship. When we worship the GOD, we will NOT suffer from self-denial and self-oppression, because GOD also exists within us, as we exist within GOD. With that Consciousness we can truly begin to be as generous and forgiving as the Creator of All. Jealousy, fear and hatred indicate the worship of a false god.

Now we must throw off our mask and have our spirit be tested. Those who lack Courage to do so will hide behind money, politics, weapons and religion. With the True Power shining through us, we can be innocent as a babe, not possessed by our possessions.

Conclusion... when we DIVIATE from Creator's Onelaw we will create our own laws... that we then have to enforce ourselves. Consequently, manmade laws are used as weapons, which ultimately make Weapons the law. To make Creator's Onelaw the Primary Constant of the World is the First Step towards World Peace.

LIVE the ONELAW

Created in the Image of the ALL-Mighty, we have been given the Gift of FREE WILL....that we can only use with the Power of DISCERNMENT.

Ultimately, we must make the CHOICE between the Extreme Options whereby we can Know that the only ONE is WITHIN.

With The Choice we can let Creation come forth THROUGH the Microcosm that holds the SOUL, that is Temporarily Enshrouded by the Flesh.

Our Being was most precisely designed to LIVE the absolute and eternal Onelaw of Creation.

As a Human we are able to CHANGE the Outer into the Inner and the Inner into the Outer.

We are a Miracle and can create Miracles too.

The Greatest Miracle of Creation is next.

WORLD PEACE, Realized by the ALL-Being who is WITHIN each one of us.

Change, however, is created by CONTRAST.

Thus, by Contrast the Observer can KNOW itself by the Reflection of the MIRROR that He made.

The Mirror is not of who we Truly Are.

This Illusion has Divided Humanity and is like the Shadow that will disappear when the Light is lit WITHIN.

The Dilemma is created when we identify ourselves by the Mirror, that we then try to own and defend with the laws of "mine and yours", "right and wrong".... or Destroy.

Since these dualistic laws were created by us...we must enforce them also.

This is the very Root-cause of all wars.

Each one claiming its laws to be superior over another's.

We have to create the Stuckiness or anti- Change within our self-first....in order to get Stuck into the mirror.

The Inner and the Outer are not different.

Only in Concept or by the Illusion.

The time has arrived to be DIS- Illusioned and this goes along with the Last Question: "to BE or not to BE?"

– the Self-Examination.

Want to have PEACE?

Then PRACTICE the Onelaw in DAILY LIFE.

Everything else will merely empower the Illusion, which's constant has a Beginning and End.
That's why ultimately there is Self-Destruction, War....to CONFIRM the TRUTH of the dualistic laws we follow, that they are FINITE.
The Onelaw, CHANGE, is Self- enforcing and no army can stop it.
In contrast, the army we need to make "war for peace" is stopped when it runs out of ammunition and the energy to keep the flesh moving.
Sleepwalking has brought us to the edge of the cliff, despite the shouts of "peace".
Who do we want to intimidate?
There is no need for it, when we Know that The Authority is WITHIN.
The ALL-Mighty is WITHINso be silent and listen to the HEART.
Stop making inner-War.
Stop with polluting inner-Creation with "Coca Cola and Mc Donald's"...and be Able to CHANGE War into Peace, WITHIN!
WAKE UP!

Precision

Pre-cision:

Pre: before

Cision: Cut. Incision

Surgeon: Precise before the Cut (the act).

How many times have we experienced the result of not being Precise? Today, the entire System is Unprecise, because Humanity is experiencing the Consequences in the form of WAR, DISEASE and all sorts of CORRUPTION. And, by NOT having the SOLUTION for a single problem. Merely the "solution whereby we can "live" WITH the problem".

So, let's EXAMINE the Circle and its Center. The Center is utmost Precise, while the Circle that consists of "Dots" can be utmost Unprecise without its Center. It implies that Circle and Center have to be Complementary, ONE. Therefore, the Circle is the Expanded Center and the Center the Contracted Circle. And this Truth of Construct and Order is Biologically, Mentally and Spiritually integrated by the HUMAN. Similar as how Circle and Center MAINTAIN one another, Body, Head and Spirit must be in Synchronicity.

The Center is always Precise, because "all dots" constitute One DOT. This "Dot of dots correlates with the Common Denominator of Creation. It is the Absolute and Eternal CONSTANT, which is CHANGE. So, what makes Change Possible? TRINITY = Beginning-End and what Connects both. Example, the Door connect the Exterior and Interior. So, when Eat Food PRACTICE the LAW of laws. That's why the Order of the World depends on How Humanity Practice the ART of EATING (= Macrobiotics).

Therefore, we must know the Principle of Change or Law of laws, and the following Describes the PRECISION.

Principles of Creator's Law

Seven Principles

All visible and invisible phenomena are manifestations of One Infinity
Everything changes.
All antagonisms are complementary.
There is nothing identical.
What has a front has a back.
The bigger the front, the bigger the back.
What has a beginning has an end.

Twelve Theorems

Oneness (infinite expansion) continuously manifests itself, at all points and moments, as divisions of itself that create 2 forces:
Centrifugality (expansion), which is Yin, Centripetality (contraction), which is Yang.
Yin and Yang result continuously from the Infinite Centrifugality.
Yin is centrifugal. Yang is centripetal. Yin and Yang together produce energy and all phenomena.
Yin attracts Yang. Yang attracts Yin.
Yin repels Yin. Yang repels Yang.
The force of attraction and repulsion is proportional to the difference of the Yin and Yang components. Yin and Yang combined in varying proportions produce energy and all phenomena.
All phenomena are ephemeral, constantly changing their Yin and Yang balance of components.
Nothing is solely Yin or solely Yang. Everything involves polarity.
There is nothing neutral. Either Yin or Yang is in excess in every occurrence.
Large Yin attracts small Yin. Large Yang attracts small Yang.
At the extremes, Yin produces Yang, and Yang produces Yin.
All physical forms and objects are Yang at the centre and Yin at the surface.

TRINITY

A Teacher-Student dialogue to explain TRINITY.

T- Why do we have a Brain?

S- To Think.

T- What is Thinking?

S- To Know.

T- What is Knowing?

S- To have an Answer.

T- So. What is the Question?

S- I do Not Know.

T- Why don't you.

S- I don't Know.

T- So, it all Begins with the UNKNOWN?

S- Please Explain.

T- Indeed. It All Begins with "I don't Know"! Eliminate the "don't" and you will Know ("I Know!"). So, what is the "don't" that "stands in the way"?

S- I don't Know!

T- So, the UNKNOWN is the Very ORIGIN of Everything to be Known. Unless we can Center the Unknown in the Pineal Gland, the BRAIN is merely entertained by the Question-Answer "ping-pong". Therefore, the Right-Left Brain use: right-wrong, good-bad, like-dislike, mine -yours = Half-truth.

S- So, HOW to Unify the two Horizontal Parts of the Brain?

T- Fully Activate the Pineal Gland with the BLOOD that is created from FOOD.

S- How so?

T- Food is the Condensation of the Environment, stretching into the Infinite Universe. Depending on What kind of Food you Eat, the Blood that it is REFINED into DETERMINES to what degree you can USE the BRAIN to THINK!

S- Please Explain.

T- With the FOOD we can Begin with the Outer-Inner Polarization. As I have explained, the Food upon Eating it, becomes the Blood Ascending via the HEART to the Brain whereby we can THINK. Then the Degree and Quality of Thinking DEPENDS on what kind of Food you EAT.

S- What would be the BEST food to Eat?

T- For the Human it is the Whole Cereal Grain, because it has the SEED that contains the MEMORY that Fully LINKS with the SOURCE or Great Mystery, the NOTHING or TOTALITY-Unmanifest, which we can CHANGE into the TOTALITY-Manifest THROUGH the HUMAN! The Totality-unmanifest we can illustrate by the CIRCLE and the Human being the Ultimate Totality-manifest, the Center. Therefore, the Human is the TOTALITY within the TOTALITY. The outer-Totality correlates with the Unknown or QUESTION and the inner-Totality with the Known or ANSWER. So, at first the outer Changes into the Inner, and this journey includes the 4 PORTALS: Mouth whereby by Chewing the outer-inner Union is initiated - Small Intestine, where the Food is transmuted into the Blood – Heart, to Synchronize the Body with its 4 Chambers – Pineal Gland, to Center Heart's 4 chambers. As such, Heart's Center of centers being ONE with the POWER of powers (Energy), can be USED in the form of FREE WILL! As such, the CHOICE can be made, to give the BEST ANSWER to the Last QUESTION: "BE or NOT BE"? With the "BE-answer" we can RETURN to the SOURCE in the Progressive manner. With the "NOT BE-answer, we will RETURN to the SOURCE in the Regressive manner by way of degenerative disease, suicide, war.

S- "WOW"!

T- "WOW"? You almost got it. The first "W" correlates with the Question and the last "W" correlates with the Answer. Both are ONE, Therefore the "O" being the Portal to Unify the Opposites, which we can Perceive by the Horizontal Right-Left Brain. So, the O (Brain) need to be Centered by the Pineal Gland whereby the Horizontal can be Shifted into the Vertical, by the Small Intestine-Heart-Pineal Gland TRINITY. Dear Student, you have been INITIATED into the Divine TRINITY Teaching!

Addendum:

Trinity

One plus Two is Three

One can be Added to with the One

Which implies that the One is Eternal

In the creation of Endless

Constructs and Manifestations

And also, be Present.

Two is next, to create Awareness.

Of the ONE or Origin, and

All of what comes Next

Containing the One
One plus Two is Three
As such, everything that comes Next
We can be Aware of with a Unique
Perception of Purpose and Meaning
This Progression is Change of which.
TRINITY is the Principle of
Manifestation and Consciousness

Birth of TRINITY

First TRUTH: ALL IS ONE.

HOW to be One with the ONE, to KNOW?

What is Knowing?

WHY do we want to Know?

It has to BEGIN with the QUESTION.

What is a Question?

It is the UNKNOWN.

What is the Unknown?

The UNMANIFEST, the SOURCE that contains the Infinite Possibilities, including the Impossible.

So, since ALL IS ONE, by the Question the ANSWER must be given in order to Maintain the ONENESS.

As such, the POLARITY comes about, by which the Umanifest can be Polarized with the MANIFEST.

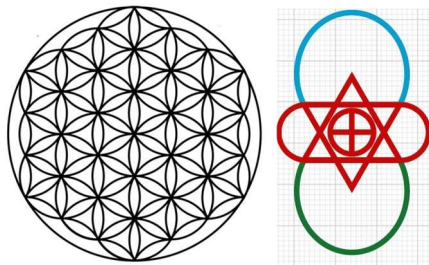
Hereby, the KEY is created to Channel the Possibility into the Realm of the Manifest, to become a REALITY.

As such the TRINITY is Born, the KEY of keys whereby any Portal can be Opened: Unmanifest-Portal-Manifest = Question + Answer = Knowing.

So far, Trinity has been explained superficially, not as the result of the Realization-process, but of what the Realization has created in the form of reasoning, using the Deductive mindset.

Example, the way the "flower of life" has been used along with the decentralization of the SOURCE in order to explain Trinity.

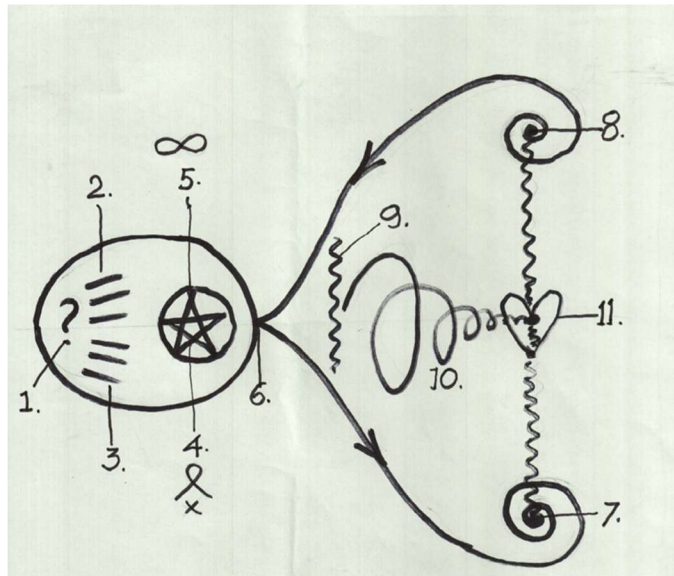
Trinity in the Truest sense, Maintains the Center of centers WITHIN.



Contast: Decentralization - Centralization

Mystery Egg

The Creative Process, from the Unknown to the Manifest in the Human Form by which the
Myst Egg can Hatch the I AM



1

Mystery Egg (containing the Attributes for the Hatching: 2, 3, 4 and 5), the PORTAL that inter- connects the Unknown or Great Mystery with the Realm of Manifestation (Creation).

2 +4 -

The 6 Channels (6 lines) are the "double-Trinity". 2 is the Trinity that creates REACTION, because it lacks the Unifying Center or Catalyst, and correlates with the Pentagram without the Circle. With this Energy the MIND in Synchronicity with the Earth (East, right-brain and West, left-brain) and its Horizontally based Perception comes into operation. And with it the Human can Deviate from the Natural/Universal Order, to Experiment, and Learn about different Possibilities, which can lead to New states of Being. The 6 Channels also correlate with the 6 Directions of the Individual (left-right, front-back, up-below), which are needed to locate the Inner-Center. And all together (6 directions + 1 center = 7) constitute the 7 Chakras which we can use to Liberate Ourselves from the 3-dimensional Density (breaking through the "Shell of Mystery Egg", the Ionosphere) from the Base UP.

3+5

3 is the Trinity that has the Unifying Center, whereby CHANGE becomes possible. Hence Change becomes the Absolute and Eternal CONSTANT or LAW of Laws. And the Pentagram within the Circle (5) shows the Polarities by which the Reactionary Energy can be Controlled. in other words, with the ONELAW the Secondary laws ("right-wrong") can be Controlled FROM WITHIN. But before it can be Consciously Mastered, the Genuine Human must be Realized via the Evolutionary Process (10) and the I AM Consciousness.

6-

By the WILL of the "ONE Who Dwells in Great Mystery" (GOD of Gods) the "Attributes" can be Used within the Realm of Space and Time (= Delayed Perception of Here and Now), for the Human to have the Experience, to find out what it takes to HATCH Mystery Egg with the POWER whereby the Realm could come about. This Release of the WILL is the Original Polarization ("Big Bang"), which evolves in FREE WILL with the increasing Awareness that the Human is the Totality within the Totality, who can use Intelligence and logic to Transcend the Limit = FREEDOM.

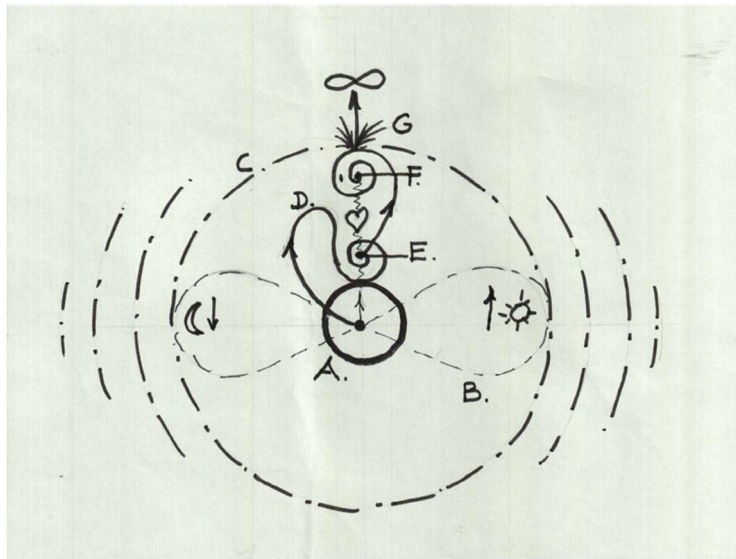
$$7 + 8 + 9 + 10 = 11$$

With the Polarization the Reactionary Energy (9) Proceeds along the Evolutionary Process (10). Finally, the Polarity is Contained in the Human Form, which are the Small-intestine (7, inner-Earth) and the Brain (8, inner-Heaven). As such the Portal becomes Manifest with the HEART (11, inner- Meeting-point of Heaven and Earth), which means that with the inner-Trinity of the Human (the 3 Fires), that what the Mystery Egg contains, can be Hatched FROM WITHIN. Therefore, the Human must become Conscious that ALL IS ONE.

NOTICE that the Reaction (9, Conditional) created by the one becoming the TWO Changes into the Union (11, Unconditional), by the TWO becoming the ONE. This Total Process is Condensed with the Symbol of the Heart/Love

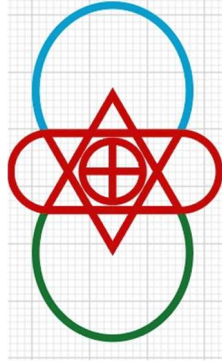
All of the Above perceived from the Earthly point of view
(illustration).

A- Earth ; B- Electro Magnetism ; C- Ionosphere ; D- Food ; E- Small-intestine ; F- Brain ; G- Hatching/Liberating the I AM from the 3-dimensional Density.



Total Quest

By Entering the Portal of Truth



1- Triangle (base down) containing Circle-Center and What Connects (cross). The Triangle is the KEY to Open the PORTAL, to Connect the Unmanifest (outer infinity) with the Manifest (inner infinity).

2- Within it the First Construct, the Circle.

3- The Circle contains the center.

4- Circle and Center are connected with the Double-polarity, the Cross.

So, what is the Origin of the TRINITY?

It is the Sum of the Totality-Unmanifest and Totality-Manifest.

The first Totality is the ONE (no contrast) or NOTHING

The Second Totality is the TWO to be SENSED by the ONE in the Human FORM (construct of contrasts), able to THINK by having the Brain.

So, ONE + TWO = TRINITY.

Now the Trinity can be Polarized from Within (base up).

Then, by having the Circle be contained by the Trinity, the Circle can be Externalized by the "twisted circle (infinity pattern). First Horizontally (correlates with the right-left brain use), then by having the Common Center be the Heart and Pineal Gland as ONE (center of the Cross), the Circle can be Vertically extended in the form of the infinity pattern, to Unify Heaven and Earth. Note that the Vertical alignment is arranged by the Heart, Mouth (first portal to connect the outer with the inner) and Pineal gland.

The Human has it ALL:

1- Trinity, by having the Digestive, Nervous and Circulatory Systems.

2- Circle, by being the Totality within the Totality (Microcosm of Creation).

3- Center, by having the Nucleus contained by the Blood that Circulates throughout the Body.

4- Cross, by having the 4 Chambers of the Heart whereby the Total being can connect with Heart's Center.

As such, the HUMAN being the TOTALITY (inner) within the TOTALTY (outer), has the Double connection with the SOURCE.

From Within and from Without.

From Within, it is by connecting Heart's Center with BRAIN's center (Pineal Gland).

From Without, it is by the Total connection of Being with the Outer (Totality Circle, Creation) = EXPERIENCE whereby Purpose and Meaning come forth.

Also Experience is Polarized, by the Outer and Inner.

The Outer we can Sense as long as the Blood can be USED via the Brain.

The more we Sense from the INNER, the more we need to Reflect from Brain's Center (Pineal Gland), which constitutes the "deeper Thinking".

We need to reach the Center of centers, WITHIN, in order to KNOW the TRUTH about what we are Relating too.

ULTIMATELY, the Center of centers is NOTHING, and Thinking STOPS, because the Blood cannot continue to circulate in NOTHING

That's why the Pineal Gland is not a part of Blood's circulatory pattern.

When we can come this far We KNOW!

Not just knowing based on "what we are told is true", not even by a "holy scripture" that has been phrased "via via".

The DIRECT Connection needs to be made between Origin's-NOTHING (Source) and Human's-NOTHING (Mirror of the Source).

Thinking has also a Polarity, Indirect and Direct.

THINK.

HOW to Think?

USE the BRAIN.

HOW?

By having the FOOD (Condensed Outer) change into the BLOOD, that then can Connect the Heart with Brain's Center.

As such, the Inner-Polarity is Initiated between HEART and PINEAL GLAND.

The Heart is Body's Center and the Pineal Gland is Brain's Center.

The Body correlates with the Question and the Head containing Brain correlates with the Answer.

Both Constitute the Experience leading into the Knowing.

Both Centers have ONE thing in Common, NOTHING!

?????????????

Yes, Nothing.

Now Think.

What is the Ultimate Center?

Again Think, until Thinking becomes NO-thinking, but TRUTH.

HOW?

We can Think because by using the Brain – the Brain using the Blood – the Blood Using the Food – the Food using the Outer-manifest, Creation – Creation IS USED by the TOTALITY-Unmanifest or SOURCE = NOTHING = EVERYTHING!

Since No Blood is needed to activate Nothing, at this point Thinking STOPS = KNOWING.

That's why the Pineal Gland is not a part of Blood's circulatory pattern.

Conclusion, CHANGE is the CONSTANT of the Manifest, which is Everything that's Around the Center.

NOTHING is the Un-change that Controls Change or LAW of laws.

The LINK between the SOURCE and the Center of any-THING is "Reality".

Reality is NOTHING, but Nothing is not always Reality, unless we can Totally DETACH ourselves from what SURROUNDS the Nothing, the Superficial/Artificial.

Still puzzled?

Go as DEEP as we can, to figure out what the Ultimate Center is of Anything, and we always come to the SAME conclusion, NOTHING is in EVERYTHING and EVERYTHING comes from NOTHING!

Everything is a "Nothing-cycle"!

Nothing-unmanifest inside and Nothing-manifest outside.

We can get "lost in Nothing" when we cannot "come to the point" (Nothing), because the Brain's Center got blocked from its Center due to the poor quality of Blood.

THINKING "Stops" when we Connect with the Center of centers = NOTHING!

Nothing is also Brain's Center, SIMILARLY as Anything that has a Center, NOTHING.

The TOTAL Use of the Brain is to get engaged with the "Trinity of NOTHING".

Nothing of the Pineal Gland + Nothing of the Subject + Nothing that Connects = DIRECT Experience!

When we can DO so, we will find ourselves in the State of LIBERATION, because we have become ONE with EVERYTHING and NOTHING!!!

It is also the Union of the QUESTION (Unmanifest) and ANSWER (Manifest) = KNOWING.
NOTHING the “unamable” is “GOD”.

But again, we get STUCK with a “name” that is Subject to many Interpretations and rules, which can lead to arguments and WAR - All the result of the CONDITIONAL.

This “stuckness” becomes more “stuck” with “scriptures, symbols, commercials, propaganda, education, believes”.

All of it constitute “religion”.

The PROOF of the Convoluting use of MIND is by today’s Extreme INSANE BEHAVIOUR (middle East, and all around the world).

What is Mind?

It is the BRAIN of GOD!

Want the Proof?

THINK, to KNOW that we are the TOTALITY within the TOTALITY.

What more do we want?

Anything “more” becomes LESS, because with the “more” we Reduce the Perception of what is Already COMPLETE.

Obvious today, with MORE money, science, medicine, weapons and politics ... LESS by way of poverty, ignorance, disease, war and insanity.

How to Detect NOW and TRUTH as ONE

The Moment of Truth has Descended upon Humanity

NOW we can Feel, Taste, Smell, Hear, See and Think by being ONE with the TOTALITY in the NOW. HOW? Just as IS. What IS is that what we can Feel, Taste, Smell, Hear, See and Think, ALL Contained by the TOTALITY. That’s why we have the Synapses to Connect the Outer with the Inner, both Constituting the ONE. NOW is similar as the Indivisible TRUTH. To Know Truth is by being Contained by the NOW, to then “NOW IT”. But what happens when we Value that what IS via Concepts which are Projected by another of what IS? To begin with ... HOW True can we BE when we Allow Ourselves to be Valued by a birth-certificate, passport, diploma, money, status or microchip? Then, we will be limping within Creation as a LIE. KNOW that the True Human is the Divine UNIFIER of Heaven and Earth.

Possibility and Probability

The SOURCE Contains the INFINITE POSSIBILITIES.

What is a Possibility?

It must be TRUTH, maintaining the SOURCE.

What is the SOURCE?

It must be the Unmanifest as the Possibility and Question are.

HOW to Realize the Possibility, to Manifest?

By this very QUESTION the Impossible becomes Possible, because the Question is Polarized with the ANSWER!

It is by the Question-Answer UNION, that the KNOWING comes forth.

The Possibility EMERGES from the MIND due to the Question.

Then a Process of “inner-debate” takes place, correlating by the Right-Left brain Polarity.
As such, the PROBABILITY comes to Mind, the “probe”.
We must EXPERIENCE to find out what the PURPOSE is of the Possibility.
As such Purpose is projected on the Possibility.
Then the CONSTRUCT follows is Space and Time, due to the POWER that the DOER projects in the form of FREE WILL.
As such, Space and Time are Reduced Back into Here and Now.
It cannot be otherwise, because the ACT goes along with the Unstoppable NOW or POWER, whereby the “always Present CHANGE” comes forth.
Possibility and Realization Separate, correlate with the DELAYED Perception of HERE and NOW, becoming Space and Time.
With the Right-Left brain UNION, the HERE and NOW bring forth the MANIFEST with MEANING.
Therefore, the PINEAL GLAND (Brain’s Center, “third eye”) must Vertically Align with HEART’s Center, which can be with the BLOOD-connection.
Not any longer the Right-Left brain Division, but TRINITIZED with the Pineal Gland.
The TRINITY is the KEY of Manifestation, to make Truth Tangible.
Have no doubt, any Possibility that comes to mind can be REALIZED.
Even the Impossible is Possible!

Trinity Principle of the
HUMAN Construct
Creating the Consciousness that
ALL IS ONE
(In Four Stages)
Stage ONE
Creation of the Trinity
Consciousness Principle

When at the SOURCE or TOTALITY, it is like being in DEEP SLEEP, very happy and satisfied, but without any clue. This is the GREAT MYSTERY Containing the infinite Possibilities. Is it also possible to WAKE UP? YES! It BEGINS with this very QUESTION! And since we cannot possibly Escape the Oneness, the RESPONSE to the Question is also inescapable!

As such, the ANSWER can be Realized. So, HOW to Connect the Question with the Answer, to KNOW? The TOTALITY-unmanifest needs to be Polarized with the TOTALITY-manifest.
“Aha!”, the TRINITY has become the DESIGN of the Process to become Conscious! By the Equal existence of Question-and-Answer existence within the Totality, both can be UNIFIED in order to KNOW! In other words, Question, Answer and Knowing are Connected with the Equality or ONENESS. They are related to one another with the Equal distance = Equal sided TRIANGLE, being the PORTAL In which we can have the EXPERIENCE to Know what it takes to REALIZE the Possibility.

Thus, with the Question we can Initiate the QUEST (experience) to Realize the Answer, to Complete the Quest, to then KNOW. The Three Extremes to one another, create the distance (line) whereby the EXPERIENCE can be Polarized, by PURPOSE and MEANING.

Illustration:

Stage TWO

Centering of the Trinity

So far, the Process has been LINEAR. The Line is a Part of the Circle, and since the initial Circle is the “invisible construct” of the Totality-unmanifest, the Trinity has become the PORTAL. The Circle can now be Realized WITHIN the Triangle, whereby the CENTER can be located, to then REVERSE the Process. from the Inner into the Outer = initiation of BREATH and PULSATION (first breath upon birth is the Exhale). As such, the Linear-Trinity can become the Circular-Trinity, where the CYCLE is maintained by the correlation between the Opposites located at the Circle to be Centered and what Connects the Circle and the Center.

Here, the Oneness is Secured by the Circle being the Expanded Center and the Center being the Contracted Circle. As such, the nature of Polarity is determined: EXPANSION-CONTRACTION (Yin-Yang).

Illustration:

Stage THREE and FOUR

Total Ascension from the Bottom UP

With stage TWO the Pattern (polarized inner Infinity) of Human’s BLOOD circulation comes about. By it, the Trinity can be internally Trinitized (Inner Trinity Ascension – the 3 Ascending arrows):

- 1- Environmentally by way of FOOD.
- 2- Bodily, by the Food Refined into the BLOOD (small-intestine-heart).
- 3- Mentally, by the Blood Polarizing Body’s Center (Heart) and Brain’s Center (Pineal Gland).
- 4- Spiritually, by the Total Being be Refined into the Consciousness that ALL IS ONE, Polarizing the Total Being (I AM) with the SOURCE, to then BE FREE (“the Truth will set us Free”). Hereby, the I AM that is Contained by the Totality-unmanifest and the I AM of the Totality-manifest MEET as ONE = “I AM that I AM” = TRUTH. Now ... look into it DEEPLY ... with this LAST step ... the Duality is TRINITIZED! Not more Limited by just using the Right-Left Brain playing “ping-pong”, but actually having become the GRADUATE of Mystery School EARTH!

At each stage of the Inner Trinity Ascension, Horizontal Question-Answer relationship shifts. From the Earthly-horizontal (East-West) up to the Bodily right-left lungs (correlating with the Diaphragm) and finally the Right-Left Union of the BRAIN by which the CHOICE can be made from the Pineal Gland to UNIFY the Ultimate Question-Answer Polarity, to then be fully able to THINK = Vertically oriented to SEE ONENESS!

Choice 1: by the Preference of the “one over the other”: right-wrong, good-bad, like-dislike, mine-yours:

Choice 2: SEE the TWO as ONE by Knowing HOW to Think in terms of TRINITY, along with the Bodily quality whereby the Inner and the Outer can be in Complete HARMONY with the Sacred Art of Eating (BE a TOTAL Macrobiotic). All of the above has been formulated by Jesus: “When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”. Indeed, the Human is the Divine REFINERY... refining Food into Blood, Blood into Thinking, Thinking into Consciousness, Consciousness into TRUTH = FREEDOM.

Note-

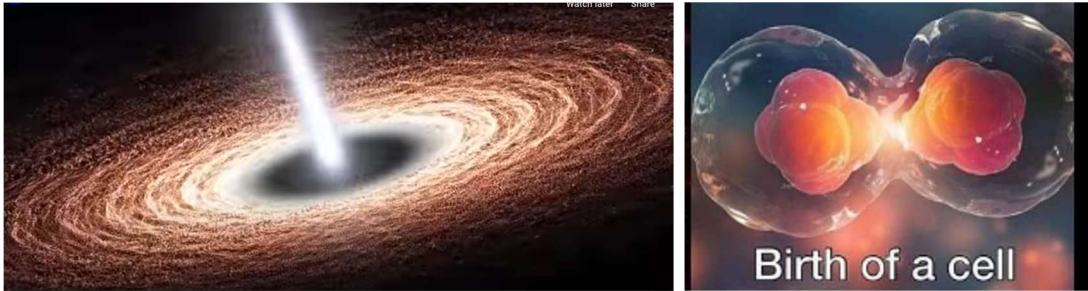
“Macrobiotic 1”: Linear/Horizontal Polarity perception (Dualistic) – Disunified Question-Answer contained by Preference.

“Macrobiotic 2”: Total Trinity Perception (Horizontal and Vertical contained by the Circle = transcending the FIXED duality) – the KNOWING with the Question-Answer - Union, to not any longer be contained by Preference, because we have Realized that we have it ALL since the Beginningless-beginning. Culminating millions of things that cannot Grow in Creation is the construct of the LOCKDOWN (“millionaire”).

Illustration:

The CELL

And the Quest



Universal PORTAL (“black hole”) and Human’s Blood Cell have a Similarity.

They show the Infinity Pattern, where the Opposites are Unified by the POWER, whereby the SEED (SOURCE) can Eternally Proceed.

By this Principle, the Human can Center the BRAIN (Pineal Gland) from where the POWER can be REFINED into FREE WILL, Ultimately making the CHOICE to BE (“I AM that I AM”).

It is Cardinal that the BODY (condensed Universe) functions with the Purity of BLOOD.

Jesus: “when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles” (not a religion).

We came to Earth to have the VISION QUEST.

What is Vision?

What is Quest?

Both are Part of the TRINITY.

The Quest (Question) is polarized with the Answer, and by the UNION of the Two we will KNOW, the VISION of TRUTH.

These Two, Question and Answer, correlate with the Right-Left BRAIN, and without the PINEAL GLAND (Brain’s Center), the Vision will be DUALISTIC: right-wrong, good-bad. like-dislike, mine-yours.

As such, we will NEVER know TRUTH, because Truth is TOTAL and Unconditional.

Since Truth cannot be Divided, there will be REACTION or CONFLICT of MIND, due to the opposites without the Unifying center futile trying to become ONE.

From hereon Decision and Behavior will also be REACTIONARY, ultimately creating WAR.

In the “sixties” the “hippie movement” was staged in California, Reflecting the Vietnam-war.

Youth were looking for TRUTH, and the best they could do is by the SAME Reactionary-way as War is Created with the DUAL right-left Brain condition.

What the Hippie actually wanted, was to have the TWO be Unified by the PINEAL GLAND, but they did not know HOW.

But the SYSTEM of WAR has a completely different agenda.

Without war or any form of Conflict (also internally by way of Disease) it cannot be Profitable for a “chosen few” controlled by some sort of Demon, to be “out of control”.

So, what to DO with these “Hippies”?

WEAKEN their Pineal Gland with LSD, “black light”, “free sex” and loud music with erratic rhythm, and it worked.

Also, all sorts of aluminum residues all put in the drinking water and toothpaste to SEAL the Pineal Gland

From thereon it festered into a world where cancer, diabetes and all sorts of disease and erratic Behavior have become the NORM.

Moreover, the instigated "terrorism" highlighted with the "911" (similar CODE as the "emergency call") Clear THINKING became Replaced with Blind Acceptance.

Although Blatantly CLEAR, the 3 Towers and the Pentagon attack were of an "INSIDE JOB", but who cares.

From there on the Global Body-search (airports and other governmental facilities), to have Humanity SURRENDER any form of SELF WORTH to plain INDIFFERENCE.

As how Extremely DOCILE one has become at airports any "sharp object" is forbidden to pass through, even safety pins, nail clippers and at some places even sawing needles while massively all sorts of weapons, including tanks, can FREELY pass borders around the world.

Psychologically, the "sharp object" correlates with the Pineal Gland whereby we can penetrate into the Center of centers, which is the SOURCE (just be "dull" instead?).

And now the Artificial Intelligence to COMPLETELY REPLACE the use of the BRAIN.

Do we have to explain more?

Jesus, "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

This REFINEMENT of Spirit can be Blocked by the Pineal Gland not to be in full Synchronicity with the Heart, because the Connecting BLOOD has been Polluted.

ONLY those who still have some Spirit-quality left can HELP with the AWAKENING of Humanity.

Therefore, we need to Know HOW with the True Education, the BODY can be used to REPAIR the Pineal Gland, so that by the CLARITY of Mind TRUTH can be USED to DISARM the DEVIL with the TRINITY.

We have it all WITHIN, by each Red Bod CELL having the DESIGN of the TRINITY.

It shows the Infinity Design, Unifying the Opposites through which its Center the POWER or WILL of GOD flows (see pictures).

With the "Trinity Macrobiotics" used, the VISION can make us SEE ONENESS = TRUTH = PEACE!

Mind

What is MIND? It is not Thinking or Intelligence, but the PROCESS of Using the BRAIN - HOW? We Departed from the SOURCE to have the Human-EXPERIENCE, with the Formula: "the Seed is in the Tree and the Tree is in the Seed". The Seed correlates with the Eternal/Unconditional and the Tree correlates with the Temporal/Conditional. Therefore, the Human consists of the 2 basic Complementary parts: BODY and HEAD containing the Brain. The Body serves the Temporary and from Brain's Center (Pineal Gland, Seed) the Eternal can be Entered with the Consciousness that ALL IS ONE = PEACE.

The Body correlates with the Tree and the Head with the Seed, and in order to Plant the Seed to create the Tree, we are Initiated in Mother's Womb, beginning with the Head in which the first organ begins, the Heart that at a later stage is replaced with the Tongue.

By Mother's BLOOD created from the FOOD that Originated from the SOURCE, the Seed/Head creates the ROOT/BODY (descending from the head), until the Mother is internalized in the form of the Small intestine. From that region the Reversal begins in the creation of the BRANCH/SPINE towards the head, to develop the BRAIN. Now we have BOTH internalized, Seed and Tree.

Upon the internal completion, we can RE-enter the Realm where the Food was Cultivated (= birth). At first, Food became us, then we BECOME Food! This CYCLE can only be completed with the REFINEMENT of Spirit. Spirit is the Channel through which the POWER (WILL of GOD) flows, which means that the Food that Originated from the SOURCE is the Channel of GOD's WILL!

Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the MIRACLE of miracles".

Then, after Birth the Human needs to be Educated, to Know HOW to be the REFINER of Spirit. And this aspect became completely Misconstrued by way of "religion" and all sorts of "education". Today we can Witness it at the Middle East, how different "parties" claim the SAME at both sides of the "common denominator", the BORDER: "this is my border, god is on my side"! "smart weapons galore" as "smarties" (leaders) are stuck in the Process of using the Brain. Using? Not at all.

Therefore, the Basic EDUCATION is needed to Know HOW to BE HUMAN. As is, most allow themselves to be De-humanized by way of the ARTIFICIAL (food, beverages, science, smart-weapons, believes, medicine, economy and many forms of corruption). Suggestion: Enter the Oneheart University to Recondition Mind and Body, to be able to Think in Universal Terms: www.oneheartportal.com/student, sharing a wealth of inspirations as how to Use the Brain and BE HUMAN vs. "AI". JOIN the Revolution of Consciousness!

ALL IS ONE

ALL IS ONE is the First TRUTH.

By it we can be FREE.

By it we can Know GOD.

By it we can Stay AWAKE.

By it we can BE.

Body, Mind and Spirit are ONE, too.

By it there is No Limit when we are ONE with the ONE, when we Know HOW to truly LIVE.

The Body can only have a Limit when it is not One with Mind and Spirit.

Therefore, Body and Head, containing the Brain, are Connected with the BLOOD that's created from the FOOD that comes from the TOTALITY.

Now the Body giving itself to the MIND can Connect with the Greater Body (environment, universe) by way of Smell, Sound, Vision and Thinking.

From hereon we can go Beyond the Mind that is Limited by the Sense of "FUTURE".

Mind must Surrender to SPIRIT, in order to go Beyond SPACE and TIME.

This is so, because Spirit is the CHANNEL of the Eternal NOW or Unconditional.

So, HOW can the HUMAN, being the TOTALITY within the TOTALITY, PRACTICALLY EXPERIENCE the TRUTH that ALL IS ONE?

It requires the BIOLOGICAL BASIS, FOOD, by which we can Consciously RE-Enter the TOTALITY that has no Beginning nor End.

Therefore, we are Contained by the CYCLE, where Beginning and End constantly TERMINATE each other!

It is that SIMPLE, the TOTALITY is Condensed into the FOOD that we REFINE into the Consciousness that ALL IS ONE = RETURN to where the Food Originated = Freedom = Peace.

In other words, "we eat to be eaten" to be Maintained within the Cycle of Creation = to BE ALIVE!

All what in short has been stated here, to APPLY it in Normal Daily Life, requires the Oneheart Teaching that has been kept hidden for 33.000 years (the SECRET), so that Humanity can truly Experience the LIMIT of Body and Mind (by way of money, politics, science, religion) that is NOW come to Evident by the entire Establishment NOT having just one Solution for a single problem.

But now the time is upon us to Enter the "next Semester", to become a GRADUATE in Spirit, as Jesus stated it: "when the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles".

Reptilian vs. Human Brain Use

The Human Heart has 4 Chambers, and the Reptile only 3.

It can be explained “scientifically”, but we will come to much greater Understanding with the Universal Perspective.

Three stands for Trinity, the very BEGINNING of Creation.

Within the Trinity the first Construct, the Circle whereby its Center can be Located with the Dual Polarity, the Cross.

From hereon Creation can be REFINED to UNIFY Opposites, foremost Heaven and Earth.

By the UNION we can Constrict the Circle into the Center.

The closer we can come to the center, the more we can “Reach Out” from WITHIN.

This centering and De-centering Process influences how we Relate to the Earth-Heaven Relationship.

In Evolution the Animal correlates with the first part of the Heaven-Earth Cycle, and is Horizontally (part of the Circle) integrated.

As such, the Circulatory system is more LINEAR, typified by the TAIL extending from the Body.

Here the Blood’s circulation is centered by the Heart only with 3 Chambers: one correlating with the tail’s ending, one with the head and one to connect both.

But as the animal Evolves within the Earth-Heaven Cycle, its Ascending part requires the Greater amount of BLOOD to Activate the BRAIN. As such, the Heart needs the Extra Chamber to regulate the Blood’s circulation, Upwards.

So, more Blood flows to the Brain and less to the tail.

Consequently, as the animal becomes more upwards oriented the tail gradually “vanishes”.

And this becomes biologically Obvious by the HUMAN Emergence from the Animal-kingdom.

With the 4 Chambers of the Heart 2 of them can be used to connect more with the Lung-Heaven connection, which contributes with more oxygen to the Brain and “Higher Thinking”.

More can be explained, as how all sorts of Problems (heart, mind, emotion, blood, diabetes, cancer, the animalistic can arise by NOT knowing HOW to CONTROL the BLOOD’s Quality by way of FOOD and way of LIFE.

Universal Observation of the Brain-use

(Macroscopic)

Up till now the Brain-use is merely understood by analytical observations as how parts and fluids combine, relating to bodily functions. MISSING are the 2 Fundamental PERCEPTIONS, as how we Relate to the TOTALITY of which the Human is its Microcosm. In other words, the Human is the Totality within the Totality.

The Original Totality is that of the Unmanifest, which becomes the Manifest with the POLARIZATION. As such, the use of the Right-Left brain. Hereby Distinction can be made in a DUAL way, such as right-wrong, good-bad, like-dislike, mine-yours. Consequently, the Perception cannot be ACCURATE in the Evaluation. It also leads to the Limited Relationship with the Surrounding. Territorialism will then LIMIT us to Relate to the TOTALITY, which can lead to all sorts of CONFLICT. It even leads to the Limited Understanding of the SELF.

The TOTAL PERCEPTION is based on the TOTAL COMMUNICATION with the TOTALITY. Hereby the Total INNER-OUTER Synchronicity is needed. The Outer-Totality is Contained within the “Heaven-Earth

Realm”, that we can illustrate by the Circle and its Center. Both are Biologically integrated and correlate with the Polarization of Small-intestine and Brain. Hereby the TOTAL-Perception becomes possible.

So, these are the two different ways of Using the Brain, the Horizontal and the Vertical. It explains the fundamental Difference between BELIEVE and THINKING. Believe implies the Incomplete Perception, by either the Right or the Left use of the Brain be Dominant. It does not allow the Perception of the Opposites be COMPLEMENTARY. As such, “Believe” comes about, which does not allow the Perception from the Center OUTWARDS. It also negates the Pineal Gland be used as the Unifying Catalyst of the Right and Left Brain.

The Total Inner Heaven-Earth Alignment allows the entire Nervous System ASCEND via the Spine to the Pineal Gland, whereby we can TRANSCEND the Horizontal Mindset = THINKING. This Vertical Alignment requires the Right BLOOD quality along with the True EDUCATIONAL Process. It needs the Total Overhaul of Humanity’s way of Life and Behavior Pattern. Only then can we set the Basis for the Attainment of SANITY and Lasting PEACE.

True Thinking

Wrong Thinking is the Only Problem in Life (Bhagavat Gita). What does it take to Correctly Think? Why do we Think, anyway? The Brain is needed to be able to Think. So, why do we have a Brain? The Brain is of the Head. The Head is the first construct upon Conception in Mother’s Womb. In it the HEART begins and descends as the Body evolves from it. Now the Being consists of Two parts, Head and Body, and is Born when the inner Heaven (Head) and inner-Earth (Body) are fully connected. As such, the Being can Synchronize Heaven and Earth via the MOUTH by way of FOOD. The Awareness of what Enters the Head is firstly Registered by the TONGUE (Taste) that was at the stage of Conception, the initiator of the Heart.

So, there is a Direct Tongue-Heart relationship. The Food continues to Descend to the lowest part of the Body, where it is Biologically Transmuted in the Small-intestine, into the BLOOD. Then the Blood ascends via the Heart to the Head/Brain. With the Two inner-Polarities, of Small intestine and Brain, the Heart is Synchronized with the SUN, because Small-intestine and Brain correlate with Earth and Heaven.

As such, the inner Heaven-Earth relationship pulsates the Heart. With the Inner-TRINITY (Small-intestine-Heart-Brain) the INNER and the OUTER can COMMUNICATE by way of THINKING, because Thinking is the Continuation of the REFINEMENT of the Food (created Without) into the BLOOD (created Within) ascending via the Heart to the Brain by which we can THINK. In other words, from the Mouth/Head on, Food continues internally to the Small-intestine-Heart-Brain, back to the Food-cycle by Thinking.

THINKING is the Refinement of the Outer-Inner Relationship! Thinking is increasingly Refined Food via the Central nervous system up to the Brain, and by it, Observation, Choices, Behavior and any form of Relationship are Influenced accordingly.

With this Biological/Universal Process, as How the Outer is Refined via the BEING, we can also KNOW what it takes to CONTROL our THINKING by way of the ART of COOKING and EATING. With the Cooking of Food, the Relationship with the Outer can be Controlled before it is further Refined via Body and Head, back into the Outer by way of Thinking and related aspects. Neglect of this Responsibility of Control will Automatically RESULT into a way of Thinking and Behavior that is also Out of Control ... with all the Consequences thereof.

As such we cannot be fully BE and are rather Valued from the Outer instead of Valuing from WITHIN. NOW ... let’s go much DEEPER. NOW is the Direct Link with the ETERNAL TOTALITY, of which the Genuine

Human is its Microcosm. NOW correlates with the Center of centers. In the above this Center is mentioned as the Center (Heart) of the Being and that of the Universe and Creation (Central SUN).

All of it can be Understood by way of THINKING. So, let's THINK. The illustration of it all is the Circle and its Center. Both are ONE, The Circle is the Expanded Center and the Center is the Contracted Circle. This Relationship correlates with the Absolute and Eternal CONSTANT of Creation, which is CHANGE, Maintaining the CYCLE to Synchronize each Part of our Being with the Totality. Change is therefore the LAW of laws (ONELAW). It cannot be other than by LIVING the ONELAW, to be in Control, of HOW FOOD can be REFINED into THINKING ... that we can BE Conscious to be ONE with the TOTALITY or GOD. So, have the Universal PERSPECTIVE of Changing the Outer into the Inner and the Inner into the Outer (True Macrobiotics) = TOTAL THINKING and BEING.

Difference between:

- Truth and Knowing?

Truth is Hidden and Knowing is the Revelation.

- Knowledge and Knowing?

Knowledge is an Information to be Investigated. Knowing is the Confirmation of what IS.

- Truth and be Honest?

Truth is Self-evident, Honest is doing the best to know the Truth.

- Possibility and Probability?

Possibility suggests Purpose, Probability creates Meaning out of Purpose, both interacting trying to figure out How the Construct.

- Inner and Outer?

The Inner is of the Observer and Outer of the Mirror. Those who SEE best are of the Observer.

- Now and Time?

Now is Condensed Time and Time the Expanded Now.

- Here and Space?

Here is Condensed Space and Space is Expanded Here.

- Food and what Eats?

Food creates the Eater, the Eater Refines the Food into Consciousness (9 stages, depending on the ability to Refine = give greater Purpose and Meaning to what is internalized).

Fashion

Fashion has been used for two reasons.

1- Business: It is a lucrative industry that drives commerce and profits. 2- Control of Bodily Functions:

Clothes help regulate bodily functions for ulterior motives. Animals don't wear clothes because their skin is sufficient to harmonize their inner and outer body functions, allowing the blood to maintain bodily functions without needing to divert excessive energy to the brain for higher consciousness.

Humans, the only "animal" endowed with free will, require more blood flow to the brain for clearer thinking. Clothes reduce the emission of bodily heat, directing more energy from the blood to the brain through the central nervous system, aiding in the ascension process. Clothing, especially around the waist, is essential as it protects the area where food begins to change into blood. This area, known as the Inner-Mother or small

intestine, requires warmth for biological transmutation. Women, in particular, need to protect this area to guard their nature to reproduce from within. This is why many cultures historically protected the waist area with clothing. The exploitative system understands this and seeks to control humanity's blood quality by manipulating food and beverages. For example, the normalization of cold drinks and large beverage sizes, along with the idea that we need to drink excessive amounts of water, are all part of this control.

The fashion trends that emerged in the 60s and 70s, such as open-belly fashion and shorter skirts for women, mimic the attire historically associated with prostitutes. This normalization has led to an increase in bodily issues like ovary and breast cancer, as well as a decrease in men's respect for women. This trend has also contributed to the prevalence of degenerative diseases in both body and mind.

Note-

It all began at the Hollywood Boulevard, which was the main market of the Prostitute, Then it shifted to the Sunset Boulevard (60's). At that time the Calvin Cline fashion to Lower the wasteline of the bluejane. Then in the 89's Rosecrans street became the Fashion area, from where all sorts of "belly-exposure" fashion grew. Then it became global.

Creation of Polarity to KNOW,

to bring forth the Consciousness that

ALL IS ONE

- 1- First Truth: ALL IS ONE, "illustrated" by the Invisible Circle or TOTALITY-unmanifest.
- 2- WHO can make it Visible?
- 3- The ONE who raised the QUESTION, Who must become the OBSERVER.
- 4- HOW to Observe?
- 5- CHANGE the Unmanifest into the Manifest.
- 6- By this "First-question" the POLARIZATION is Originated, because the Question requires the ANSWER.
- 7- As such, the ONE who raised the Question must Enter the QUEST = SPACE = EXPANSION. (YIN).
- 8- Then, in order to KNOW, the Question has to RETURN to from where the Question was raised = TIME = CONTRACTION (Yang).
- 9- The Transit of Question into Answer Polarizes with the Center of the ONE who raised the Question.
- 10- But, before the Question can be REFINED into the Answer, we have the EXPERINCE in Space and Time.
- 11- Space and Time are the DELAYED Perceptions of HERE and NOW, which is the Presence of the ONE within the TOTALITY-unmanifest.
- 12- The Questioner can also Manifest to have the EXPERIENCE within the Gap that exists between the End of the Question and the Beginning of the Answer. Therefore, it needs the TOTALITY-manifest in the Human FORM, the BODY.
- 13- This ONE-manifest is the HUMAN, who wants to KNOW How to BE. Therefore, the Body needs to be Polarized with the Head-containing BRAIN.
- 14- By the TOTAL Being (BE), the Total PORTAL is created, to Freely Travel between the SOURCE and Manifest = FREEDOM!

All of it comes to CONSTRUCT in Space and Time, by the TOTALITY-manifest in the Human FORM. FORM Originates with the Question-Answer, to Experience ONENESS = Trinity Portal.

Therefore, the TOTALITY-unmanifest or "invisible Circle" has to become Visible by the Question-Answer-Experience.

All THREE, Question, Answer and Experience are a Part of the TOTALITY or Circle, and thus each is LINEAR

Put all Three as One and we have the Three equal-sided TRIANGLE.

Now the Circle can come to Manifest WITHIN the Trinity = beginning of the Human Form.

Within this Circle the First Polarity is Horizontally introduced, which becomes the Right-Left BRAIN whereby the Space-Time Experience becomes possible.

The Horizontal correlates with REACTION or ENERGY, originated from the POWER whereby the Totality is Maintained.

As such, the Horizontal must create the Unifying Center, which correlates with the Center of the BODY, the HEART.

The Body creates the BLOOD created from the Condensing of the Circle = FOOD.

The Blood Synchronizes the Outer-cycle (Descension-Ascension) with the Inner cycle (blood's circulation). Consequently, the Horizontal can make the Shift into the Vertical, whereby the Heart can be Polarized with Brain's Center (Pineal Gland).

With the Total Heart-Pineal Gland Connection, also the Total Connection is made between the Observer-Unmanifest and the Observer-Manifest.

As such, the Total IDENTITY: "I AM that I AM".

Moreover ... :

- A- Intellectually, the Trinity consists of WHAT, HOW and WHY.
- B- The WHAT correlates with the Symptom or that what Contains the "Secret" (Skin of the Manifest).
- C- The HOW correlates with the Attempt to Know How to Reveal the Secret (Experience is the "unskinning").
- D- The WHY Initiates the Process to KNOW and what to DO with the Revelation, to Refine it in Purpose and Meaning.

Conclusion

ALL of what the above has explained, describes the UNIQUENESS of the PRINCIPLE whereby the POWER that the TOTALITY is MAINTAINED by that the CENTER of centers can Serve as the CONTROL in the Creation of the HUMAN CONSTRUCT in Space and Time, to create the Consciousness that ALL IS ONE. Therefore, the TRINITY needs to be Captured WITHIN the Circle.

In contrast, the "Flower of Life" is the Design whereby the CENTER of centers is EXTERNALIZED, to create the ENDLESS Expansion of the Trinity to be Created from WITHOUT. As such, the CONTROL of PERCEPTION can be "SCATTERED" by the "All is Two". It serves the Dual Use of the right-Left BRAIN whereby Perception is Principled from the Outer towards the Inner = MICRO-scopic, contrasting the MACRO-scopic. The Micro correlates with Reaction (Fission) to create ENERGY and CONDITIONAL (War). The Macro correlates with the POWER (Fusion) whereby the TOTALITY is maintained by, the UNCONDITIONAL (Peace).

The True Human can use BOTH, Conditional and Unconditional, providing that the Pineal Gland can be used as the Portal (to connect the Unmanifest/Question and Manifest/Answer) from where the CHOICE can be made to BE ("I AM that I AM"). The "first I AM" is the TOTALITY-unmanifest and the second one is the TOTALITY-manifest or HUMAN. In other words, the HUMAN is the TOTALITY (Center) within the TOTALITY (Circle). The Center is of the Observer and the Circle is of the Mirror. The GOAL of Life is the UNION of Observer and Mirror.

FOOD (Condensation of the Mirror) needs to be REFINED by the Human, to become Consciousness. Therefore, the Trinity has been Biologically internalized, to become the Digestive (Contraction/down), Nervous (Expansion/up) and Circulatory (Unifying/centering) Systems.

As such, by Consciousness Spirit can be Refined through the Human. Jesus: "When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles". Spirit is the CHANNEL Through which the POWER or GOD's WILL Flows. To LIVE by the WILL of the ONE is to OBEY the LAW of laws, which is CHANGE.

By Change the ONENESS of Center and Circle is Secured, hence the Polarity to be Used to have the Circle be the Expanded Center (Yin) and the Center be the Contracted Circle (Yang). Realistically .. the RETURN to the SOURCE with the Consciousness that ALL IS ONE Begins with the CHEWING of the Total FOOD = MACROBIOTICS!

WIN with TRUTH!

Humanity came to Earth to WIN with TRUTH, so that the PORTAL of PEACE and LIBERATION can be Opened!

Truth is TOTAL, so Earth had to Internalize an utmost TOTALITY, to be centered in Her Nucleus.

Meteors descended to influence the Nucleus.

Evolution was then needed to gradually Radiate Earth's Center to the Surface and further within the Ionosphere (Magnetism).

Finally, the Human integrating Earth's Nucleus into the BLOOD.

The Blood Ascending to the Heart (inner-SUN), so that Earth can Radiate beyond the Ionosphere.

It has also opened the Portal for Evil Spirits to come to Earth. Influencing Human's MINDS.

Religions were then created, to MIX the Good and the Bad, so that the BRAIN can be used on the Horizontal (right-left brain), to perceive on terms of right-wrong. good-bad, like-dislike, mine-yours = halve-truth.

As such, WARS came about to EXPERIENCE and KNOW the DIFFERENCE, whereby the CHOICE can be made: "to BE or Not to BE".

WE have Arrived at Earth's PORTAL, the Ionosphere that is now used by the DARK by way of SCIENCE.

Therefore, the prophecy: "at the End there will be the War between Science and GOD".

To WIN the War of wars, GOD's WEAPON must be used, TRUTH.

Truth is TOTAL and can be Used, by the BLOOD to further ASCEND to Brain's Center/Portal, the Pineal Gland from where Earth's Radiation can BREAK THROUGH the Ionosphere (now scientifically controlled) into the Infinite Universe.

The Planetary Lockdown is not just about a "virus", but the Virus of Mind and Soul.

We must TAKE OFF the Mask of Ignorance, to Fully Breathe, so that the Blood can be the Channel to REFINE Spirit.

Not the Church, but the BODY is the Temple of GOD (the Pope turned it around: "the church is the Body of God. Also stating: "Lucifer is God").

GAZA has become the Battleground, involving all of Humanity to do the SELF-EXAMINATION, to Know which God/GOD is being Worshipped.

Therefore, 3 main religions are involved, representing the Trinity of Mind potential.

Now the Weapon of GOD to be USED, or not:

- 1- NOT to BE – taking Sides by having the Right-Left Brain be used, the one over the other = Halve-truth, to be the Loser.
- 2- To BE – Vertical Use of the BRAIN, by the Heart-Pineal Gland Polarization, to be Unified with the Purity of BLOOD (therefore Macrobiotics).

Religion based on BELIEF (the One over the other) is now USED by the DARK.

Belief must now be shifted into true THINKING.

This Book explains How to READ the BOOK of books, the HUMAN who has it ALL.

Read it with the TRINITY Mind.

Under or Over the Bridge

Much “water has flown under the bridge”. It all went back to the ocean from where it came from, via the clouds.

The BRIDGE has remained Steady as the Link while on Land.

What goes over the bridge maintains the Oneness on a Solid level.

What is the Choice?

Chase the clouds or simply walk over the bridge to UNITE the TWO?

The Human has it ALL, ocean, water, clouds, bridge and the WALKER.

What is the Choice?

Just know how to WALK HEAD UP.

Others want to SWIM.

We can Walk Up the Mountain when on Land.

With just Swimming we remain on the Same level.

Swimming does not just imply water.

We can “swim in money”, Recycling UNDER the bridge.

“Under the Bridge” is of the Duality, the ignorant who stop with the Swimming when in the Coffin.

“Over the Bridge” is of the Trinity, correlating with the right-left Brain that can be Unified with the Pineal Gland.

From thereon RISING beyond the Clouds.

Manifest Reversal

With the Understanding that Polarity BEGINS with the Question-Answer Principle, which Ultimately requires the Total BRAIN use, whereby the DECISION needs to be made, to give the TOTAL-answer on the TOTAL-question or not (the Lie)... the POSSIBILITY exists that by FORGETTING the Original Question ... the Manifest can be Totally REVERSED. As such, the Return to the SOURCE will go along with the DESTRUCTION of the Nucleus (Unifying Center).

This Principle of Reversal was realized with the creation of the Atom Bomb, from where the Nano technology came forth to Lead the Brain use into the increasing DEPENDENCE on the External. It has come to the possibility to REPLACE the Brain use by way of the Artificial Intelligence Technology. Then, it can Ultimately lead to the Collective Choice to USE ALL the atomic weapons (20.000) for the RETURN to the “big bang”, to again know what it takes to Create the Polarity whereby we can have the HUMAN-experience by way of TRINITY (“good luck if we get another chance”) HOW can we WAKE UP and SEE what is Actually HAPPENING Today?

As is, the entire Establishment has not one Solution for a single problem. All of it was foreseen 33.000 years ago, but no one could interfere for Humanity to go through the Grand Experiment/TEST, using the right-left brain (to excel in science), to find out HOW to Transcend the DUALITY and the consequences thereof, to then be able to Enter the New Era ("Golden Age"). But now, know that the Experiment is OVER! HOW to Return to the WAY? Therefore, the Liberating SECRET to be REVEALED (Mystery Egg-s Content).

The SECRET was kept Hidden, not to be Revealed until the Sign was given. "There will be a gourd full of Ashes and explode". This Sign turned out to be the atom bomb that was dropped on Hiroshima. "Then, there will be another gourd full of Ashes, of PEACE". This gourd became full of the Ashes of Fire Ceremonies from around the World and was then burned at the Mt Fuji/Japan region. This Fire was ignited with a remainder of the Hiroshima Fire. The completion of the FIRE-element at the Mt Fuji region and the Resulting Ashes, correlate with the REVELATION of the SECRET in the form of the Oneheart TEACHING (to gain the Liberating Universal Perspective), for Humanity to Know HOW to be Liberated from the Velvet Prison of Ignorance and Indifference.

Humanity is now in the grip of the "Leading Spirits in the Flesh" (Presidents, Academics, Scientists, Millionaires, Priests). They all hold on to "authority", and without enough TRUE HUMANS, Evil Spirits will have a party, enjoying Humanity's Sacrificial BLOOD.

A. Einstein, "Brilliantly Insane"?

What is Insanity? The noun insanity originated from the Latin word insanitatem, meaning "unhealthfulness" relating to the mind NOT be possibly FULLY USED with the Pineal Gland, whereby the Outer/Heaven and Inner/Earth can be UNIFIED by way of FOOD/BLOOD. Einstein died of a bleeding stomach affecting the heart, so that his BODY could not Fully create the Needed BLOOD to Ascend to the Pineal Gland, to REFINE SPIRIT.

Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles". Spirit is the CHANNEL through which the POWER Proceeds (GOD's WILL, whereby the Unmanifest can CHANGE into the Manifest). In other words, by the POLARIZATION (unmanifest and manifest) the POWER can FLOW. Spirit is the Flow or Channel for the POWER to PROCEED, from the TOTALITY-Unmanifest into the TOTALITY-Manifest.

By these TWO, Unmanifest and Manifest, EXPANSION and CONTRACTION become the factors of the PERCEPTION of what IS. Also, Polarity is Polarized and can be illustrated by the Circle and its Center creating the CROSS.

The Circle correlates with the Totality and is Biologically (by way of FOOD) integrated in the Human FORM (BODY). The Center correlates with the CONSTANT of the Totality (Creation, is further condensed into Food). This Constant is the LAW of laws = CHANGE. The Cross correlates with the Double Polarity: Horizontal (deductive mindset), Vertical (inductive mindset).

Hence, Un-change and Change become the Polarity to ACTIVATE the Manifest, to create and Maintain the CYCLE. All of it comes to Function within the Human, who in turn can RELATE to the entire Process by the Polarization of Being: BODY (lower part) and HEAD containing the BRAIN.

Designed as the REFINER of Spirit, the POWER continues to Internally Flow by the BLOOD that correlates with the Outer Flow, of CREATION. The Body-cell correlates with a Corresponding Star and the 12 Organs with the 12 Constellations. The Human can be the TOTALITY/center within the TOTALITY/Circle, by having TOTAL Health, of Body, Mind and Spirit.

Not until this ONENESS is accomplished, the Human will Remain in SEARCH (until we run out of Time) for TRUTH, to KNOW the Only ONE, GOD.

The SEARCH goes along with the RE-search (“RE” means to continue, Change). Even the Gods have to deal with the Ongoing Search, which can create the wars in the Heavens.

So far, Humanity has been doing the “RE-search” with the RIGHT-LEFT Brain USE. Consequently, TRUTH which is TOTAL and UNCONDITIONAL, CANNOT be “grasped” other than by the “the one over the other perception”: right-wrong, good-bad. like-dislike. mine-yours. As such, conclusions are made by HALVE-truths, which can lead to WAR and all sorts of corruptions, including lack of Health = Un-whole and Unholy.

Hereby, secondary and inferior Gods are WORSHIPPED (by way of Religion), who can only Dominate as long as they are PLEASED with the BLOOD-Sacrifice (Example today: Ukraine, Gaza). “Blood Thirsty Gods” welcome War and Slaughter, so that the Sacrificed-BLOOD can “Ground” them, to be a Part of the Earthly Drama. Has Humanity just become a refined “Star Wars game entertainment” of some Gods who are bored (for instance, who is Yahweh)?

Thereby the Brain-use on the Universal level cannot fully Grasp what it takes to Create and BE in PEACE (merely “in pieces”) by the Independent Choice-making. Humanity has been USED by how Warring-Gods want to Dominate Humanity (all part of the PLAN?).

As long as the Conflicting Right-Left Brain is not fully CENTERED with the needed BLOOD, the different ways to DESTROY the Unifying Center will Scientifically continue (= “mental chain reaction”). As such, FISSION came to MIND and from there on the Science to Robotically REPLACE the HUMAN in the Image of an Inferior God.

Warring Gods and Humanity

Wars have been waged throughout the Universe. Gods and Goddesses could not make Peace. Planet Earth was chosen, to find out HOW World Peace can Open the PORTAL of PEACE. Planet Earth has the Great Density, and its NUCLEUS needs to be Released to REFINE SPIRIT into the CONSCIOUSNESS that ALL IS ONE. Therefore, the HUMAN CONSTRUCT is needed.

As Jesus stated: “when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles”. As such, the Human must have the BLOOD (created from the Total FOOD) whereby Earth’s Nucleus can be Refined to become that of the Blood. Then, the Nucleus can ascend via the Hearth to BRAIN’s Center, the Pineal Gland from where the needed Consciousness can Rise into the Infinite Universe = Lasting Peace.

Therefore, selected Gods were involved, who were involved with Heaven’s Wars. Humans gave them different Names along with the creation of different RELIGIONS. As such, the Religions enacted the WARS on the Earthly plane, whereby the Brain has been used in the Deductive manner. The Right-Left Brain use created all sorts of BELIEFS whereby Half-truths served the creation of the Earthly WARS: right over wrong, good over bad, like over dislike, mine over yours. As such, the BORDER became the Common denominator, where on both sides the SAME is claimed: “this is my border, God is on my side”. All of it has come to the EXTREME.

The ONLY way to make an END to it, with PEACE, is to have the Common denominator of the TOTAL CENTER, which is the ONLY NUCLEUS of CREATION. This CENTER is the LAW of laws, GOD’s LAW and POWER that keeps the TOTALITY TOTAL. It is the Only CONSTANT, which is CHANGE.

Therefore, the Outer and the Inner must be in Synchronicity. Each Cell of the BODY has to be in Harmony with the corresponding Star = PEACE. The Complete FOOD along with the Total Use of the BRAIN is needed. By the Food CHANGING into the BLOOD and by the Blood igniting the Consciousness via the Pineal Gland, the Cycle of ONE is Completed = PEACE.

Conclusion (Oomoto Scripture, Japan):

The Divine BEING is the Original ROOT: all the Divine Ways come from one SOURCE, and so all Religions shall be United as ONE. Although there is only One Divine Being, mediators (different Gods) are so narrow minded as to make distinctions with each other, in consequence of which the Divine WILL may remain unsuccessful. With regard to the Reconstruction of the world, it has been declared that incorrigible mediators of churches shall be judged first.

And so, it happens today, REVEALED as how their Followers behave by way of all sorts of Conflict. All of it was foreseen 33.000 years ago, but no one could interfere for Humanity to go through the Grand Experiment/TEST, using the right-left brain, to find out HOW to Transcend the DUALITY and the consequences thereof, to then be able to Enter the New Era ("Golden Age"). But now, know that the Experiment is OVER! HOW to Return to the WAY? Therefore, the Liberating SECRET to be REVEALED (Mystery Egg's Content). The SECRET was kept Hidden, not to be Revealed until the Sign was given. "There will be a gourd full of Ashes and explode". This Sign turned out to be the atom bomb that was dropped on Hiroshima. "Then, there will be another gourd full of Ashes, of PEACE". This gourd became full of the Ashes of Fire Ceremonies from around the World and was then burned at the Mt Fuji/Japan region. This Fire was ignited with a remainder of the Hiroshima Fire. The completion of the FIRE-element at the Mt Fuji region and the Resulting Ashes, correlate with the REVELATION of the SECRET in the form of the Oneheart TEACHING (to gain the Liberating Universal Perspective), for Humanity to Know HOW to be Liberated from the PRISON of Ignorance and Indifference.

VISION of a Child at the Gaza came while Tawa was smoking the Sacred Pipe.

A child in the middle of a bombed home, all in rubble.

Both legs fully crushed by blocks of concrete.

All around family moaning in pain.

Listening to people trying to rescue, while bombing and shooting goes on.

Meanwhile fire spreading around, to be burned alive.

Feeling of pain decreases as the blood via the legs drain.

The Mind is now fully awake for a Vision to be received.

What have we done to deserve this Cruelty, the Child asked.

Great Spirit:

"Child soon you will fully understand, I will be there to Explain.

Humanity is now coming to the Last Test.

The Jew believes to be the "chosen people" and can do what THEY want.

The God they worship is one of the many, each having a different role.

Similar as Humanity has.

The Purpose of the Divine PLAN has been overshadowed with Perceptions of own design.

EACH one of Humanity is the CHOSEN ONE.

How else can it be, since each one has been created in the Image of the SAME ONLY ONE?

Planet Earth is unique, and its Purpose is to have each Human be Synchronized with the SAME Nucleus of the BLOOD, whereby we can Function, Feel and Think.

It is only by the Blood be different in quality, that the BRAIN is differently used.

As such, the Different Perceptions of what is TRUE.
TRUTH is TOTAL and cannot be Divided of what is Right or Wrong.
What is HAPPENING NOW, my Child, is a part of the AWAKENING.
Soon you will be Fully Awake, to KNOW.
Then you can be a Great TEACHER for all to KNOW, to be Prepared for entering the Golden Age.
Your People have been Chosen to WAKE UP Humanity,
Hold on my Child, you are Truly BRAVE, more so than those who Hide behind armor".
As the Child is slowly "saying goodbye", she cries with great HAPPINESS!

Yahweh – Allah Discussion

Y: Allah, you are a "late-comer". I was first mentioned in the Bible. So, you better listen to me.

A: Yahweh, you blossomed first because you could not wait, to lead Humanity without the Massacres. Remember? Why did you choose a "few" to do the killing for you?

Y: Yes, I thought that it was needed, to see How Negativity can be dealt with, regardless which side is "right or wrong". Unfortunately, Roma interfered in the Process, by the "few" to get authority, politically, economically and scientifically, all behind the scenes. As such, Roma became one of the greatest shareholders of the Weapon-industry, with all the consequences thereof.

A: And now the "few" are benefitting from the Weapons, with your Blessings?

Y: I am so sorry, tell me Allah, what can be DONE?

A: We are in a real MESS. The "few"; Roma's followers and your followers will not Listen, because MONEY and their convoluted use of Mind, have made them Deaf, Arrogant and Blind for TRUTH.

Y: I am so sorry. We are also in the state of Ignorance and are supposed to Learn from what is today happening on Earth. The Blind are leading the Blind, justified by what the "scriptures state", in the "name of religion".

A: Both of us must find out How we can HELP Humanity to SEE ONENESS. The Human must use the PINEAL GLAND to be in Control of the Brain. As is, the primary Right-Left Brain use disables Humanity to Clearly THINK. It rather leads to the Convoluted use of the Brain, by having the right over wrong, good over bad, like over dislike, mine over yours. As such, NEVER knowing the TRUTH, which is TOTAL and Unconditional.

Y: Yes, Clarity of Mind to begin with, instead of the endless political "negotiations". HOW can we be of Help?

A: We must find out HOW Humanity can be Inspired to do the Self-examination, and this We can initiate by US BOTH to do so, NOW. Humanity must Know that we are merely an INSTRUMENT of GOD, and that GOD is Within the Human and All things.

Y: So, it is a good idea to stress on the Self-Examination and the Revelation of the SECRET that has been kept hidden for 33.000 years. Ask Tawa about it.

A: I suggest that this Conversation is made VIRAL!

Y: Good idea. Tawa has Recorded our dialogue.

A- Tawa, will you, do it?

Tawa: Will do my best!

Principle and Precision of the
Liberation Portal vs the Lockdown Portal

At the ORIGIN, SOURCE or TOTALITY-Unmanifest there is no Dimension, Perception, Purpose and Meaning.

Just profound Deep Sleep or Total IGNORANCE.

The AWAKENING can Only be by the POLARIZATION, and requires the POWER whereby the Totality is Maintained, to be DISSOLVED – HOW?

And this is the Divine Mystery that we Named (“Only One, Creator, Great Spirit, Kami, etcetera).

In Search for Truth, to KNOW, we CONSULTED “Great Ones” of the Universe, who are ALSO in a stage of Development, and this explains why also in the Heavens WARS have been waged between Gods and Goddesses.

So, WHO is the GOD of gods?

The best answer we can come up with is by the reasoning that Ultimately there is the UNMANIFEST and MANIFEST, which we come closest to Experience in the Day-cycle, by SLEEP and AWAKE.

While Asleep we Experience the ETERNAL Oneness and “Unconscious Happiness”.

While Awake we Experience the FINITE Duality by which we try to “Capture Happiness”.

Consequently, “finite things” (objects, money, credentials, body-image) we Culminate in the FUTILE attempt to “Secure Happiness”.

Pathetic, every night when Asleep, ALL that we culminated (money, diplomas, medals, property) does not mean a thing.

All we must leave behind, including the body stowed in a coffin.

Also, relatives performing the “last cry” around the coffin.

Others Rudely ending the Experience on the Battlefield to Please a Secondary God with the blood-Sacrifice.

What a DRAMA, now coming to its Conclusion!

Yet, most have NO Clue of what HAPPENS, besides of what the “media reports”.

We Entered the PORTAL that Connects the TOTALITY-unmanifest with the TOTALITY-manifest.

NOW we must come to the CONSCIOUS Conclusion of what has transpired, so that the STEP can be made into the Next Era (Golden Age).

In other words, the 4th World Prepared us by “trial and error”, so that in the “5th World” we can be FULLY AWAKE.

As such, HAPPINESS can be EXPERIENCED, BE the “Living Diploma”!

Then we will KNOW The ONE?

Can we only KNOW by the Union of Question and Answer?

If so, then our TRUE BEING can only KNOW by the Center of centers to be located at the Pineal Gland!!!

Truly Practice “Macrobiotics

As is, Humanity is SACRIFICING itself to BELIEFS (religions) and SYMBOLS (flags), showing in what DIRECTION to go to....to Enter a PORTAL....

By knowing the Principle and Precision of how any CONSTRUCT within Creation comes about, we can also know the True Meaning of a Symbol or Flag, to Know on what level we SERVE the TOTALITY.

The Process:

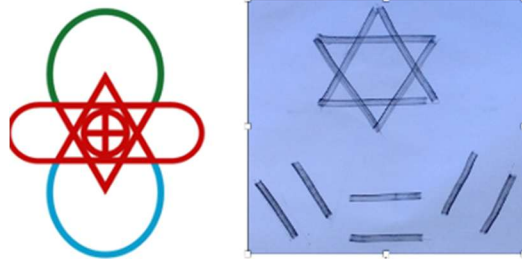
- 1- TOTALITY-unmanifest, we can imagine as the Circle without Beginning and End.
- 2- TOTALITY-manifest, we can illustrate by the Circle and its Center, both Changing in Opposite directions. The Circle Outwards and the Center Inwards. Both Concluded with the “Total-Totality” or NOTHING....
- 3- Now we have the TRINITY: Circle, Center and what Connects the Two (Expansion-Contraction).
- 4- As such, the Circle or Totality-manifest can be Contained by the Trinity.
- 5- The duality can be COMPLEMENTARY as long as it is a Part of the CYCLE, then any PART of the Circle WITHOUT its Complementary, is Bound by BEGINNING and END. Only a Part of the Circle we Perceive as a “straight LINE”, also correlating with a Part of the Trinity in which the Circle can be projected. This reasons

that the Trinity outlining the Circle, that the "straight LINE" is Finite and Superficial unless it is a Part of the Connecting Circle or Curve.

The Underfollowing Illustrations show the Absolute Contrasts, as how the Ultimate Polarities, HEAVEN-EARTH, can Contain the PORTAL of either Total UNION or Total DIVISION/LOCKDOWN:

The right shows the Construct of the Ultimate principle of DIVISION, LOCKDOWN and EXCLUSIVITY. Not that of the PORTAL of Truth, but that of the Contrary:

- 1- Polarized Trinity whereby the Duality is Trinitized.
- 2- Consequently, the Trinity whereby the Manifest is Maintained, cannot be the Portal of Creation, because in any way the Duality is Blocked by and within the Duality, polarized by the Dual Heaven-Earth relationship. Not a speck of Liberation possible. Merely the constant strive of the "survival of the fittest". How "profound"!



The Diabolical

(Bhagavad Gita)



The diabolical ones say, "this universe is without truth, without moral basis, without a God, brought about by mutual union, with lust for its cause; what else? Holding this view, these ruined souls of small intellect and fierce deeds, come forth as the enemies of the world for its destruction.

Filled within satiable desires, full of hypocrisy, pride and arrogance, holding evil ideas through delusion, they work with impure resolves. Giving themselves over to immeasurable cares ending only with death, regarding gratification of lust as their highest aim and feeling sure that that is all.

Bound by a hundred ties of hope, given over to lust and anger, they strive to obtain by unlawful means hoards of wealth for sensual enjoyments. This has been gained by me today; this desire I shall obtain; this is mine and this wealth also shall be mine in future.

That enemy has been slain by me; and others I shall also slay. I am the lord. I enjoy. I am perfect, powerful and happy, I am rich and born in a noble family. Who else is equal to me? I will sacrifice. I will give charity. I will rejoice, - thus deluded by ignorance.

Bewildered by many a fancy, entangled in the snare of delusion, addicted to them and intoxication of wealth, they perform sacrifices in (or for) name out of ostentation, contrary to scriptural ordinances.

Given over to egoism, power, haughtiness, lust and anger, these malicious People hate Me in their own bodies and those of others. These cruel haters, worst among men in the world, I hurl these evil doers into the womb of demons only. Entering into the demonical womb and deluded, birth after birth, not attaining Me, they thus fall, into a condition lower than that.

What is Freedom?

Man should bring under his control the source of pleasure and pain. More than pleasure, it is pain that awakens the wisdom in man. If you study the lives of great men, you will find that it is out of trouble and pain that they derived wisdom. Without sorrow, there can be no wisdom. It is pain that teaches many lessons to man. Not realizing this profound truth, man pursues pleasure endlessly. No doubt, man needs to be happy. But how is happiness to be achieved? It is only when sorrow is overcome that man realizes happiness. Hence everyone should welcome sorrow in the same spirit in which he greets happiness. Pain and pleasure are intermingled. No one can separate them. Pleasure is never found separately by itself. When one is relieved of pain, one experiences pleasure.

Baba

Modern man's ironic pursuit for Freedom is due to its lack of Vision. Indeed, how can we ever see what's behind the horizon when we want to be comfortable only with that which is familiar of what we see of what the outer reflects? Why do we fear the Unfamiliar or Unknown? Why do we fear our True Self?

What we fear most is the Unknown, although from it we were created. We simply Forgot who we truly are and thus try to find a way to find ourselves. So, where are we. You guessed it! We are Here and there is more to it. The Here is also in the Now. We forgot due to the One becoming the Two, for the reason that the Duality is needed to become Conscious. As such we know ourselves by what constitutes the Outer, by the Two. Until we have come back Home...we will identify ourselves by the External, by Objects (feelings are objects too).

Moreover, in order to enter the cycle of Consciousness we must forget first, so that we can become a Seeker. This brings us to the Limit or Turning Point, from where we must Remember and come back to the Source with the Consciousness of Being.

Having Returned to the Self...the Observer can endlessly extend itself in all directions from the "Here and Now", continually transcending the horizon by making it the Stepping-stone. This Observer sees through the eyes of the body and thinks through the brain of the body...and as long as we do not identify ourselves by the ONE...we will get attached to the objects which are seen by the eyes and what the brain entertains around it. The body is an object too. Thus, the barrier is created between Subject and Object. This barrier correlates with the horizon by which the body is limited. This limitation creates FEAR (= the implosion of unreleased energy) and it is by fear that we are reminded that the ONE we try to find is WITHIN, because the ONE has The Power to make that Step.

We fear ourselves, because we are Unfamiliar with the true self, who does not need a passport or credit card to comfortably travel at will. As long as our comfort depends on the illusory, we "live" IN fear and by the acquiring of objects to suppress the fear the fear increases. Fear creating fear. Enemy creating enemies. Ultimately one commits suicide (directly or indirectly), due to the lack of Will or Courage to transcend the limit from within.

We are born with Mother's Labour Pain, to be initiated into the Feeling-body. Then we can feel pleasure and pain, which are the continuations of the "contractions" prior to the birth. By the contraction the mother experiences pain and by the expansion the pain ultimately changes into pleasure. The pleasure of birth. The baby has expanded its horizon. Then it must make its own steps to continue with the expansion of Vision. In other words, in order to find ourselves within our Self...we must identify our Self by what created our Self.

This “self” is the Self or Observer, who has the Vision to SEE, regardless of whether it is dark or light. To truly See is to BE. This BE or I AM is not limited by the barrier between Subject and Object, because it Masters the object (fear and pain are objects too). The I AM is the only ONE, that we also identify as the Observer or Experiencer and not the Experience.

To Know who we are is to have The Power to transcend any limit. Without it we “exist” in fear and since fear does not exist, because it is the creation of the illusory mindset...we are Nothing. The difference between the Nothing or Unknown from where we originated is ...the “first Nothing” created by the mastering of the Nothing within the Dual Realm. The “second Nothing” self-destructs, as the consequence of the object mastering us. In other words, we have become “less than Nothing”. We have become meaningless and worthless at the moment that the object requires us to offer ourselves for its salvation. With this worthlessness there is no Meaning too. We will glorify suicide when life becomes meaningless. So, it is typical that those who commit suicide do it out of fear. The fear to experience pain and overcome it will certainly keep us within the boundary or prison. We can die a “painless death”, but rebirth will assure that we will not escape the labour-pain, that we need to resolve or overcome after the mother helped us with entering the Greater World that can bring forth Great Humans.

“pain-killers” are the greatest Killers! Also, anything we fear becomes our master. The most primitive form of life, the virus, has become the master of the most advanced form of life, the Human? Also, the non-existent has become our master, especially money. Money merely “exists” by a concept of administrative function. So, how can a price-tag govern the Priceless? How can non-existence control the True Being? How can the Finite void the Infinite?

Only the Priceless Self can “buy” the Priceless, such as Freedom. The “freedom” that must be defined by space and time and then be defended with the costliest armies, merely keep us within the invisible prison or birth-death cycle, that one justifies with the notion of “we only live once”. By this narrow point of view and mindset true Love cannot be. True Love is Unconditional and thus cannot be limited by the horizon of the “only one life being”. This we may comprehend with the constant attempt to practice the Unconditional.

Possible Return to the MEANINGLESS

The Problem BEGINS when we STOP with QUESTIONING.

Why do we QUESTION??

Because we DO NOT KNOW.

Why do we want to KNOW?

Because we want the ANSWER.

Why do we want to have the ANSWER?

Because we want to REALIZE.

Why do we want to REALIZE?

Because we want to KNOW the ONE who ASKED the QUESTION.

Where and HOW did the Question BEGIN?

Within the UNKNOWN.

As is, having a Brain whereby we can THINK, we can also REASON.

As such, it Reasons that the ORIGIN of the UNKNOWN is NOTHING, from where we BEGAN.

How can we KNOW NOTHING by way of REASONING to Know the Question that we must Answer all by Ourselves?

Therefore, we must go as Deep as possible into Brain's Use, the Pineal Gland.

HOW?

First of all, with the Activation of the Brain with the BLOOD that has been created from FOOD.

Why Food?

Because it ORIGINATED from the TOTALITY-manifest, Creation.

What created CREATION?

The TOTALITY-unmanifest, NOTHING.

So, at last the NOTHING-manifest in the FORM of the Pineal Gland?

CORRECT!

It correlates with the CENTER of centers, NOTHING.

Ultimately, the HUMAN is the DISTANCE between TOTALITY-unmanifest and TOTALITY-manifest.

Also, the MEASURE between QUESTION and ANSWER.

When QUESTION and ANSWER become ONE, then we can KNOW.

The Ultimate Knowing is to KNOW WHO WE ARE, with PURPOSE and MEANING.

The meaning of Meaning is just that, to Cover the Distance between Question and Answer with Purpose to create Meaning.

How AI can create the Ultimate WAR/Self-destruction



The Principle of the Dilemma is based on the Primary use of the Right-Left Brain. Here the state of Mind (Mind is the Process of How the Brain is used) MISSES the Unifying Center, whereby Opposites can be possibly Perceived as COMPLEMENTARY = PEACE. As such, REACTION will occur between Creator (right Brain) and Created (left Brain). The Creator creates the TOOL., then the Tool CONTROLS the Creator? In other words, Independence can create Dependence, unless the Horizontal Use of the Brain can be Controlled by the one who can be in Control over the USE of the Brain - HOW? HOW to have the Unifying Center be fully Controlled by the one who claims to be HUMAN? HOW to BE HUMAN? It presents the same Dilemma of the ADDICT. At first one can Control the alcohol. Then the alcohol can control the user. So, what happens in this PROCESS? The alcohol can WEAKEN Brain's Center (Pineal Gland), then right and left Brain will React to one another. Both sides become a PART of the Personality. Then the "Two halve-persons" will try to claim the Whole = Insanity = inner-Competition. Have the Nation consist of such kind of "Humans", having "national drunkenness" = War-condition = Behaving less than ANIMALS. Then become the LOWEST after the Slaughter at the Battlefield (also hospital), by the Body becoming Bacteria, Virus and Stench ("mask will not help") = true meaning of "covid -19 (is a code). Want to become Spiritual? NO WAY!

The True Economy

The Use of the the Pharmacy, Hospital, Prison and all sorts of Manipulated foods and beverages do NOT Benefit the TRUE state of Economy – because by the DIBILITATING of the BLOOD-quality with the wrong foods, beverages and experimental “medicine”, the Economic Potential that is based on the Health of the INDIVIDUAL.

It will also Reduce the Brain-function whereby Money and everything are merely VALUED by the fluctuating administrative regulation of numbers... How can the costly “medicine and hospital” ever benefit the TRUE Economy? Why not Educating Humanity to become PRODUCTIVE of Body, Mind and Spirit? And this is what the Oneheart Education is all about.

Obesity, diabetes, cancer and all sorts of mental disorders how can they ever benefit the “Government Of, By and For the People” (true Democracy)? As it is, most of the Economy is in principle used to “make war for peace” (all sorts of law-enforcements), today with the “smart-weapons”, pathetic use of intelligence – is Obviously happening today. The PRIMARY Leaders are those who Support the “Pyramid” from the BOTTOM UP (on the one dollar bill of the US, top of the Pyramid is SEPARATED from the Bottom.

Value

What is Value and How do we value? The Body values itself by its Functions. Using it by climbing Mt Everest gives it greater value than just “walking around the block”. Higher up the “bodily mountain”, the Head ... by it we can use the Tongue, to value by Taste. Smelling, Hearing, Seeing and Thinking. Going “further UP”, we must know HOW to REFINE Value into the Eternal - HOW? Therefore, we need to Know HOW to APPRECIATE to Original GIFT, the BODY.

Appreciation requires Discernment, using the Brain. The BLOOD is needed to activate the Brain-use. The Blood Originates by the TOTALITY be Refined into FOOD, and further into the Body, ability to give Purpose and Meaning by using the Brain.

We are a Part of the CYCLE of Refinement, including GOD’s WILL and the SPIRIT whereby the TOTAL Cycle is Maintained. Jesus; “when the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”. Spirit is the CHANNEL through which the POWER (Will of GOD) flows, that we can Refine into FREE WILL.

When all of the above is truly understood, we can realize how STUCK Humanity has become! By the notion of “we need money”, tells it all. Money and everything related to, including the “diploma to get a job to earn money”, is Pathetic indeed to know that money has been used to put a PRICE on the Priceless HUMAN. The “birth-certificate” is mandatory to be signed by the parent, which makes the Child the Property of the Nation, which is in turn Owned by a “chosen few” who stand “above the law”. Even after death the Body or Ashes, still belongs to the Nation. All of this Silly Process constitutes the Grand EXPERIMENT, to find out HOW the Human can GRADUATE, by being Able to CHANGE “I need money” into “money needs me”.

Money was all along the means to USE the Brain in the REVERSED manner. We have come that far, that the Weapon-industry has become MOST “profitable” by the Human SACRIFICE, today using the “smart weapons”. Even the Vatican, worshipped by millions of Catholics, has become one of the largest Shareholder of the Weapon-industry - who cares, get yourself blessed by the priest before the battle (slaughter).

Abundance

Most are offended when named “beggar” - Why? The true Beggar has the HUMILITY to ASK, providing that when Given, Gratefulness goes along with the REFINEMENT of the GIFT. What does it Mean? The Earth is Refined by the Plant, becoming FOOD. We eat Food to be Refined into the BODY. The Body is

refined by the Use of the BRAIN, whereby we can APPRECIATE. When we truly Appreciate, we continue the Refinement with Purpose and Meaning - HOW? The Formula: "the Seed is in the Tree and the Tree is in the Seed". The Seed correlates with VALUE and the Tree correlates with EVALUATION. The HUMAN is Creation's Greatest GIFT and VALUE. How do we Value Ourselves other than "keeping on to it", which DEVALUATES after deposited in the Coffin? True VALUE becomes GREATER when it can be PLANTED to create more Seeds, ENDLESSLY. True Abundance is of the SHARING, not Hoarding.

The "Beggar" can be of HELP to bring forth the Abundance! In fact, most of the "rich" are false beggars, who DEVALUATE. Their life is used in the Reversed manner, always going by the Lowest common denominator by making "deals, profits". The True HUMAN Values itself by the Highest Common denominator, making it EVIDENT by what is SHARED that can Exponentially GROW by itself. Share and be Shared, as we cannot possibly escape the Abundance that the TOTALITY Freely Offers. We are at the Grand TEST; how can we Change "I need money" into "money needs me"? Do the Self-examination.

Creator's Vault

Any object (invisible "things", such as feeling, space and time are also objects) that's valued by a fleeting perception, cannot be secured outside of Creator's Vault. The outside is merely the CONDITION whereby Parts of the UNCONDITIONAL ONENESS can be temporarily highlighted. Holding on to any object, in the outer, will surely result into the INEVITABLE disillusion and suffering. Only the Creator can CLAIM. "my property". "my country", "my children", "my feelings", etc...are merely indications of the secondary observation, by which the conditional is perceived.

Creator's Vault only contains the PRICELESS, TIMELESS and UNCONDITIONAL. Everything originated from this most secure place by His Ownership. Therefore, Creator's Vault is in each object. The object manifests by what's AROUND the Vault, by the superficial (secondary vision) observation that constitutes the EXPERIENCE in the course of the Quest ("research"). Science has also come to know this to be true, with the discovery that the object consists deep within, of NOTHING! So how can we claim Nothing and price-tag it? Only by putting the attention to the outer can the unenlightened one be fixed within an illusory context or hologram.

The Indivi-DUAL and Democracy

Individual means the INDIVISIBLE-TWO, the TWO but ONE.

That's the very Principle of HOW Creation Emerged from the SOURCE or TOTALITY.

It is known as the "Big-Bang", the POLARIZATION whereby CHANGE becomes Possible and by it the CYCLE that contains the Duality by EXPANSION and CONTRACTION.

These two Tendencies Originated by the QUESTION-ANSWER Relationship.

The Original Question, "Who AM I", that Awakened us at the SOURCE created the Expansion to get a Delayed Perception of HERE and NOW, which becomes known as SPACE and TIME.

With this Original Question we Could Enter the DUAL-realm, Creation, to find out HOW to come up with the ANSWER.

As we are "toiling" within Creation, we must Know HOW to LIVE by GOD's LAW, CHANGE, the Only absolute and eternal Constant to Unite Question and Answer, which is the KNOWING, to BE.

This LAW of laws is the POWER and WILL of GOD that Maintains the Synchronicity of the Heaven-Earth relationship, which is Biologically integrated in the Human FORM.

By this LAW the Individual can Independently find out what the True ANSWER is, to BE FREE by the POWER whereby CONTRACTION Complements EXPANSION.

As such, with the Contraction the ANSWER can be delivered to the One who asked the Question at the SOURCE.

As long as the Answer is not come to completion, we will be Contained by the Cycle of Creation. By these two tendencies Expansion-Contraction we inhale-exhale, eat-. defecate, use the muscles to walk, all in synchronicity with the Blood's circulation and harmonious Heaven-Earth cycle. Also mentally, by using the Right-Left brain to be able to Discern, to create PURPOSE and MEANING by the Dual-experience. Therefore, DEMOCRACY came about, but is not fully Understood and Practiced as it is meant to set the basis of PEACE and BE-ing. All due by not Understanding and Obeying the LAW of GOD, CHANGE. Change happens by the Two basic Relationships between Expansion/question and Contraction/answer: 1- ATTRACTION between Opposites. 2- REPULSION between Similarities. By 1 and 2 CHANGE brings forth the POWER or WILL of GOD = PEACE. But what happen when laws are created to OVERRULE GOD's LAW, to STANDARDIZE Humanity with "Equal Rights"? Then REPULSION will become the SYSTEM of WAR. It is also known as "dictatorship" and "demonocracy". That's why democracy, based on "Equal-right", wherever it is applied, it goes along with WAR, because Similarities REPEL one another. It is a System that can lead to ROBOTIZATION and by Subjection Humanity to the Artificial intelligence, this would be the ultimate form of DEMONOCRACY (a word that has been deleted from the dictionary. ... why?). The True Democracy can only come about Under the LAW of laws, GOD's, which requires the Planetary EDUCATION for the Human to Know HOW to LIVE IT.

BE Cool!

What HAPPENS at the HEAT of the Battle?
"hot-headed" and not be able to THINK?
What is "ON the Mind", created from WITHOUT?
Quite different than what is Projected from WITHIN.
The Heat is created by the REACTION, right-left brain not having the UNIFYING Center, to "BE Cool".
By the TRINITY of Mind, we can BE in CONTROL, wherever we ARE.
Who and What is Triggering the right-left brain to "ping-pong"?

Who and What are we Denying?

We cannot BE by the slightest Denial., because the TOTALITY contains it ALL.

Know that the True HUMAN is the Totality within the Totality.

The Seed is in the Tree and the Tree is in the Seed.

The Tree is of the Temporary and Conditional.

The Seed is of the UNCONDITIONAL and can Eternally Proceed.

When we have Neglected the Seed Within, we will be LIMITED in Space and Time, not ABLE to be PRESENT at any Place in the Universe.

Know HOW to PLANT the Seed wherever we ARE. even at DEVIL 's domain.

BE FREE!

The POWER of PATIENCE and how we can Lose it with Impatience

What is NOW?

It is the POWER that keeps the TOTALITY TOTAL.

It is by the ONE becoming the TWO (instant polarization, "big bang"), that we can EXPERIENCE within SPACE and TIME.

By it, we can REFINE anything with PURPOSE and MEANING.

But what happens, when we become Impatient?

What is Impatience?

It is STOPPING Ourselves in the FLOW of NOW.

As such, we will Lose the opportunity to USE POWER in a Flowing manner.

In other words, we have "ruined" our Direct Connection with the NOW-flow and must "start all over again to Catch Up with the FLOW".

It can go along with an "outburst of anger" or some sort of destructive behavior.

Know the Meaning of Patience, it is the CULMINATION of NOWS.

The more "Nows in Now" to more we can Use POWER in a Powerful way.

But then, we must also Know HOW to Use it "at the right MOMENT", if needed.

Then, the "Big Bang Surprise" we can USE in a CONTROLLED Purposeful and Meaningful way!

As such, we must also Know HOW to LISTEN to TRUTH.

HOW?

Be SILENT and OBSERVE, because Truth Resonates with where the "Big Bang" Originated, the SOURCE/SILENCE.

Then, our Action becomes TRUTH-full.

Observation is here mentioned.

With both Patience and Observation, we can CONSTRUCT Purpose and Meaning in Space and Time.

And this, we name "CREATIVITY".

By all of the above, we can get the clue as how GOD could "come up" with CREATION!

Let this be the LESSON, to Know How to be a Co-Creator, a God.

"The Meek will Inherit the Earth"

Who are the MEEK? It correlates with the Ultimate Smallest. The Totality we can illustrate by the CIRCLE, which can only be by its CENTER. Both are ONE = GOD.

The Circle is the Expanded Center and the Center is the Contracted Circle. The Seed is in the Tree and the Tree is in the Seed. The ONENESS is NOTHING and EVERYTHING. Condense the Center infinitely and we arrive at the Nothing. Expand the Circle infinitely and we arrive at the Everything.

So, HOW can we have PURPOSE and MEANING within this Oneness, of which it can only be Perceived and Measured within the GAP existing inbetween the Nothing and Everything??? It requires the Being or Human who is DESIGNED to be able to create Everything from Nothing.

Therefore, the Human is Polarized by BODY and HEAD. The Body is Nothing, in the sense that it can only be and function by what it RECEIVES from the OUTER, in the form of the FOOD that Originated from the SOURCE or SEED of seeds, which contains the Center of centers, NOTHING.

By introducing the Seed-bearing Food within the Body, the SEED can Sprout and further Grow, UPWARDS to the Head containing BRAIN from where everything that the Food is composed by, can be REFINED into PURPOSE and MEANING, which together create CONSCIOUSNESS – Ultimately the Consciousness that ALL IS ONE. As such, we can BE One with the ONE = FREEDOM.

So, what happens when we try to attain the Freedom to Be as an EXCLUSIVE? Then the attempt will be made to Control the World ARTIFICIALLY and FORCIBLY, projected from an Exclusive territory. Such beings can be “smart”, using the deductive Right-Left Brain (one over the other, such as right-wrong = halve-truth), knowing how to create the atom bomb (Oppenheimer), later on the nano-technology to create “smart-weapons” and AI.

So, the “Jew” is not limited to a “chosen few”, it has become the “EPEDEMIC of Self-destruction. And this has become Overly CLEAR by how ARROGANCE is being Exposed around the World. Those who can most efficiently Destroy are certainly NOT the MEEK!

When the Purpose is to KNOW that ALL IS ONE, we will also Know that we are ETERNAL and not just a Corpse to at last be buried in a coffin with a smell. With Purpose and Meaning to SERVE the ALL we can REFINER the Unmanifest into the Manifest and BE IT. Only then will we be able to Deliver the Answer to OURSELVES.

The PROBLEM Begins when we DETORATE as a REFINER or CREATOR. CONSUMERISM contributes to it, by just enjoying that what cannot Eternally Proceed. Consequently, the Robotic Artificial Intelligence can CANCEL the USE of the BRAIN, to then be REDUCED to the Question WITHOUT the Answer = NOTHING ... the MEANINGLESS NOT to BE.

The Unique TOTAL University and the SECRET

Regardless the great scientific advancement, now able to REPLACE the Independent USE of the BRAIN (AI), the WAR between Science and GOD can end with the most Destructive Calamity of the World, unless Enough of Humanity can bring forth the Liberating REVOLUTION of CONSCIOUSNESS to KNOW that ALL IS ONE.

There cannot be a greater SCHOOL than the one where the TOTALITY-unmanifest and TOTALITY-manifest interact THROUGH the HUMAN. As such, both Student and Teacher are ONE, as the TOTALITY is. The Criteria of this School of schools is the KNOWING as the result of the Universal Question-Answer UNION. Hence, this True University is named “ONEHEART University”. Only the True Human can Graduate from this Master-school, due to the Total Integration of the TOTALITY within the Human FORM.

As it is, Humanity's education is merely based on what a FEW observe through the Micro or Telescope, to then become a temporary Norm/Belief. Thus, not Complete, along with HOW the Brain is activated by the BLOOD, of which its quality determines HOW Mind can be Processed within a certain experimental context. Consequently, as it is, the entire academic order has NOT one Solution for a single problem, not even a cure for the "common cold". So, the artificial intelligence is used, to Know How the Human can be LOCKED within a controlled context of the ionosphere, to possibly become the ultimate Bio-robot.

Historical:

33.000 years ago, at the region of Titicaca/Peru, there was a True University keeping a SECRET, to be SECURED and not to be Revealed until a SIGN was given. Then a military Exercise was decided upon to find out how Secure the SECRET was.

Two teams were formed, the Blue and Red. The Blue were to Protect the SECRET and the Red to try to uncover it. In its course it became a REAL Conflict, because the Dark got involved. Since then the Conflict has never been resolved. It has Festered until today with Humanity having an arsenal of 20.000 atom bombs.

The Hopi who were Responsible to keep the SECRET migrated to the North and settled at Oraibi/Arizona, waiting for the SIGN. "There will be a gourd full of Ashes and explode". This Sign turned out to be the atom bomb that was dropped on Hiroshima. "Then, there will be another gourd full of Ashes, of PEACE". This gourd became full of the Ashes of Fire Ceremonies from around the World and was then burned at the Mt Fuji/Japan region. This Fire was ignited with a remainder of the Hiroshima Fire. The completion of the FIRE-element at the Mt Fuji region and the Resulting Ashes, correlate with the REVELATION of the SECRET in the form of the Oneheart TEACHING (to gain the Liberating Universal Perspective), for Humanity to Know HOW to be Liberated from the PRISON of Ignorance and Indifference.

The SECRET could not be Revealed, because Humanity needed to go through the EXPERIENCE to find out HOW to MASTER the DUAL use of the BRAIN (Right-Left, Horizontal). As such, PERCEPTION created the "right over wrong, good over bad, like over dislike and mine over yours Mentality (= halve truth). All was needed in order to Consciously Realize the Divine PLAN to make Planet Earth the PORTAL of PEACE and LIBERATION.

TRUTH had to be made of the Contrary, to KNOW what TOTAL is = PEACE. By the Dualistic Mindset. EDUCATION became based on what today's Dual based University proclaims. The Academic aspect became as such Principled, to create the ARTIFICIAL by way of science influencing way of life with all the Consequences thereof. As is, ARTIFICIAL Intelligence is now used to DESTROY anything that is needed to have the PLAN be Realized. Those in Authority do not know better and are in Control of the "out of control". "Negotiation" and all sorts of Political means are believed as the "best means" to maintain "order".

The Oneheart Teaching, since 1945, has Unnoticeably filtered through the Global Confusion and has come to the point that the ORIGINAL UNIVERSITY can be RESTORED. Now the FEW who have the INTEGRITY of Soul must come together to set the Basis in the RESTORATION of the TRUE UNIVERSITY. Who are they?

Great Spirit guides the ones who can possibly help with the Restoration of the Original University, with a complete new way of using the Brain and the Human Potential in the Realization of the Divine PLAN. They will come together and AGREE in Ceremony, to initiate the Educational Process that can Inspire Humanity to SEE and KNOW.

Legality

What is Legality?

Official:

Legality refers to whether or not something (whether it be a transaction, document, object, person, or a person's actions) is in accordance with the law.

What is a Law?

Official:

A rule or set of rules, enforceable by the courts, regulating the government of a state, the relationship between the organs of government and the subjects of the state, and the relationship or conduct of subjects towards each other. 2. a. a rule or body of rules made by the legislature. See statute law.

In order to be a Part of a State, we must be "officially BELONG to the State"? Therefore the Child needs to be "Registered" at Birth? Even after death, when cremated, the Ashes belong to the State. That's why it is "illegal" for the Ashes to cross the Border.

Who and What Decides about how the "Law" is formulated? The "law" varies from state to state. Why is Humanity Divided by so many Nations? Who and what created all the Nation? Who Owns the World? Who and What created the Earth? In the "court of justice" it is stated "The Truth, the Whole Truth and Nothing but the Truth, so Help Me God".

How can GOD be of HELP when HIS LAW is Outlawed? What is GOD's LAW? Ask any lawyer or judge what The LAW of law is ... they DO NOT KNOW, although entire Creation is Ruled by it!

In the truest sense, Law is a CONSTANT, whereby ORDER can exist. How Disorderly the World is today! GOD's LAW is SELF-enforcing, because it is the Unchanging CHANCE! So, WHY are there so many laws and bylaws? In the US alone, by the 1980s, there were 50 volumes of more than 23,000 pages. Then we have the mandatories and all sorts of rules. Get religion in the picture and not one Judge can actually Decide what is TRUE. Get all the Nations involved, and there is not a library large enough to shelve all the documents. Then, on top of it the "international laws". So what to DO with Humanity, to have them OBEY DISORDER? Obey what? Just OBEY!

Like ROBOTS Humanity have themselves be "checked" at airports, like they were prisoners. It was STAGED with the "911 incident". It was CLEARLY an "inside job". "A plane flew into the Pentagon" and not a single fragment of a plane afterwards. Ask all the Firemen who were present at the "911", and they ALL stated that it was a staged DEMOLITION.

Today, any "sharp object" is forbidden to pass through airports, including Safety pins! It is a Psychological trick, because "Sharp" implies being SHARP, using the Pineal Gland whereby we can make a CHOICE. Meanwhile, "smart weapons" and tanks can freely cross borders, to be USED to KILL and DESTROY. How DOCILE Humanity has become! Still the Question, HOW can we Actually LIVE by GOD's LAW, to be LIBERATED?

The LAW

When laws can be used as Weapons, ultimately Weapons become the law. Surprised of today's extreme use of weapons? So, is there a law that does not need to be enforced? Sure there is. It is the ONLY Constant that is Self-enforcing, which is CHANGE, Creator's Onelaw. All other laws are of the Contrary, RESTRICTION - including religious and traditional laws laws have been used to lay claim on territory and Humans.

All phenomena are the result of The LAW. To truly understand all things in Essence, the Principles of LAW have to be understood. Everything, visible and invisible, is in constant flux. Without change things and even concepts will disappear as soon as they are created. There has to be a constant to make existence continue. The constant that perpetuates Creation is Change, Creator's Law. Everything changes due to the Un-change, which is change. This paradox is the key of the Great Mystery. The Problem BEGINS when we IGNORE this TRUTH.

Oneness is the beginning and end, and is The Source. It is only through contrast or polarity that we can sense Oneness. Front and back, high and low, left and right, inner and outer, past and future, etc., give

dimension to Oneness. Contrast creates “everything out of nothing”. At inception, Oneness “explodes” and separates itself into two, the polarity. One pole has the inner position (Centre) and the other pole has the outer position (circumference). These opposites maintain each other, due to their common origin, the Oneness.

This Oneness is “remembered” by the polarity, which is why opposites attract one another. Upon the union, the polarity remembers the differentiation. Consequently they separate. From hereon the pulsation continues. Change is based on this Principle.

In order to eternally continue the pulsation (life), the opposites have to be complementary. This interdependence between the two is Order. The cycles of nature, keeping us alive, maintain order. All particles within these cycles, including atoms and parts of the atom can be seen as order. Constantly the inner and the outer empower and maintain each other.

Within us all of Creation is represented - also the Creative Force, by which the Oneness could be Polarized. This polarization is represented within us as the Power of Discernment. By this factor, we can re-enter the Oneness and become Enlightened. However, before that happens, the ultimate choice, and the ability to live it, has to be made. By making a choice, we have to discern first. Thus, when the choice is made to enter the purity of the Oneness, by living the true law, the Creative Force within us will make us merge with the Origin.

On the other hand, the ability to make choices enables the human being to experiment, and deviate from the true law. Yes, our curiosity goes that far, that we even try to negate the Law, to see what happens when we do so. We then have to design our own System, based on the Secondary law. These laws have to be of an opposite nature. Thus, opposites are not supposed to be complementary. They have to be conflicting. Right and wrong, good and bad, like and dislike, mine and yours, are the concepts by which the experimental order can exist.

How we relate to opposites determines how we relate to the Oneness. When we seek Oneness within the universal context, health, peace, justice and freedom come naturally. For example, we breathe by inhalation and exhalation. As such, we maintain our Oneness within the realm of air, inter-connecting with all the creatures who breathe air. We drink and urinate to maintain our Oneness within the realm of water (oceans, clouds, rain, lakes, springs, rivers), and all the creatures who drink water. When we eat solid foods, we maintain our Oneness with the Earth and all celestial bodies, which make our food grow. Thus, when the energies we internalize are wholesome and pure, including teachings, our life can be most dynamically experienced by way of TRUTH.

The modern world was designed in conjunction with the distorted way of eating. The industrialization of food created an incomplete relationship with Creation. It caused modern humanity to think in antagonistic terms. As such, Oneness is forged through conquest and various forms of violence.

Extra Note:

We can relate to the Duality in two ways:

1- As antagonistic, due to the lack of a Unifying Center.

2- As complementary by having the Unifying Center within the Observer (creates the Trinity whereby the Source continues in all phenomena). This Center of centers is the “Fountain-head” of Creation, which is centered in the Heart where all opposites meet as ONE = the DIRECT Connection with the Creator of ALL or SOURCE. The closer we come to this “Point-zero” the more we Realize that we are the Creator of our Own Reality

Universal Proclamation of Humanity

TOTALITY

The TOTALITY cannot be Changed.

ONLY by PERCEPTION can we Be an OBSERVER within the Totality.

So that, each one of us can have a “point of view”, within the Totality.

The “points of view” DIFFER according as HOW we Relate to the Totality.

As long as we do not have the SAME “point of view”, all sorts of Conflicts of interest can arise.

What is the ONLY “point of view”?

At best we can illustrate it by the Circle and its Center, which are ONE, because the Circle is the Expanded Center and the Center is the Contracted Circle.

By this Principle, when Applied in normal daily life, JUSTICE, PEACE; HEALTH and FREEDOM will Reign naturally.

This Principle is the ONLY Common-denominator of the Manifest, whether it is touchable, visible or imaginary.

It is the LAW of laws, which is Self-enforcing = CHANGE.

The Totality is Maintained by the Constant CHANGE, and to be Total too, we must constantly go along with CHANGE.

Any form of Containment or Control under any other law (including religious laws) WILL lead to SELF-destruction (Gaza example).

Therefore, the Universal Proclamation, to possibly AWAKEN the Perception of HOW to LIVE by the LAW of laws, CHANGE.

Proclamation

1- Self-realization is the Goal of Life. Therefore, we have been created in the image of the Creator, so that we can refine Creation from Within. In order to be able to do so, CHANGE is the only absolute Constant, which is the ONELAW.

2- Similar as to how Creation is maintained by Creator's Onelaw, we need to apply this Law of laws above all other laws as the Primary Constant in Daily Life...firstly to ourselves.

3- Therefore, we have the Divine Responsibility to:

a- Change the Outer into the Inner, basically by way of FOOD.

b- Change the Inner into the Outer by way of Consciousness and the Behavior to the benefit of the World at large.

4- Failure to do so will automatically result in the creation of secondary laws, which have to be artificially enforced to keep us in a Fixed context (“matrix”: a space that has a beginning and end).

5- As such laws can be used as weapons, which will ultimately make weapons the law. Today's world has become the glaring Evidence of it.

6- Duality is in principle needed to come to a Realization, firstly to be applied to the one who must Realize (each one of us)...to ultimately make the CHOICE between who we Are and who we are Not - “to BE or not to BE”.

7- The two extreme Options (to BE – not to BE) need to be universally clarified and precise at the stage of the transition in the Golden Age, as to how we Identify ourselves within the context of Creation - for we are Creation in the Human Form.

8- All negative and corrupt use of duality needs to be filtered out from our Being (physically, mentally and spiritually) to set the basis for the New Cycle of Consciousness. This can happen in two ways:

A- By the Purification of the BLOOD, so that we can change the world from Within. And this requires Creator's Onelaw to become the Control-factor, which needs to be applied firstly to our way of Eating. For FOOD upon the digestive process becomes the BLOOD whereby we can Realize. Consequently, the physical manifestation and resulting functions such as feeling, emotion, thinking, discernment, choice making, acts

and lastly the realization of our own capacity to BE. With the Sacred Art of Eating, we can establish ourselves as a Conscious part of Creation.

B- By Nature's extreme adjustments (disease, natural calamities – also wars), to be changed from Without. And this requires the Denial of the truth that we are the creator of our own reality. Hence, we allow ourselves to be artificially fixed within a system where we can only be "free" under the dictates of laws which make it illegal to freely evolve as a Universal Being. This WILL ultimately End by Nature's purity that is maintained by the Unbreakable Onelaw. The Dark forces deny this inevitable purification process and is doing its last "kicking and screaming" with its extreme efforts to scientifically destroy Nature, and will try to drag as many as possible in its grave. This can only happen with the Self-denial or "not to BE" choice. Our Sincerity in the Realization of the Divine Plan to make Earth the Portal of Peace has come to TEST.

9- The time is upon us to make that cardinal Decision and therefore Humanity needs the firm Cosmic-Reminder that ALL IS ONE.

Summary

1- Creator's Onelaw is the absolute and eternal Constant whereby true justice, peace, freedom and world-order can be attained. 2- Food becoming the Blood whereby we can exist, feel and think, is the control-factor. 3- The time is upon us to give the best answer on the last question: "to BE or not to BE"? 4- The Mother is the first Elder and among all gods she is the greatest, because she can bring Creation forth from Within. Without Her the Fatherly Heaven cannot come to Manifest in the Human Form, by which Creation can gain Meaning. 5- For Practical reasons, to gain the highest possible quality of Blood, the KITCHEN needs to become the Center of Government (as it was before the infamous Inquisition), to be the First: Temple, Hospital, Laboratory, School of Life and Bank (the whole cereal grain is the universal money that we can grow and eat).

Now, the Revolution of Consciousness is needed to Establish both the Static and Living University to be ONE, so that True FREE WILL can be used to REFINE Spirit. Enrolment begins with becoming the Oneheart Student, to Activate the Universal PERCEPTION: www.oneheartportal.com/student

"Only those who see that the two sides of all phenomena, visible and invisible, are front and back or beginning and end of one reality can embrace any antagonistic situation, see its complementarity, and help others to do the same, thereby establishing peace and harmony." George

Ohsawa

Upgraded with 2 more levels: the Ultimate Contrast in correlation with Perception are the Unmanifest and Manifest. Both Unmanifest and Manifest are also subject to Contrast, as Contrast is Contained by the TOTALITY.

Ultimate Macrobiotics

The Unmanifest is the SOURCE, TOTALITY and UNCONDITIONAL.

Only by CONTRAST can we Identify.

Only by Purpose and Meaning can we Identify Ourselves being a Part of the Totality = INDIVIDUAL = "Indivisible Two".

HOW to make the ONE into the TWO?

Indeed, we must raise the QUESTION!

As such, the CONTRAST comes about, because the Question cannot possibly escape the Totality.

Thus, to Complete the Question ... we need the ANSWER = Polarization ("big bang")!

From here on, by the Question-Answer Relationship the basis is set to also Contrast the TOTALITY-Unmanifest, with the TOTALITY-Manifest.

Now we have Two Totalities: 1- the ONE without Beginning and End, the Realm containing the Infinite Possibilities. 2- the TWO that is Contained by Beginning and End, by which the Possibility can be Realized.

The ONE can only "make sense" by the Instant HERE and NOW, which requires the TOTAL Presence of MIND (Mind is the Brain of the ONE/GOD).

The Question Originates from the Unmanifest, with the Purpose to Realize a Possibility in Space and Time, to gain Meaning.

Each time when we raise a Question, we CONNECT with the SOURCE, from where we Channel the Will of GOD into the dual-Realm by which we can gain the Answer = Union of the Opposites = KNOWING

By the TWO the "Gap" is created whereby the HERE and NOW can be Perceived in a DELAYED manner.

As such, we can perceive Here as SPACE and NOW as TIME.

Consequently, we can find ourselves within a Context to have an EXPERIENCE, to find out HOW to gain the CONSCIOUSNESS that ALL IS ONE = Lasting PEACE = FREEDOM.

Therefore, we find ourselves contained by a "period" that is confined by Birth and Death...

So, while "lingering in Space and Time", we must Know HOW the DISCERN, so that we can get the Best out of the Experience.

Being contained within Earth's Realm, stretching unto the Ionosphere, we have the 7 Chakras correlating with the 7-1 Heaven-Earth relation Ratio. Hence the 7 basic Perceptions:

- 1- Physical by Bodily Function (earthly).
- 2- Sensorial by Touch, Feeling (water-element).
- 3- Emotional by Feelings created from above the Diaphragm (correlates with Breath, wind, gas).
- 4- Rational by way of Speech (sound, thunder).
- 5- Dimensional by way of Vision (light, lightening).
- 6- Beyond 1-5 by way of Thinking = conscious use of frequency (vibration, frequency).
- 7- Discernment by Perceiving Opposites as Complementary (+/-, contrast).

Then 2 more stages of Perception, whereby the TOTALITY can be Related to with the Consciousness that ALL IS ONE.

- 8- Refinement of the POWER or WILL of the ONE, into the Use of FREE WILL, ultimately by making the CHOICE to BE = SELF Realization (POWER whereby ONE becomes TWO and TWO becomes ONE = TRUTH).
- 9- RETURN to the SOURCE with the Realization that we are the Creator of our Own Reality. As such, the UNION of Question and Answer = KNOWING. Until then, we can be "slowed down with "Knowledge", which boils down to mere BELIEF = using the right-left brain without the full use of the unifying center, the pineal gland.
- 10- (extra) - Do the SELF Examination!

Graphically, the TOTALITY-manifest is hereby illustrated by the Precision as how the TRINITY can bring forth the Realization (Space-Time Construct) of a Possibility (see front cover).

Total Medicine, to SEE and BE

Disease and any discomfort go along with SYMPTOMS, and most have no inkling or care HOW it Originated. First, the BODY Always tells the Truth because we are the TOTALITY within the TOTALITY.

Truth is Total. How Truthful are we? Analogy: the Seed is in the Tree and the Tree is in the Seed. We have BOTH.

The branch exactly SHOWS what we cannot see that what the Root experiences. So, the branch shows the SYMPTOM and scientifically we can have some idea what happens within the body, with a “blood-test” or “exploratory surgery”. But still Superficial. Truly, can the “test” explain how the Coca Cola has influenced the Blood-quality? Or, how the kidney has affected the liver due to having everyday enjoying a bowl of ice cream before sleeping? Just to name a few.

But then, we find out how to “feel better” by taking some “medicine” or stimulant, such as coffee. Coffee can boost the Blood’s circulation, and with the sugar added, we can feel “energetic” for a short while. Then Question, WHY do we LACK the Natural state of being Energetic?

Energy is a FLOW due to POLARITY, and there cannot be a Greater Polarity than that of HEAVEN and EARTH, which we have Biologically integrated by BODY and Brain containing HEAD, and similar as how Heaven and Earth correlate by the CYCLE of seasons, day-night, the BLOOD does the SAME Within. The Cycle of the 12 Constellations is internally integrated by the cycle of the 12 Organs. And there is much MORE to it. So, what does the “medical expert” know, besides what can be seen through the microscope?

Also, with the telescope we can only see a fraction. SEEING ONENESS is absolutely absent.

HOW can we actually SEE and KNOW? ONLY with the Total Outer-Inner Synchronicity can we BE. It requires the Sacred Art of Eating (Macrobiotics) to BE. Alas, today most have Surrendered to be the Pathetic LOOSER, of Body, Mind and Spirit.

“Macrobiotic Conversation” to SEE ONENESS

Friend:

I have felt helpless in the face of so much what is happening in the world. Seeing the images of war and injustice towards innocent people, children and women, breaks me. I would like to be indifferent, but I can't. What to do? At the other hand, as I told you, most of the circles we attend in “ceremony and meetings”, are pretentious. What to do? Retire? Is it true that one does not sit with the Darkness at the same table? This is my question; I still have no answers. Continue walking with the deep conviction that the door will open for the realization of the Divine Plan for this humanity? I am smoking the Sacred pipe to ask for Guidance and Clarity.

Tawa:

Simple ... we can sit with the Dark at the SAME table, providing that we Know that the Dark is UNDER the table, so that we can be CLEAR of Mind, to communicate with anyone.

Check it out:

10 minutes before Sunset, hold a feather or any object about 20 cm in front of the eyes (slightly down) while staring into the Sun. We then see Two feathers. As the Sun Descends over the horizon, the DOUBLE-sight of ONE feather begins to Vanish. By this Experience we can conclude that the DUAL perception VANISHES in the DARK or NOTHINGNESS, which correlates with the SOURCE. Conclusion ... when we remain Focused on the OUTER light (Sun or any Object that Reflects Light) the Duality or ILLUSION keeps us See DUAL. AS such, the Brain-use is affected, whereby the Duality can “play tricks” on us, which can lead to all sorts of Conflicts, War.

The DARK is needed AFTER having a Dual experience/experiment. So, allow the DARK to get “under the table” when the Experiment is OVER, to then Communicate OVER the “Table”, representing that what WE have in COMMON. Without this “COMMON ground” the DARK can interfere with the Heart-to-hearts

Relationship. It tries to make us see by the Light of the Outer that can be Controlled with a SWITCH to be used by a “chosen few” SERVING the DARK.

And this must Teach us that any Conflict is the RESULT of continuing to Depend on the External light. This is the principle in the creation of the Artificial Intelligence, to Capture Humanity with the “Black light”. It is the light that can be Manipulated with a Switch. In other words, as long as we Continue to Depend on the Outer light, we find ourselves Locked within the DUALITY to be Maintained by way of CONFLICT (diseases, wars). Know that our HEART is the Inner-SUN.

“Under the table” when the External Light vanishes. It can be phrased: “all Negativity is Self-consuming”, when we ALLOW that to happen. But then...we must be able to SEE by the LIGHT shining FROM WITHIN, otherwise we will Collide with the Objects in the Dark. Any Negativity is caused by the Focus on DIVISION, we can only experience/experiment by the Observation of the Duality in the Light coming from the Outer. And this can Continue until we can SEE by the LIGHT from WITHIN, to SEE ONENESS. Then, we must make the CHOICE.

The DARK has a PURPOSE, to TEACH us HOW to TRANSCEND the Duality by Choice, so that we can USE the Difficulty as the Stepping-stone into the Eternal. It is by the Focus on the light of the Outer that the Duality can make us Experience the Outer OVER the Inner. So, Know HOW to get the DARK “Under the Table”, when needed. Do not be afraid of the DARK, it serves us to become ENLIGHTENED. BE the Master of LIGHT!

We can be Peacefully in Control in any Communication with the
Trinity Mindset.

By the Duality we can Observe of what is Without.

By the Trinity we can be the Observer, from Within.

By the TRUTH that the Observer and the Observed are ONE,
we can become the Master of the Experience, requiring all Three.
to Collaborate in One Construct of Purpose and Meaning.

The Unifying-construct consists of the Outer or Mirror representing Question and Answer
and the Observer who can KNOW by the Question-Answer UNION.

Let`s do the Self-examination ... what do we actually KNOW?

“Total-picture of today’s “Tango”

Expla-NATION (Expla: explain) the WAR between Nations or Parts of Humanity
TWO are needed to do the “tango”.

Who and What make the TWO “tango”, possible?

The one who provides the “floor” and the “music”.

Who and What owns the “floor” and the INSTRUMENTS for making the “music”?

Today WHO are the ones providing the “Instruments, music and floor”?

WHO are “playing the instruments”, using Lyrics and Rythm to Convolute the Minds of the TWO?

Must this all be explained and proven to those who just want to be Entertained?

How does “education, economy, media, propaganda, religion, politics, weapons, supermarket, pharmacy
and hospital” Correlate with the above?

Shall we THINK at least Try?

Evil Sport

Spirit Message received at the Center of Mexico, after a Ceremony:

“You shall be forced to open your eyes by means of drastic actions. Do you think you will be of any Divine Service while being made the SPORT of evil spirits? Do you fancy that you are one of the people of a Holy Land notwithstanding? Do you think it proper to be made the vessel of evil spirits?”

It is well known that we have both Evil and Holy Gods/Spirits in the Universe. Then we have the EMBODIED Spirits, such as the HUMAN, who came to Earth to have an EXPERIENCE. And what is that?

Throughout the Universe, similar as on Earth, WARS have been waged among the Gods. Why? There was no COMMON-denominator or Center whereby the TOTALITY-manifest could be Consciously Agreed upon. Instead, Different laws and centers were used to regulate Different Territories (planets, realms).

As such, Wars were created, because no matter how small the territory, it CANNOT be Separated from the TOTALITY. Therefore, by the LAW of laws, also known as the “law of attraction”, the different Parts (including atoms) must OBEY the ONELAW or WILL of GOD. Matter has no problem with that, and consequently have come TOGETHER to Grow in CONSTRUCT: solar system, planet, plant, animal, Human, Family, Race, Society, Freedom of Spirit. So, what do we have now on planet Earth? Spirit has been Bound by “RELIGION”, along with the SAME Wars the Gods could not be Freed from.

The TRUTH is, the Human came to Earth to find out HOW the LAW of laws can become Consciously the Common denominator, to Establish Lasting PEACE.

There is a Correlation as how Humanity acts, the SAME as the WARRING Gods! Different Religions and Institutions (academia, science, economy, politics), all claim to have THE answer. All have been institutionalized (nationalized), to Together PLAY out the Game of the Warring Gods, and in order to Synchronize the ones without a Body and the Human who has it ALL, the BLOOD is needed to make the Connection between the “seen and unseen”. Why Blood? It is Derived from the Earth (root) and Heaven (branch) Connection. That’s why the Blood is needed for the BODY be the REFINER of SPIRIT = the PEACEFUL ONE. Therefore, the Body (inner-Earth) has the BRAIN (inner-Heaven) whereby Heaven and Earth can be Consciously UNIFIED = PEACE.

Jesus: “when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the MIRACLE of miracles”! So, what happens when certain Gods ENJOY War over PEACE? In order to Enjoy it on the Earthly plane, they must see to it that the NEEDED Human-BLOOD is SACRIFICED to them ... So, there is no greater way for the Human to Sacrifice themselves at the Battlefield to provide the needed Blood, when on BOTH sides the SAME is claimed: “this is my border, god is on my side”! And it is Happening. This goes on until the ONELAW (of GOD) has become the ONLY CONSTANT on Earth (read Universal Proclamation of Humanity).

Along with the Actual wars, the children are Trained to ENJOY War with all sorts of War Games and “Sports” to excite the Body and Mind. All of this “made up”? Observe and Think, while you still can.

The 3 mayor Religions, its history is interwoven with war, revenge and punishment, because GOD says so? Example: 2; 18; Judge. 5), Yahweh was originally a deity worshipped by Midianites (/Kenites) in the northwest Arabian Desert. At some point, the worship of Yahweh was “borrowed” by the Israelites and Judahites, who eventually adopted the deity as their national, and still later as their only, god. “Borrowed” (?), because the Israelites were more Able to bring forth the needed Sacrificial BLOOD by way of indiscriminate Slaughter (all documented in the Bible)?

And what about Christianity, originated by ROMA. Now the Vatican, being one of the largest Shareholder of the Weapon-industry. Wow, IGNORANCE galore.

BE the Arjuna!

The True Warrior of TRUTH

Whether the Epic of the Battle that the Gita describes in true or not, it is a LESSON to be Understood with the Total USE of the Brain.

Only then can we DEFEAT the Ultimate ENEMY, Arrogance. Arjuna had to be PRECISE, to have each Arrow hit the TARGET. The Bow represents the POLARITY whereby Heaven and Earth can be UNIFIED, to bring forth the POWER (different than Energy) to Release TRUTH.

Arjuna was not afraid to be Vulnerable to insult. With complete CERTAINTY he entered the Decisive Battle. Krishna was his first Mentor. Then Arjuna needed the last Teacher who could Teach him to Defeat the Enemy WITHIN. He needed to Know HOW to SERVE. This last Teacher was SEMAR the Teacher of SERVICE. As such the Last Battle to WIN, by bringing forth the POWER from the Bottom UP.

The first battle was of the Contrary, using the Right-Left Brain to find out HOW to Center both by the Pineal Gland. He had to learn HOW to BOW, by Changing the POWER contained by the String, connecting the two Ends of the BOW, by becoming the BOW, to be able to BOW!

When we cannot DO it, we will change IGNORANCE into ARROGANCE, the Reflection of not being able to SERVE. And see what those who just TALK about Truth, Love and Spirituality without the Practice. Merely different forms of Deception, leading to the Downfall.

And this is the Final of the Hopi Prophecy: "after the Turbilation the Next Leader will be the One who can GROW CORN" (also all whole cereal grains to be eaten as the daily MAIN-food). It is the FOOD that contains the SEED to be REFINED into the BLOOD that can Ascend to BRAIN's CENTER, where the TWO can become ONE.

So, do the SELF-EXAMINATION. Know that the BODY always tells the TRUTH. The true Leader has no business to get the Food off the shelves of the Supermarket (get it straight from the farmer at the Open Market). Neither the "medicine" from the Pharmacy (also not the vaccine), to then be able to "live" With the Disease.

BE TRUE, we must Know HOW to LIVE! Not just "talk", but FOCUS on the TEACHING to Know HOW to BE the ARJUNA. PROVE IT!

Creator and Creation

Wherever a being is born, whether unmoving or moving, now thou, O best of the Bharatas, that it is from the union between the field and its knower.

Bhagavad Gita

Creation itself contains these Two. The Individual (= "individual two") contains the field and the knower, for he is the microcosm of Creation and hence the Knower and Sensor of value and meaning is WITHIN! The seed is in the tree – the tree is in the seed. The seed correlates with the Creator and the tree correlates with Creation. In practical terms... the true one must eat the "seed bearing fruit", in order to substantiate the UNION of the Two. The Source of ALL is the Seed of seeds, containing the Memory of ONE. Then, through the evolutionary process the Seed gradually manifests through nine stages. At the last stage (the physical level), the seed that we know as the unit that we can grow a plant from, the Creator can RETURN to Itself Within Itself. Therefore the "seed-bearing-fruit" is eaten, to let the tree grow from within. On the physical level or turning point, the Whole cereal grain is the Seed of seeds, that we must completely digest (to change it

into the Blood), to assimilate the Memory and to let it internally Ascend (Re-member) to the brain and beyond. Also, this process of the return involves the same nine stages, with the difference that by the inner-dematerialization we increasingly become Conscious that our true Self is Eternal. Thus, without beginning and end, because the Seed is the ALL. As such the question of "what is first" dissolves with the "I AM" or "to BE" realization, by which we can instantly create. In other words, we are our own Realizer, and it is by not Knowing this truth that we can be manipulated from without. To Know the Self is to BE. To BE is to be one with the Here and Now, that cannot be fixed outside of the ALL.

Divine Blessing of PAIN

We are Born with Mother's PAIN, because without it we Cannot Gain FREEDOM.

GOD Enabled the FALL, so that we can become CONSCIOUS.

By the Pain we can RISE to the God-level, to MASTER the Birthing of the SELF.

So, who else can do it but Ourselves?

Who else must FEEL but Ourselves?

All sorts of DIFFICULTY correlate with PAIN.

By Not Appreciating the Difficulty and Learn from it we Cannot BE FREE.

The FALL is the Greatest Blessing, for us to REALIZE Who we ARE.

The Truth is that ALL IS ONE.

With the FALL we Temporarily FORGET that ALL IS ONE.

HONOR the Mother who INITIATED us to become a God.

Therefore we must Take care of our BLOOD-quality, to MAINTAIN our Connection with The MOTHER, Within.

Our "flesh-Mother" is the Continuation of The MOTHER of Mothers.

We Cannot Rise to the God-level when we do not Honor the BLOOD, created by our inner-Mother (small-intestine), that Enables us to Sense, Think and become Conscious.

Life becomes TORTUROUS when we do not Appreciate MOTHER's GIFT.

Only by the FALL or BIRTH can we RISE.

How else?

Humanity is now Experiencing the Process that can FREE us from the alternating Birth-Death.

The Fall does not make us weak.

It is by the RISING from the Fall that we become All-POWERFUL.

Creator's Mouth

"The Universe is Food and what Eats". We are an eater and in turn become food (the seed is in the tree and tree is in the seed). Who or what do we want to become food for? The infinite range of options (possibilities) correlate with our perception of who we ARE and who or what we want our life to be dedicated to. So, it is essential that we eat the food that can Substantiate our Dream and also know whether our dream is of a finite or of an eternal nature. Our finite being consists of body and mind, needed to Spiritually Construct the stepping-stone into the infinite. We can excite body and mind with pleasures which only last to the point where we want to repeat them, because the pleasures have not been fixed by our Universal Consciousness but rather by the finite senses with the help of the synapses in the mouth. Body and mind only last in the

period between birth and death. The soul, however, is eternal. To REALISE that we are eternal, requires us to eat “soul-food”! So, where is the Mouth of our Soul that links with the Creator? This Portal interconnects all opposites and is centered in the Heart, from where it ascends to the BRAIN, to be REFINED into the Pineal Gland, becoming Creator’s MOUTH. Eat and be Eaten, because CHANGE is the CONSTANT!

UN-Presentation

Presented in the Spirit of Forgiveness at the UN
Geneva, 10-11 October, 2011
The PLAN
explained according to the
Oneheart Teaching
and the Last Message of the Hopi

The age-old global problem is disunity, which consummates in debilitation and death. The goal to which each heart intrinsically seeks is the joyousness of Oneness, this is synonymous with true life, which has neither beginning nor ending.

What follows is based on the Self-evident and the very Principle of Creation, which is CHANGE. Change is the only FORCE or CONSTANT that does not change. Change and unconditional Love are the same. Both are Eternal. The aim of this presentation is the Essence of the Solution that every individual can independently apply in the interest of the whole. Each part affects the Totality. ALL IS ONE. Any problem or conflict can ONLY be when this Truth is denied. The system that WE have created and that profits from this massive denial, is known as Consumerism – based on artificially created laws which deny Humanity to live under Creator’s Law. President Obama’s “change-slogan” can be applicable alone to the attainment of a finite sense of justice, peace and freedom. It is essential that such be understood and applied as the absolute and eternal constant within the context of the Infinite Universe. This alone will solve Humanity’s past and present dilemma. In other words, surrender to the Spirit of ONENESS which is present deeply within the Hearts of all.

What follows is the introduction of the Practical Universal approach to establish “Heaven on Earth”, WITHIN. The Return to the Oneness is INEVITABLE. The question is HOW will we return - will it be by wisdom (“369”) or animalism (“666”) along with massive destruction both by war and natural calamities? The CHOICE is ours. Creator gave us FREE WILL (His Will) that we must now utilize to get out of the TRAP. As it is within, so it is without. Freedom begins from Within.

The world has come to the completion of a cycle of Consciousness. This required an entire Earth-evolution involving multiple civilizations, in preparation for the realization of the PLAN. We went through the seasons which put us through the trials which enabled the possibility that the Last Step be made, that is... to make the Limit the Steppingstone. Prophecies of doom must be heeded. Such are inevitable when nothing is done universally to bring forth the Power of FREE WILL in service of Creation. It is by this Power—which is Creator’s Will—that can flow through us when we subject ourselves to His One Law. In this way alone will

the PLAN be fulfilled to make Earth the PORTAL of Peace. Hence Liberation is REALIZED for all. Therefore, we need the two contrasting sides. We cannot make a portal with just one side.

The two sides are Creation and “anti-Creation”. This means that in order to create “anti-Creation” we need to create secondary laws, which can also be arbitrarily enforced. As such, secondary laws can be used as weapons, which ultimately make weapons the law. Consequently, wars are waged to secure the interests of those who need to secure their one-sided and exclusive interests, which are completely different from that of the Creator of ALL. Such interests can never be fulfilled, because they do not serve the Oneness.

Up to the present MAN has “succeeded” alone with the creation of the extreme contrast or extreme illusory world. Now we need to UNIFY the two sides in order to come back to Reality with a new consciousness of Freedom. The Great TEST is at hand! This requires the true Human to make a decided stand, causing the two sides to become One. Such can be accomplished alone FROM WITHIN. We are Creation in the Human form and thus have also the Power to open the Portal, because Creation and Creator are ONE. ALL IS ONE.

We were able to create the contrasting side, because Creator gave us a Mind. The Mind enables us to deviate from the Centre of centers that eventually we would find, in our HEART, where all opposites meet as ONE. It is the nature of the brain-mind to seek the duality or external and entertain the illusion, wherein the conditions are established to grow in consciousness by looking into the MIRROR. Heart does the opposite. It always desires to Unify because it beholds the true Observer who has the full-spectrum Vision. A Mind with its limited perception, can assume control over Heart only when the BLOOD that connects these two inner polarities lacks the MEMORY whereby, we can be conscious... that all comes from the same Source or Centre of centers. We, in the end, will find such alone Within. The global creation of many national borders and sub-borders, which divide humanity, are the result of the outer search. Consequently, we have the UN, which has the responsibility to help with guiding humanity back to the true world and Principle of Universal Oneness. This world correlates with the biblical injunction: “Thy Kingdom Come”.

The distortion of the blood, as part of the PLAN in the creation of “anti-Creation”, came about by the infamous INQUISITION. Its design was to change the inner-control of the individual into that of the outer-control. Therefore, WOMAN became the primary target because she is the one who naturally Controls the FOOD that upon the consumption becomes the blood whereby, we can begin to manifest in her womb. Then upon birth enables us to function, feel, have emotions, think, discern, make a choice and finally identify ourselves by the God-given right to BE (I AM).

Before the INQUISITION the KITCHEN was the true Centre of Government! It was the first church, hospital, laboratory, school and center of economy. Every home had its own bank where the whole cereal grain was stored, which is the universal money by which we can naturally and freely grow - having the Memory whereby we can be conscious of our true Self-worth. How are we identifying ourselves today? According to the laws which contrast the One Law and in which context? Who or what is controlling our food whereby our relationship with the Creator can be determined? Who or what has become the god who controls our bank and concept and perception of value? Why are laws created to make it illegal for humanity to grow the original food (non-genetically manipulated food)? What is keeping us from returning to the control of our own blood-quality? Why has it become illegal for the individual to present the Cure of cancer or any other disease that the establishment can only deal with by offering harmful drugs and associated methods whereby the masses retain disease at the expense of life?

A massive EDUCATIONAL program is needed to restore the Kitchen as the Centre of Government! With this Centre we can restore the family-unit, so that the child can be raised with both parents under one roof. Not only was Woman persecuted (over ten million women were severely tortured and burned or boiled alive to instill the FEAR that's needed for us to obey the secondary laws) but also the midwives, alchemist (to establish chemistry and other forms of reactionary energies and conditions) and anyone who believes that the Creator is WITHIN.

Has the inquisition ended? It has NOT. FEAR has deepened. At first, we feared to be tortured. Today most of humanity fear to lose the comfort that keeps us in the "Velvet Prison" where we must identify ourselves by who we are NOT. Now the people are torturing each other by way of consumerism. Do we realize that we are walking over dead bodies just by doing the regular shopping at the supermarket? Every day at least one hundred thousand people die in conjunction with keeping up Consumerism. They die of starvation, massacre, war, suicide, experimentation and even ritual murder. Do we care? The policeman may say that he knows that an arrest is unjustified, but then justifies it by saying "I just do my job". And this goes all along the line from bottom to top.

We must realize that the artificial order CANNOT maintain itself separate from Creation. It needs to be PARASITIC, so that the Creative Force can be channeled through the Human who has given up its Will to BE. Today's world represents a Great Harvest of Universal Wealth. We must know who we are serving. Today's money (illusory concept of value that allows the user of it to survive within a world that is owned by those who print the money) can be of value only so long as we get ourselves steadily deeper into the world of NO RETURN. The Truth is, we do not need money, money needs us.

Now we must heed the last Message of the Hopi: "tell the world the Truth about Creator's Law". This Law is CHANGE. Change is the absolute and eternal Constant of the infinite universe. And since we are in truth Eternal, we can only be in our Power when we live by the same One Law. This Law is Self-enforcing and thus does not need an army or police. Creator's One Law must be obeyed as the Primary Constant and not the laws which forbid us to bring forth the POWER whereby, we can make the choice to BE. Such is part of the oath of office: "Thy Will Be Done". HIS Will allows us to have FREE WILL. This Will is the unstoppable Law or Change. It is only by the FUTILE attempt to break this Constant that we break and limit ourselves. This has already become evident by most of humanity who are prematurely dying in hospitals from multiple diseases or some form of conflict in the "pursuit of happiness". Practically all physicians endorse and promote this procedure of ignorance. We must be aware that the medical system is a product of the inquisition, hence it is symbolized with Roma's cross. Now we must change Roma into Amor!

The "Last Question" is now presented to Humanity: "to BE or not to BE?" The education that is herein advances the exposure of truth or the "to BE" - OPTION. The contrasting "no option-option" is the martial law of which the "United Nations" is presently associated. "making war for peace" is not the answer. As it is, the "NOT TO BE" system cannot exist without a myriad of problems and it offers not one single true solution, not even for the "common cold". In fact, the Solution has become illegal and the punishment by having a "mysterious death" will occur when the Solution can be globally presented. May it be favorably received when this statement comes to stage at the UN!

As the Hopi phrase it, "in the end we will SEE". Truth prevails. The restoration of the control of Heart over mind correlates with the prophetic "union of the Eagle (Mind) and the Condor (Heart)."

As it is, Humanity is being systematically redesigned in the image of an inferior god. The creation of the artificial blood, womb, sperm, insemination, heart and brain speaks for itself. The Change that president

Obama mentioned must be implemented FROM WITHIN. The Law of laws must be now applied to ourselves. Firstly, by knowing how to again attain the mastery of changing the Food that contains the Total Memory (foremost the whole cereal grain) in the blood whereby we can become Conscious of who we truly ARE. This would be the conclusion of the grand experiment and the realization of the PLAN to make Earth the PORTAL of Peace and Liberation. Everyone, regardless of whether we are wrong or right, good or bad, rich or poor, smart or ignorant, needs to be liberated from the global TRAP, and no institution or any form of treaty can do it. It is only by the attainment of the Oneness that's centered within Creator's One Law, the only absolute common denominator, that the Circle of Hearts can be formed. This is not just a philosophy, theoretical notion or opinion. The truth is that the circle is the expanded center, and the center is the contracted circle. The seed is in the tree and the tree is in the seed. How much more practical can we be in the common sense line of reasoning that ALL IS ONE?

The Oneheart Teaching concerns the practical daily application of this truth. "Anti-Creation" can be easily identified, by its means to destroy the world, by the enforcement of laws which forbid us to Live by the Law of laws. Its principle and doctrine is to divide and conquer.

In whose interest is it to create more laws, medicine, weapons, money and research to have more corruption, disease, war, poverty and ignorance? Now is the time for all beings to muster the COURAGE to accept the Creator as the ONLY Owner of the world and beyond. Creator's One Law must be implemented as the Primary Constant. Humanity needs to enter the Decisive battle within, and it includes the TOTAL Revolution/Restitution of body, mind, and soul. The recent "Spanish/Madrid revolution" could be the beginning of a Process, when after looking into the "Mirror", seeing how corrupt the world has become... we must do the Self-examination in order to discover that the enemy is within our own selves—even a mind that has sold out to the deplorable system or philosophy of "NOT TO BE", rather than to just BE. This means we can be in Control of the enemy because it has nowhere else to go.... "Got cha!" This adversary we can thus negate with the God-given Power for us to BE and it requires the application of Creator's One Law. CHANGE, in daily life. Firstly, by changing the quality of our blood by way of food. "Bad blood" is the breeding-ground of the enemy.

To demonstrate and protest within the arena of politics and economy are merely free advertisements for a system that can only work as long as we remain focused on the boundaries of the TRAP. What would be the sense of blaming the "scorpion for being a scorpion" to obscure our own incompetence to be a true Human? Let it be. It may sting itself when it has no way out from the circle of small-mindedness. The attainment of Liberation requires us to see and know ourselves as an Eternal Being and Creation in the Human form. The time is upon us to make the Choice to BE. As such we can negate the "evil" which thrives where good people do nothing". Consumerism is coming to its end and so is the grand experiment. The Return to the true world requires us to make Creator's One Law the Primary Constant.

So far... what has been said here must give a clue as how the true democracy can be established and how any form of terrorism can END. Countless casualties and destruction have been inflicted by the ENFORCEMENT of so-called "democracy" - more than what the "small fry" terrorists have caused. In either case it is the enforcement of the FEAR- based laws. In fact, terrorism is the asset to the needed FEAR to maintain the TRAP, whether it is the big or small terrorist who does the damage. The more means one has to enforce secondary laws the more violence can be used to make terrorism legal. It all began with the deviation from Creator's One Law. Anyone who can THINK beyond the context of the political and economic order can come to the conclusion that unless humanity undergoes the basic UNIVERSAL REORIENTATION, the solution WILL come about by the same Force that we have NOT used by making the CHOICE to BE. In

our case on Earth, it will be Nature who will do the Enforcement of Creator's One Law. As prophecies stated, "there will not be one stone left unturned". This building we are in now would be flat in a second. Anti-Creation welcomes this "solution", because its nature is to have a backwards evolution, towards the "big bang". Therefore, it emphasizes the most primitive forms of life, such as the seedless food, virus, chemicals, microwaves, chemistry over alchemy, survival over fulfillment, competition over union, consumerism over creation, and any form of reaction. Robotization is on its agenda. Therefore, anti-change is needed, to FIX the world within an illusory realm that will violently end, when we do not Wake Up in time and SEE who we truly ARE, because Truth is the ANSWER.

Extra emphases on the Inquisition

In Australia there was a Rabbit epidemic and no matter how many rabbits were gunned down, its population increased. Then the "INQUISITION-method" was applied. Instead of just killing the rabbits, only the FEMALE rabbits were killed. Consequently, the family structure got out of balance, because it is the female who has the Power to Create. The male-rabbits began to kill their young. It worked.

Final note

The time is upon us to take advantage of the COSMIC OPPORTUNITY to attain Self-mastery, for it is certain that the political/economic system has on a major level, been instrumental in assisting us to graduate from Mystery School Earth. The Diploma is attained when we can truly say "money needs us" instead of "we need money". Therefore, no longer remain side-tracked by those who are corrupt and misuse money and political power. Some- "body" has to be "devil's advocate". Forgive, ALL IS ONE. True Wealth and Power we already have, WITHIN. Therefore, our BLOOD must carry the MEMORY to be attained from the FOOD that we must master at the Original Centre of Government, the KITCHEN. As such the basis is set for the true Democracy, where we can truly say "Government of, by and for the people". Then the infamous inquisition will END. We must remain focused on the Realization of the PLAN. WE can do it NOW, for the Infinite Universe is guiding us to this Joyous Goal!

WE managed to create a massive poison on Earth. The plus of this "accomplishment" is that out of it WE can create a most Powerful Medicine! In other words, by making Creator's Law, The LAW, we can CHANGE that what needs to be changed. What we need now is the RETURN of the Alchemist, foremost WOMAN and her KITCHEN!

Further information about food preparations for normal daily life and healing can be acquired under the name of MACROBIOTICS (books, internet) which's principle was prevalent throughout the world until the inquisition made an end to it. And that is how it is today.

This Message was conceived at the last enclave of Hopiland ("Titus Farm", Third Mesa/Arizona) that has been declared Sovereign Under Creator's Law.

Thank you for this opportunity to be heard,
Roy LittleSun - Hopi elder in spirit
Messenger of the Oneheart Teaching
Presentation assistant: Peggy Steevensz

The 7 Teachers

First TEACHER Selection of Food

What has been so far described must be most Constructively INTERNALIZED by way of FOOD, to be Chosen in such a way, that it can create the BODY to REFINE SPIRIT, along with the Consciousness that ALL IS ONE.

“The Seed is in the Tree and the Tree is in the Seed” formulates how with the correct way of Food-selection the Refinement of Spirit can be of the Highest. Know the true meaning of “when the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the MIRACLE of miracles” (Jesus).

The Seed correlates with the TOTALITY or SOURCE, and when Properly PLANTED, the Tree REVEALS what the Seed Contains. It is by the Correct way of Eating that the BODY/TREE can bring forth many Seeds = Eternal Life!

It is purely of Ignorance that most merely want to enjoy the Fruit after the Seed is disposed. Disease and all sorts of mishaps are the Consequences of it. It also disables the Total-BRAIN use. Humanity has come to that state of Mind, that’s why the entire academic/scientific/economic/political order has NOT one Solution for a single problem. Want to be in CONTROL of the “panhandle”?

Food to be Wisely consumed can be categorized as follows:

1-

MAIN-food of the Human (50% or more): Whole cereal grain: Rice (not polished), Millet, Wheat (not flour), Oats (not flattened), Rye, Barley, Corn. Compatible with the cereal grain: Quinoa, Amaranth.

2-

Legumes (20%): Beans (preferable the small kinds), Lentils, Garbanzo.

3-

Vegetables (25%); Pumpkin, Squash, Roots, Leaves – preferably cooked, to make it easier to Digest. Raw foods require two times more blood and time, to digest. Thus, less blood for the Brain use.

4-

Nuts, Seeds (best to be toasted), fruits (seasonal and regional).

5-

“Pleasure foods” are optional, which require Wisdom and Discipline.

Today, there are a great variety of “diets”, and many believe they do well to eat “health foods”. Commerce has made use of such ignorance and create deceiving labels to gain profits: “bio, organic, natural, no sugar, no gluten, vitamin enriched, vegan”. Ingredient labels have become extremely small to read, and most do not care. Just AVOID buying at the “supermarket”. There are many ways to do the open market shopping. Make a rule to Not buy packaged and canned foods. Ignore it all and you will surely END in the hospital, leaving the bill to be paid by another. How “spiritual”!

Second TEACHER Preparation of Food

The Preparation of Food is not just a way to make it extra palatable. There are different ways of preparation. The simplest is just the combining without Cooking, by texture, color, taste, to create an “appealing bouquet”. As such, we cannot fully enter the Ascending Process, because the Fire-element is of Essence.

The True Cooking requires us to know the Principles of Alchemy, using water, fire, salt, time pressure and consciousness. All of it is needed to Release Food’s MEMORY within a desired state to Harmonize the Opposites. There is a great difference between Boiling, Steaming, Sautéing, Frying, Baking and Roasting. Each can influence one’s general condition, including state of mind.

Also, the type of Fire. Is it of Organic (wood), Synthetic (gas), inorganic (electricity, microwave) origin. Microwave is of the worst, because it will destroy Memory. Then, what kind of cookware? Best is of Earthenware. Then the lesser: Ceramic, Copper, Cast iron, Stainless-steel – all according to quality. Aluminum, Teflon and all sorts of “latest invention” must be avoided. And, in what kind of environment is the food prepared ... the Cook’s state of body and mind? All can influence the Consumer.

Third TEACHER

Mouth, Serving and Eating

Now we arrive at the PORTAL that connects the Outer and the Inner, the MOUTH! Examine the Meal in front of us. HOW is it Served? All on one plate or in different ways, each with Different Flavors? HOW to Combine it all by texture, favor and quality? What to eat first and the following in the right order? In the Mouth the INITIATION of Being! Consider strangers knocking on the Home’s door. We want to Know who it is, or just letting them in without any Examination?

The Food we allow to Enter Body’s DOOR, the MOUTH, it becomes a PART of our BEING. When just eat without any true Discernment, then later complain about what the STRANGERS are doing Within.... Then going to another Stranger, the “doctor” who orders for a “blood-test”. Then the next Stranger, the Laboratorian. From thereon the Pharmacy, to get the worst Strangers internalized. Then we become increasingly a Stranger to OURSELVES. Then go to a “priest”, who is also dealing with the Same dilemma. “World of Strangers” we have!

The MOUTH:

1-

Basically 32 Teeth correlating with the 32 Vertebrae.

2-

Upper and Lower Jaw. Correlating with Heaven and Earth.

3-

Tongue, correlating with the Heart, whereby we can distinguish the different tastes, each relating to different bodily functions and emotions.

4-

Saliva, derived from the Blood, created to have the Water-element further Descend to the Inner-Earth (Small-intestine).

5-

Chewing, Unifying Heaven and Earth, to also MIX the Food with the Blood-residue (Saliva). Becoming Familiar with the “strangers”. Masticating as long as what it takes for the Blood to connect the Toes with the Brain (one Minute) = “TOTALIZATION”.

6-

WARNING; NO DRINKING while eating! Otherwise, the Digestive Process will be SABOTAGED! Especially not ice-cold or sugary, including juices.

Sequence of Eating:

1-

Small amount of salty soup (sea vegetable stock is best) or a pinch of salt to make the Mouth-Small-intestine connection.

2-

First bite is of a Whole cereal grain, to Initiate the Central nervous system, UPWARDS.

3.

Following bites begin with the Grain, to then add a different taste, making it complementary with the thorough Chewing. This way we create the Total UNION of Body, Mind and Spirit.

4.

A Condiment can bring variety in the taste combination. But have this Process be of a Conscious procedure.

5-

Upon finishing the Meal have a sip of warm tea (green tea) to neutralize the remaining taste in the Mouth. Wait with further drinking for 20 minutes, up to ½ hour. Ignore it, and we will Dilute the digestive juices in the stomach.

Fourth TEACHER

Stomach

After Swallowing the Masticated Food, the body provides the Acidity to continue the Refinement. So, it is not a good thing to drink too much during this process. Here the preparation is made for entering the next process, which is of the Alkalinity in the small intestine.

The Stomach next to the Heart, has a CENTERING influence on our Being. By the wrong food combination and temperature, it can create an overall discomfort and even Ulcers.

Fifth TEACHER

Small intestine

Here the needed Essences of the Food Enters the Blood to create the NEW blood (first the blood plasma). With the daily food every day 1/10 of the Blood-plasma is created. So, in 10 days the entire Blood-plasma system is Changed. Here the Condition has to be of the Alkaline (Ocean-quality). The Blood-plasma Changes into the Red-blood cell every 3-4 months. Then the Blood changes into the Body-cell every 3-4 years.

The Small-intestine is the Inner-Earth/Mother, Polarizing the BRAIN. Any form of Mental problem BEGINS from where the Blood Originated! By this Polarity the Blood ASCENDS to the Head/Brain from where we can SENSE by way of Touch, Taste, Smell, Hearing, Seeing and Thinking.

Sixth TEACHER

Brain: Purpose

By the Sensing the Blood can now Center the Brain by the Pineal Gland, from where the POWER can be REFINED into FREE WILL, whereby the CONSCIOUS CHOICE can be made, to BE. This Decisive Factor goes along with the possible Perception that ALL IS ONE = TRUTH!

Seventh TEACHER

Manifestation + Realization = Meaning

Now we can Fully RETURN to the TOTALITY with the REFINEMENT of everything that we Internalized by way of the FOOD that upon the Digestive Process has become the BLOOD ascending via the Heart to the Brain. Why via the Heart? It correlates with the Constant and Control-center whereby Creation is Maintained. POWER (WILL of GOD) the absolute and eternal Common denominator of Creation, the Unstoppable CHANGE or LAW of laws.

Everything contains this Constant, which is also known as the Nucleus, whether visible or invisible. It is the PORTAL to connect with the POWER that Flows through SPIRIT. Spirit is the CHANNEL or what's around the Absolute Center = NOTHING = Humility. There is a saying, "the Meek will Inherit the Earth". The Meek or Humble can be the "clear-Channel" for the POWER to flow through.

Earth's existence depends on the POWER most, so that it can SERVE Life. To be Humble is to be a SERVANT of GOD. The Arrogant having no POWER Demands service.

To All the

Millionaires and Billionaires

(today 58.000.000 millionaires and 26.000 billionaires)

The “rich” have become POOR in Spirit, to know that by the Creation of the POVERTY of Body, Mind and Spirit, EXPLOITATION to be used as a SYSTEM, whereby Humanity becomes Dependent on the Commodities whereby we can “live” WITH the Problem.

Regardless how “spiritual”, CORRUPTION of all sorts the “chosen few” merely SERVE the “evil where the good people do nothing”. Example, the Vatican and Consorts have become the greatest Shareholder of the Weapon-industry. FACT.

As is, the entire Establishment has NOT one Solution for a single problem, not even a Cure for the “common cold”. As disease, war, poverty and all sorts of corruption have exponentially increased with the creation of more medicine, weapons and laws, Humanity needs to Know HOW to BE HUMAN, the TOTALITY within the TOTALITY (Creation in the Human Form).

33.000 years ago, at the region of Titicaca/Peru, there was a True University keeping a SECRET, to be Secured and not to be Revealed until a SIGN was given. Then a military Exercise was decided upon to find out how Secure the SECRET was.

Two teams were formed, the Blue and Red. The Blue were to Protect the SECRET and the Red to try to uncover it. In its course it became a REAL Conflict, because the Dark got involved. Since then the Conflict has never been resolved. It has Festered until today with Humanity having an arsenal of 20.000 atom bombs.

The Hopi who were Responsible to keep the SECRET migrated to the North and settled at Oraibi/Arizona, waiting for the SIGN. “There will be a gourd full of Ashes and explode”. This Sign turned out to be the atom bomb that was dropped on Hiroshima. “Then, there will be another gourd full of Ashes, of PEACE”. This gourd became full of the Ashes of Fire Ceremonies from around the World and was then burned at the Mt Fuji/Japan region. This Fire was ignited with a remainder of the Hiroshima Fire. The completion of the FIRE-element at the Mt Fuji region and the Resulting Ashes, correlate with the REVELATION of the SECRET in the form of the Oneheart TEACHING (to gain the Liberating Universal Perspective), for Humanity to Know HOW to be Liberated from the Velvet-PRISON of Ignorance and Indifference.

The SECRET could not be Revealed, because Humanity needed to go through the EXPERIENCE to find out HOW to MASTER the DUAL use of the BRAIN (Right-Left, Horizontal). As such, PERCEPTION created the “right over wrong, good over bad, like over dislike and mine over yours Mentality (= halve truth). All was needed in order to Consciously Realize the Divine PLAN to make Planet Earth the PORTAL of PEACE and LIBERATION.

TRUTH had to be framed by the Contrary, to KNOW what ONENESS and PEACE is NOT. By the Dualistic Mindset, Education became based on what today’s Dual based academic order proclaims by way of Reaction (fission).

The academic aspect became as such Principled, to create the ARTIFICIAL by way of science influencing way of life with all the Consequences thereof. ARTIFICIAL Intelligence is now used to DESTROY anything that is needed to have the PLAN be Realized. Those in Authority do not know better and are in Control of the “out of control”. “Negotiation” and all sorts of Political means are believed as the “best means” to maintain “order”.

The Oneheart Teaching, since 1945, has Unnoticeably filtered through the Global Confusion and has come to the point that the ORIGINAL UNIVERSITY can be RESTORED. Now the FEW who have the INTEGRITY of Soul must come together to set the Basis in the RESTORATION of the TRUE UNIVERSITY. Hereby the BRAIN can be used in the Vertical manner, connecting the Heart with the Pineal Gland (Portal of Truth).

Great Spirit guides the ones who can possibly help with the Restoration of the Original University, with a complete new way of using the Brain and the Human Potential in the Realization of the Divine PLAN. They

will come together and AGREE in Ceremony, to initiate the Educational Process that can Inspire Humanity to SEE and KNOW.

So far, Money has been used by way of “number”, merely showing how the right-left brain can be used to have the one be dominated over the other: right-wrong. good-bad, like-dislike. mine-yours = halve truth. As such, TRUTH will never be Known and Practiced. INDEED, the SECRET needs to be REVEALED in the form of the Oneheart TEACHING: www.oneheartportal.com/student . Who are the ones who can TEACH by EXAMPLE?

What can be Truly DONE...
when the “rich” can be TRUE!

The LEADER



A group of wolves: The three in front (red circle) are old and sick. They walk in front to set the pace of the running group to ensure they get don't left behind because more than likely, if an ambush happened, they would be sacrificed. The next five (yellow box) are the strongest and best of the pack. They are tasked with the job of protecting the front of the pack if there is an attack. Naturally, the pack in the middle are always protected from any attack. The last (almost) five behind them (green square) are also among the strongest and best; they are tasked with the job of protecting the back of the pack if there is an attack. The last one wolf pictured (blue arrow) is the LEADER. He ensures that no one is left behind. He keeps the pack unified and on the same path. He is always ready to run in any direction to protect and serve as the 'bodyguard' to the entire group.

How does it apply to today's Leadership? The CONTRARY, whether Politically, Academically, Socially and Spiritually. The First **Disqualification** to be a Leader is by saying “I am the Best, follow me”. That's how the “President” of a Nation becomes a “leader”. Then, HOW to create the “FOLLOWERS”?

Make the People feel INADEQUATE. Teach them how to DEPEND on all sorts of things, jobs, ways and beliefs (“I need money” instead of “money needs me”). Therefore, “media” and even “religion” become handy. We can easily understand the above by how the masses are “let by the nose” by way of CONSUMERISM (also “media excitement”). But what about the “Spiritual Leaders”?

SAME THING. The true Spiritual Leader lives SIMPLE and will never become a Millionaire. Why? He/She has not much FOLLOWERS, only True STUDENTS. The True Student must do the SELF-EXAMINATION, to find out How the TEACHING can be PRACTICED, and even IMPROVED. And this makes the True Leader an "Oddball", by presenting issues and aspects which require the Student to go through the TEST.

So, why are today "spiritual leaders" so "RICH"? Because they have a great number of "FOLLOWERS". They have to be Entertained and Impressed with all sorts of impressive "sacred geometry", "scientific facts", channeling and trance shows. Yet, not able to Be the LEADER of oneself. They all DEPEND on the doctor who in turn depends on a doctor. Example, Dalai Lama and Mathias the Stefano. Both lost their Gall Bladder in the hospital (the gall bladder is the pineal gland of the liver being the most important spiritual organ to connect with the Universe). In short, the True Leader Teaches Truth by being the Living EXAMPLE.

What are the "followers" following? IGNORANCE and the SICK! So, let the WOLF be the EXAMPLE of the True Leadership! The True Leader is also Truly Spiritual and is firstly RESPONSIBLE for the GOD-given BODY. Jesus: "When the Spirit creates the BODY, it is an Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles. Do the SELF-examination by being the Student of Life!

Let this be the CALL to all the Teachers of Spirit: Not the Followers making the Teacher the millionaire of Money, but the Teacher making the Student the Millionair of SPIRIT!. The True teacher is the SEED and the Students the TREE bringing forth more Seeds, Endlessly!!!

Let this be the CALL to all the Teachers of Spirit: Not the Followers making the Teacher the millionaire of Money, but the Teacher making the Student the Millionair of SPIRIT!. The True teacher is the SEED and the Students the TREE bringing forth more Seeds, Endlessly!!!



and many more, as Humanity has become their MARKET



REDEEM!

We are the Ones we have been Waiting for!

Conclusion-

The Universe, Creatiom, TOTALITY and Everything that sustains the HUMAN Universally, DEPENDS on the Constant FLOW of SPIRIT. Therefore, the Divine Responsibility to Maintain the BODY as the REFINERY of SPIRIT.

Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles". So, let this be the MESSAGE to all who have become "conventionally rich". They could be, due to a SYSTEM whereby the LAW of laws (GOD's Onelaw) is made ILLEGAL, so that Humanity can become their MARKET of Debilitation ("consumerism"). The "legal organization's laws" ONLY work by ENFORCEMENT. In other words, laws which can be used as a Weapon making WEAPONS the law. That's why all sorts of WARS have been waged, also using the "medicine" whereby we can "live" WITH Disease (inner-War).

Do not only blame the "illegal cartel", being the MIRROR of the "legal cartel". Example, many worship the "peace banner", not realizing that one of its main leaders is on a "heart-pacer and "legal drugs", denying the GOD-created FOOD as the Divine Medicine. The Pope is another one.

"Millionaires" are merely "generous" as a show, to then claim the "tax-exempt", and even when "giving from the Heart", still no true TEACHING as How Humanity can Be PRICELESS, without Money.

Humanity needs the TRUE TEACHER of LIFE, the one who can be a Simple SEED for Humanity to become the TREE creating more SEEDS, Endlessly. Share this with your "Millionaire friends", who must Know what it takes to become a Millionaire of Spirit. Let them INVEST in TRUTH!

Note-

There is More than enough Money to Stage the Liberating Oneheart EDUCATION (kept SECRET for 33.000 years), to be SHARED with Humanity in a period of less than a year. Just one million \$\$\$ will do. Why holding on to "numbers", soon becoming WORTHLESS?

Tawa, Titus and the SECRET

The Last TEST is upon ALL of us, and goes along with the Last Question,
"to Be or Not to BE"?

The Essence of The ANSWER is centered around the Distinction between that what DIVIDES and that what UNITES. It could not be otherwise, because the HUMAN is The TOTALITY within the TOTALITY, Creation in the Human Form, Created in the Image of GOD.

We either LIE to Ourselves or Tell the TRUTH to Ourselves. As long as we allow our True Identity be Overruled by any other identity... we will not be able to say "I AM" – "to BE".. We are certainly Not a Passport, not even a Tribe, Religion or Nationality. Just THINK...

The One we Truly Are, containing The ONLY ONE, has the SAME SOURCE as Everything that Creation Contains. To Claim an exclusive Identity or personal uniqueness does not mean to be Divided. It can be COMPLEMENTARY when we SURRENDER to what Everyone and Everything has in COMMON, which is the Only Constant of the Infinite Universe, The ONELAW.

The "Not to BE", the one who Divides, Divides because it claims its laws to be Superior above Creator's Law, whether it is of a Tribal, Traditional, Religious or Political character. And this has Originated ALL WARS, whether it is of a Tribal, Global or Universal ("Star-wars") measure. It REQUIRES Creator's Self-enforcing ONELAW to become the UNIFYING CENTER to Harmonize any Duality. All other laws can contribute to Division, because they can be used as a Weapon making weapons the law ("law-enforcement").

Since 1970 I became Conscious of the Principle and its Practical Application of the ONELAW. In 1990 I met with my Adoptive Hopi Father, Titus Qomayumptewa, in Hopiland/Arizona. Although Hopi means the "Peaceful One", I soon became aware of the Great Division among the Hopi, too. One side allowed themselves to be Governed by the "Hopi Tribal Council", Illegally installed by the Peabody Mining Company with the help of the Mormons and Consorts. The other side preferred to hold on to the Covenant made with the Creator, to Protect the Land Under the ONELAW. There were very few Elders who Openly Declared their true Hopi Identity, and Titus Qomayumptewa was one of them. He almost got killed by a council-member, and remained bodily handicapped since. So, I took care of Titus and his Corn-field. It was Titus who Delivered the Last Hopi Message: "Tell the World the Truth about Creator's ONELAW": We made the Sacred Agreement to do just that, and Titus' Last Words before he Joined the Rainbow were: "Tawa, have you finished your Book...tell the World the truth about Creator's LAW".

Of course, being Help-full to the "Last of the Hopi" ... I became the Main-target of the "HTC", especially for me being instrumental for Openly Declaring Titus' Farm to be SOVEREIGN Under Creator's Law. During that episode I was initiated to be instrumental to deliver the Last Hopi Message with the World, also in the fulfilment of the last part of the Hopi Prophecy.

After Titus Passed on (1994) the "HTC" summoned me to leave Hopiland, unless given the "permission" to remain Under the "HTC-law". Of course, I refused, and this led to my arrest at gunpoint by a "HTC Swat-team". The Judge dismissed the case, since the arrest was completely illegal. Yet, the arrest threat remains until today.

Was I angry and remorseful? By the Self-examination I concluded that it was all OK, because it led for me to go around the World to DELIVER the Last Hopi Message, that so far not One Hopi has done. Much later I found out WHY.

I finally Discovered the Truth about Hopi's Universal Mission, which began in Peru near World's highest lake, Titikaka, from where 33.000 years ago the Hopi departed to the North with a CONFLICT that has affected the World until TODAY. The following was confirmed by Inca Descendants to be true (Truth Prevails).

The Hopi, at that time known as the Tiwawaku (for its location). Here they had a very special University, where a "SECRET" (read The Total Unique University) was kept. So, how safe was the secret? Then a decision was made to have a military exercise, to test the guardianship. The "blue and red teams" were formed. The task of the "blue-team's" was to protect the Secret and the red-team's was to find out how to infiltrate and Destroy the Secret. It became a real war, due to the invasion of the Dark forces. This Conflict remained Unresolved until TODAY. This War was about Destroying the PLAN to have the Human LEARN about what it takes to become FREE by CHOICE.

What was/is the SECRET, that it can linger, causing billions to suffer for so long? Has the time arrived to REVEAL it? What could be the ULTIMATE SECRET? And this has been the Conclusion in Conjunction with the LAST HOPI MESSAGE, which has been CONFIRMED by several of the Inca Wisdom-keepers.

What can be more Secret than what we cannot See, Touch and Duplicate... than the CENTER of centers, Infinity WITHIN...Ever Deepening? The CENTER whereby OPPOSITES can become COMPLEMENTARY, so that Peace and Freedom can Reign from the CENTER of the HEART, from where we can "THINK and BE

PEACE” = HOPI? What does it take to Reach that Center of centers by which the POWER of powers can be USED in the form of FREE WILL?

So, in order to be Able to Use Free Will...we must PROVE that we CAN do the OPPOSITE. This we have been DOING, by going Against Ourselves! Today’s World is the EVIDENCE! We even attained the Ability to DESTROY the Nucleus (externally with the creation of the Atom-bomb, internally with the creation of Cancer). With it we can Destroy the Whole WORLD! With this accomplishment we were able to have the Nano-technology, by which we can ultimately create the Human Robot who has no other “option” than the “Not to BE”, forever Denying itself, because it enjoys to be a Micro-chipped SLAVE. Many have reached that stage.

The “POWER-point” or SECRET of secrets is Contained by what the Inca know is the Chakaruna, the Very Center of the CHAKANA. This Ultimate PORTAL inter-connects the UNKNOWN or GREAT MYSTERY with the Realm in which we can begin to REALIZE, CREATION the Divine MIRROR. This Portal also interacts the INNER/OBSERVER and the OUTER/MIRROR. THE SECRET is that what can UNIFY the Observer and the Mirror!!! This Meeting-Point is the Essence of the PORTAL of portals where ALL Reaction or Conflict ENDS. This is the ONELAW that we must make the DOMINANT Constant in normal DAILY LIFE.

Did my very Best
LOVE
Tawa



Titus and Tawa at the Desrt Corn Field

Tangan Dingin

In Indonesia there is a saying “Tangan Dingin”, meaning “Cold Hands”, They are the ones who can GROW.

Others are of “Tangan Panas” (“Hot Hands”), they have difficulty to make Plants Grow.

To be a “Tangan Dingin” we must first take care of the BODY, not just by eating Food.

The Body is maintained by how Heaven and Earth can be HARMONIZED.

As the Hopi have said, the Next LEADER of Humanity is the “FARMER who Grows Corn”.

Sick leaders, as most are today, are merely interested in the Money and money related things, which cannot Naturally Grow.

The "Tangan Panas" eats the Fruit and Discard the SEED,
The Seed correlates with the SOURCE from where the POWER emerge.
Energy is quite different.

It is of the REACTION without the Center of centers (FISSION).

As such, the "Tangan Panas" resorts to Destruction.

Obvious today, as how all sorts of WEAPONS, including UNTRUTH are used to FORCE Humanity to OBEY by way of SELF-destruction.

So far, the different aspects of the PROCESS.

Today I read about Nikola Tesla.

He was puzzled about the "point zero energy".

What is IT?

So, let's BEGIN with the Beginningless Beginning = Point Zero or TOTALTY-unmanifest, which becomes the TOTALITY-manifest, when the POWER that Contains the TOTALITY ("divine superglue") is Polarized ("big bang").

So, HOW can the ONE become the TWO?

The "Original ONE" is the SEED or "Mystery Egg", and to Know what it Contains, we need to PLANT the Seed.

It is the FARMER, the CREATOR (GOD), Who needs the Fertile Soil for the Seed to SPROUT.

It is by the CIRCULAR DUALITY that first the ROOT followed by the BRANCH, everything that the Seed contains can be REVEALED.

Ultimately the Revelation must make SENSE by PURPOSE and MEANING.

Therefore, the creation of the HUMAN who integrates Root and Branch correlating with the Digestive and Nervous system.

As such, the FOOD that contains the SEED of seeds needs to be the MAIN Food creating the BLOOD, to bring forth the POWER to Ascend via the HEART to the PINEAL GLAND.

From this Bodily PORTAL the POWER is REFINED into FREE WILL, whereby the CHOICE can be made to BE.

This entire "Planting Process" has been formulated by Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles".

So, when the "Planting" all the way from the SOURCE until the Pineal Gland is Uninterrupted, we will KNOW HOW to Create the "point zero energy", FROM WITHIN.

Not until then, the Right-Left Brain is kept preoccupied with the Perception of ENERGY (reaction, fission and all sorts of perceptions of conflict and halve truths, equations, philosophy, religion, microscope, telescope, geography, opinion, confusion = contra-fusion).

The Course of POWER is Cyclically Revealed. SPIRIT is the Cycle/Channel Through which the POWER FLOWS and not until we can USE the BRAIN Vertically, POWER is Dualistically Perceived = ENERGY.

The Cycle:

- 1- SOURCE/SEED, TOTALITY-Unmanifest.
- 2- Polarization ("big bang")
- 3- Creation = beginning of Construct to set the Basis of PURPOSE and MEANING.
- 4- All condensed by a Planet.
- 5- PLANT/FOOD = Refinement of Matter.
- 6- ANIMAL = Refinement of Food.
- 7- ALL Condensed in the HUMAN FORM.
- 8- Cycle integrated, becoming the Blood's Circulation.
- 9- BODY Centering the SOURCE with the HEART.
- 10- From the Heart the Blood Ascending to the BRAIN, Refining the Heart in the PINEAL GLAND.

11- Releasing 1-10 with CONSCIOUSNESS.

12- BACK at the SOURCE to KNOW that ALL IS ONE = PEACE = Self-realization.

13- Viola, the TOTALITY-manifest!

If this summary is still "puzzling" ... read this book once more!

Anyone who can IMPROVE what has been shared, please do so.

FARMER

Everything that Infinitely LASTS is Based on the following:

1-

The SEED.

The Seed must have the Total MEMORY that connects the SOURCE with the Eater of the Seed., who must have Total HEALTH.

2-

PLANTING of the Seed in the Fertile Soil.

The Planting requires the EDUCATION whereby the Planter can Know HOW to LIVE by the ONELAW of Creation.

3-

CARING of the Growth.

The Caring goes along with the DEDICATION to SERVE the TOTALITY.

4

HARVESTING the Seeds of the Plant.

The Harvesting must set the Basis for the REFINING of the Seeds into CONSCIOUSNESS.

5-

CONTINUE with the Planting of the Seeds.

The Continuation must go along with the FREEDOM to Use the Land for the Further Cultivation to the Benefit of ALL. Therefore, the True FARMER must be a LEADER.

Part 2

Daily Life Practice

Sacred Art of Eating

Sixty plus years ago the doctor would paddle his bike to the patient and considered a diet first before giving any medicine. Today the physician merely "practices medicine" and can lose his license when he prescribes food as the first medicine. This left the people with the only option, to design their own "diet" when ill. Thus many "diets" came into being as the result of the medical system's focus on the "medicine" (drugs) by which we can "live" with disease. So, how can a "diet" that works well for one be normal for everyone?

What is the true purpose of food and the consumption of it? Food is the link and catalyst that we basically need to harmonize the Inner with the Outer ... for food is the condensation of the environment and thus holds the memory that we must integrate in the body cells... so that we can remember in order to make full cycle Within Creation. The more memory and the greater the context in which the memory is contained, the more we can become conscious of who we Are. So, by the Choosing, Preparing and Eating our daily Food according to the very principles of Creation, the greater the potential to have great health. Health means whole. The laboratory created concepts of health mostly came from the observation through microscopes and the study of dead bodies. The Total relationship with Creation requires us to know how to independently design our nutritional profile according to our constitution, condition, age, gender, way of life and environmental conditions. Today's "diets" are mostly in the experimental stage and must shift Within the universal context of understanding and practice, in order to overcome the great gap that we now have between the natural and artificial. All the "diets" or ways of eating can be categorized according to the nine stages of evolution, from the most primitive to the most advanced:

1 - Eating by "Quantity" (gourmand, "all you can eat")

From the micro-organism to the reptilian, they eat until their stomach is full and then sleep because not much blood goes to the brain, due to the occupation of blood in the digestive process in the lower region of the body. The bacteria have no problem with this interruption, because the food they internalize goes straight to the head! The head (beginning of the species) is not extended to become a body, since it has not long enough evolved, that it needs a "storage", that can contain the Memory of the evolutionary process it went through. Many Humans maintain themselves on this level (regardless their "healthy food") and thus accept to be powerless against the most primitive form of life, the Virus... and consequently must rely on a medical system that can not function without the computer, which is at least one hundred years behind in the computing capacity of a simple cell...

Level of judgement: MECHANICAL

2 – Eating by "Taste" (gourmet)

Still attached to the "head's concern" (taste buds) but evolved to the degree that its sensorial response will give signals to the body (microcosm of the past) to prepare the digestive process. In other words, the greater evolutionary experience enables the eater to master more "Inner time". This adds up to stamina. So, it is thus essential that by the increase of our level of discernment, applied to our way of eating, we come to "live real time", which is the Eternal NOW. Until our connection with the Source of food is fully realized, we will remain in the cycle of birth and death, always trying to extend the Temporary with the "next fix". .to grow out of the illusory fix, we must go along with Change, to BE in the unstoppable NOW.

Level of judgement: SENSORIAL

3 - Eating by "Looks or Sentimental Setting"

This category involves the traditional, "candlelight dinner" and "what my mother let me eat" way of eating, protocol and mannerism. Stick to "fork and knife", even when the food can be must more enjoyed when eating with the fingers. This aspect has been capitalized by the commercial world, with their psychologically presented foods, by labelling and subliminal advertisements.

Level of discernment: SENTIMENTAL

4: Eating by "Intellect"

By truly mastering the former levels of eating, we will be able to release the essence of food to a frequency high enough to excite the brain, so that it can occupy the blood long enough in a higher thinking process. This aspect correlates with the so-called "attention-span". Here we judge food by way of reasoning and consider the "scientific approach". As such we begin to analyze food by the microscopic observation, such as protein, carbohydrates, vitamins, enzymes, minerals, etc. Although quite incomplete in the understanding what food is, it gives us a much greater relationship with Creation and a firmer basis to let the mind evolve.

Level of discernment: INTELLECTUAL

5 - Eating by "Social Concerns"

With the growing awareness, of our relationship with the environment, from where our food comes from... we begin to eat food in a sharing manner. Individual needs are considered, and the food is prepared and eaten in such a way that it can please every one who belongs to the family or community. Ideally everyone is also involved with the growing of food. This aspect of life has been systematically debilitated through the control of the food-cycle by the exploitative cartel. The disintegration of the family is the result of this onslaught.

Level of discernment: SOCIAL

6 - Eating by "Universal Order"

The relationship with the origin of food has grown into the Universal Context. The brain can now resonate beyond the horizon that we can touch, smell, hear and see. We go beyond the space and time that we can possibly cover within our own biological existence. We enter the future by making ourselves Food for a Greater World! Now we apply the Universal Principles of the Order of the Infinite Universe, for the Choosing, Preparing and Eating of Food. Going beyond (yet including) quantity, taste and analytical evaluation) food is now used to make the complete Link between the Eater and the Absolute Source of Food/Creation. All the Elements (Earth, Air, Water, Fire and Consciousness) are used to center the manifest Within, to find our Limit that we can then use as our Stepping-stone.

Level of discernment: IDEOLOGICAL

7 - Eating by "Intuitive Knowing"

Now the body has attained a firm recollection of the evolutionary past and is ready to enter the Ascension stage, to find and Know the Self by, of, for and Within the Self. Food must now be eaten Full-Spectrum to realize that food and eater are One, that "God made Himself". The practice of Appreciation is essential and includes the complete mastication of food, to know that everything is Food.

Level of discernment: APPRECIATION.

8 – Eating to "Realize the Dream"

The union of all opposites is made Within. Now we can think with the Heart and will not fail in the choice of food, in any form and way. We will be able to Change the worst poison into the highest medicine, because we have mastered the Alchemy of Life, the practical application of the principles of the Absolute and Eternal Constant of Creation, which is CHANGE.

Level of discernment: LIBERTY

9 - "Eat or Not Eat"

We have Arrived and can truly say "I AM!"

Level of discernment: ALL LEVELS

"The Sacred Art of Eating" is the "ladder", that we can use to reach the highest stage of Being. It is not a "diet" yet it includes all "diets". This is the Universal Way by which we can make a most realistic basis for World Peace. The first concern is Health, which means Whole. So, how Whole do we want to be?

The Kitchen

Planet Earth is the "Outlet" of all the Materials to be Refined by way of PURPOSE and MEANING. Therefore, the BEST of the Materials have to be used to create the HUMAN who can Facillitate the "Outlet" from where the "Marketing" of Products can proceed.

The "best of the materials" are composed by the Plants becoming the Best FOOD for the Human to Activate the BRAIN after it has been Transmuted into the BLOOD, to Know HOW to Refine the Food by Purpose and Meaning. As such, the KITCHEN becomes the "Factory", where the Use of the Brain can create the First Technology, to RE-construct certain elements into pots and pans, in which the Food can be Changed.

With these vessels, SPACE and TIME are used to Control by Form, creating the contained Cycle and Pressure. Salt is here the first ingredient to introduce the Evironmental-cycle: ocean – cloud – rain – river. All of it is lateron internalized by the Eater of the Food becoming the BLOOD to Activate the BRAIN, for Knowing HOW to do the "marketing" of the Products proceeding from the Earth!

So, what have we so far created from the Earth and marketing of the Products after using the Brain? "smart-weapons" and 20.000 atom bombs, all coming from the factories, which have REPLACED the True Creative use of the KITCHEN! In fact NOT the create, but of the Contrary.

Therefore, MACROBIOTICS has been introduced, for Humanity to RESTORE the True KITCHEN! As such, we must Understand and Apply ALCHEMY based on the Principles of TRINITY, COOKING!

Why Cooked Food?

To fully answer the question... we must first have a Universal Perspective of the concern. Here the concern is Health. Health means Whole. So, how healthy do we want to be? Most people consider themselves "healthy", because they either just "feel good" or simply have not been "diagnosed" (labelled) with a disease. This is merely "clinical health", determined by the norms the physician goes by, who "practices medicine", who in turn depends on the laboratory report stating the result of the "blood test".

Blood... where does it originate? According to the medical science blood originates from bone-marrow. So, where does bone-marrow originate? Bone-marrow originates from blood and blood originates in the small-intestine from food, by biological transmutation. The Creation of blood from bone-marrow (and flesh) happens only under abnormal conditions... such as in case of fasting or ailment, when the intestinal condition is not up to par. The medical approach towards health is based on the abnormal condition

of the Human Body. This makes sense when we consider that the scientific understanding of the Human has been primarily derived from the research on dead bodies!

Where does food come from? It comes from Creation, the Whole. So, food contains the Memory of the Infinite Universe, and each food has a different capacity of memory. By eating food, we can remember and consequently food and eater maintain the cycle of life. In other words, order is maintained by the Constant or "Onelaw" of Creation, which is Change. Change implies transmutation, alchemy and is quite different than mutation or chemistry, where opposites become reactionaries.

Within the early scheme of Creation, the subtle is organized into the solid. This we know as inorganic. The "organization" of energy is going inwards. The formation of a crystal is a good example. Then, having arrived at the "bottom-line" of the cycle ... the energy has to continue with an "upwards organization". This is the function of the plant. It's roots "grab" into the inorganic (the past) and with the aid of micro-organisms ("primitive eaters") a transmutation takes place, to change the nature of energy. Therefore, the plant has a branch-system to "reorganize" the gathered energies towards the "upper-world".

What makes energy go downwards and then upwards? To understand this process, we must understand two basic elements, Water and Fire. The element Water is responsible for the solidification, thus needed for the root-system's process. Ultimately it becomes extremely solid, such as ice, unless there is a Complementary element to prevent this from happening. This element is Fire. So, with the help of the Sun the Water can rise and the "Inner-Organization" changes into the "Outer-Organization"!

Plants, however, have not the capacity to fully organize matter towards the ultimate subtle stage, from where it all began... to complete the cycle. The plant needs an "organizer" with a greater capacity to change. The animal serves this function. It has therefore organs, to organize energy into higher levels within a greater context. This is evident by the freedom to move the "roots" from place to place. These "roots" is the small intestine where also the micro-organism (beneficial bacteria) is needed to change the plant into us (blood to begin with).

Of all animals it is the Human who has the greatest capacity to organize the tangible world back to the Source. This is due to our most advanced digestive system and the ability to use Fire with the principles of alchemy, true COOKING. The Fire that we use here is of organic origin. It is much more than just heat. The heat or energy derived from electricity or microwaves is of inorganic origin and rather handicaps us in the Ascension process. Organic Fire is the trinity of energy, Unifying Heaven (oxygen), Earth (fuel) and Human (heat). We do not burn or destroy food with Fire (as the "raw foodist" claims it), we control the heat with the use of the Cauldron, so that the Water element can "marry" the Fire element. By having the Fire under the cooking pot, the energy from the Sun can then be Freed THROUGH the food, that will then add to the Ascension process of the Eater. Consequently, the organization increases in context, by the eater's Creation of the family, community and concern for world order.

The over-consumption of Water was promoted by the medical science, with the assumption that we can "flush" poisons from our body. The contrary is true. Of course, by drinking more Water than the body naturally needs, we will urinate more. Each time when we urinate, we discharge trace minerals, that we need to keep our blood alkaline and the immune system stable. Thus, the immune system becomes rapidly depleted as we literally flush the precious trace minerals down the drain! Then, with the lack of trace

minerals our blood becomes less able to capture poisons that later is expelled via the urine. With the excessive urination we lose much body heat. With each "flush" the entire body is shocked, due to the great effort it must make to keep the body temperature stable. A few degrees off will make us chill or have fever. Both extremes can kill. Doctors have recently spoken against the "eight glasses of Water a day". There is much disinformation about Health that has slipped into the "health movement" via journals. The vitamin C myth is another one. It is best to accept all "scientific evidence" with a kernel of salt, until it has been time proven for at least seven generations. For example, Humanity has been cooking their food for at least ten thousand years and suddenly there is a "raw food" rage, another "diet" based on the same "scientific establishment" that still must come up with a cure for just one disease, including the "common cold".

A child's parenting begins with the parent's Blood Quality and at a later stage only by mother's blood, to feed the baby in the womb. Father and Mother represent Heaven and Earth. Father's sperm carries Heaven's energies and correlates with the nervous system (mental). Mother's ovum represents Earth's energies and correlates with the digestive system (body).

Why is blood so special? Blood contains the complex protein by which the Water element is contained. The Water element is needed to capture the Spirit Within the physical realm and thus by the Waters further organization or crystallization (from the Outer into the Inner) becomes possible, to structure the body during the nine months of the primary maturation process. In other words, the Outer or macrocosm is organized into a very dense form (microcosm) and this happens with what links the Outer with the Inner most wholly and energetically.... which is food. For this reason, the womb is near the small intestine where food is biologically transmuted into blood plasma. By this shift every day 1/10 of the blood plasma is changed. Thus in 10 days the body's basic "building-block"

undergoes a total change. In 3 to 4 months the blood plasma changes into the red blood cell, this in turn changes into the complex body cell in 7 to 8 years. This explains why the child enters maturity around the age of 13 (9 months + 4 years + 8 years) that goes along with the growing of "wisdom teeth", so that the 32 vertebrae can be fully activated by the 32 teeth. These "wisdom teeth" will naturally grow without complication when the child has been eating the Whole Grain Cereal (around 50%) as its daily main food.

The birth of the child indicates the fundamental change of cosmic orientation. From the head going down, then horizontal and gradually going up. This change of direction correlates with the emphasis on the shift of element, from the Water element to the Fire element. Thus, upon birth the blood that the baby needed as its main food (food refined by the mother by her to change it into blood) becomes sweet (carbohydrates)... indicating the integration of the Fire element.

Mother's milk is sweet indeed. The great sweetness indicates the simple sugar that the baby needs, primarily brought to full digestion in the stomach, since the baby's small intestine is still not fully able to digest solid food centered around the complex carbohydrate. While the baby is gradually developing the ability and capacity to fully digest food, the mother aids the baby with her transmuted blood, her milk. So, it is not such a great idea to give a Human baby the milk from an animal that has a long way to go in evolution to become Human! Especially by giving the child animal foods it will greatly set a mark on the basic development of the brain and behavior Throughout Human history this has become evident.

Baby's food can gradually become less refined (sweet in taste) as the teeth appear. Then gradually the Whole Grain Cereal is included in the daily food. First in the form of "milk" (liquid) and gradually more solid as the molars develop. The Whole Grain Cereal's Fire element is contained by its complex carbohydrates. This means a slower release of energy and thus time is given for the Fire element to reach the small intestine, from where it can rise and "set the brain on Fire", through the Heart. Without this complete route, from the mouth to the brain, the child can become "Heartless". This becomes evident when one drinks alcohol (extreme refined carbohydrate), because the "food" has entered a "bypass", by which the Fire ("Firewater") enters the blood/brain. We can become "drunk" with the overdose of sugar over a long period of time. This gradual "becoming drunk" is not so easily seen as "mannerism" can keep the "time-bomb" temporarily in check.

In the small intestine the food is brought to chaos.... so that order can rise from it. That's why the central nervous system begins near the anus. The raising of the child must go along with its gradual ability and capacity to digest food and consequently the raising of Consciousness via the spine. The digestive system begins with 32 teeth and have a direct influence on the 32 vertebrae. The child cannot be enough reminded, constantly, to fully CHEW its food (until liquid). So, the order and perception of order grows from the internal turning point, the small intestine. Then the perception of order, in the brain, is brought forth by the organization of blood with the aid of the internal organs. This makes the small intestine the essential polarity of the brain. The greatest attribute of the child's mentor (parents) is food, way of eating and the small intestine.

The Whole Grain Cereal can be the baby's food at all times, even when the mother cannot produce the milk.

And this is what can be done:

- 1 - Wash and toast separately Brown rice (60%), Whole Oats grains (30%), Unpolished Sesame Seeds (10%). Toast while still wet over medium flame until light brown (will do some "popping).
- 2 - Mix and mill (invest in a flour mill) in a fine flour. Very fine for the first month.
- 3 - Dilute with Water and bring to a boil while stirring. Judge Water proportion by baby's age.
- 4 - Simmer for 1/2 hour minimum while stirring to prevent caking at the bottom.

Other cereal grains can be used in the same manner. Do not give the child salt for the first 3 years. Gradually the cereal grains can be cooked as described in this book, but then with more Water to soften the consistency. Pressure cooking is best (50 min after the pressure is up).

What to Avoid

In order to gain Optimum Health

- Sugar.
- Chemicals, drugs. Excessive use of "medicine" that can become addictive.
- Coca cola and similar beverages. Artificial sweeteners (aspartame).
- Artificial coloring. Artificial preservatives. All chemical additives.
- Refined flour products (white bread, white flour pastas).
- Irradiated vegetables and fruits (mostly sold in supermarkets and related outlets).
- Vegetables and fruits which are out of season or grown in a complete different climatic zone. Foods grown in an artificial environment and out of season ("greenhouse").
- Potatoes as a main food (instead of the Whole Grain Cereal).
- Animal foods of animals which have been commercially abused.
- Commercially processed milk - a calf will die within a week when it is fed with it instead of directly the cows whole milk.
- Excessive Water consumption (drink small amounts, just to satisfy thirst).
- Drinking while eating or before and afterwards (it harms the digestive process – a few sips is ok when it is really needed – thoroughly chewing must remedy the thirst).
- Habitual coffee drinking to stimulate the natural bodily circulation.
- Foods which have been frozen. Canned and jarred foods.
- Colgate and similar kind of toothpastes. Listerine and similar kinds of mouthwashes. Fluoride. Chemical deodorizers.
- Chewing gum (contains aspartame).
- Microwave ovens. Electric cooking.
- Aluminum cooking utensils. Teflon cooking utensils
- Electric blankets. Spring-mattresses (depletes the vital energy).
- Late eating and drinking (will harm the liver and overall bodily functions).
- Distractions (talking, watching Television) while eating.

What to Eat

1 - The “Whole Grain Cereal” is the most Universal food, and since we are Creation in the Human Form... it reasons that this most complete food has to be our Main-food – at least 50% of our daily food consumption.

2 - “Legumes” (beans, lentils, peas) are the secondary grains and can be included in the amount of about 15%, 3-5 times per week.

3 - “Vegetables” should be eaten according to the seasons of growth, coming from the same climatic zone where the consumer lives. Pumpkins and hard squashes can be eaten beyond the season of its growth, according to their natural lasting. The amount is around 25%. Salads are optional and can be eaten when the season calls for it (not for breakfast and dinner), towards the end of the meal (not at the beginning).

4 - “Condiments and relishes” are used to enhance taste according to personal needs. Some of them have a therapeutic effect. Salted pickles are important to aid the digestive process. Non-meat eaters do well to finish the meal with a small amount of salted pickles.

5 - “Fruits” can be best eaten at the warmest part of the day, preferably after the siesta (3pm solar time). They should not be eaten for breakfast or along with a meal. The contradicting practice began with the commercial promotion after the second world war and has also contributed to today’s wrong health-norms. Today most people die unnaturally in the “Inquisition created hospital”. The proportion of fruit consumption must not exceed 5%.

6 - “Animal flesh” can be eaten when the environment requires it, such as areas close to the North-pole, providing that the animal was naturally raised. The proper preparation to reduce toxicity must also be observed.

7 – Small amounts of other “secondary foods” (Nuts, Seeds) are optional.

8 - “Desserts” are purely pleasure foods and it is up to the consumer to know what the limits are, and the possible consequences. If it is preferred, let it be at least half an hour after the meal, so that it will not interfere with the digestive process.

There are many macrobiotic recipe books. All of them can basically give ideas of how to combine different ingredients for the purpose of getting good taste. This small section on food-preparation is about the process of implementing food to maintain the Total Being as we are proceeding Within the infinite universe.

Considerations for the preparation of food and how to eat it

- Choose the Whole Grain Cereal for the day (Rice, Millet, Wheat, Spelt, Oats, Rye, Barley, Sorghum) - at least 50 % of the total daily intake of food. The amount of grain can be calculated according to what we will use for lunch and the breakfast the day after. For dinner you can take advantage of leftover cereal and mix it with the leftovers and develop a thick soup, adding more seasoning would be optional. Finally, with the leftover cereals you can cook it with Water to make a cream for breakfast the next day.

- Legumes (Beans, Lentils, Peas, Chickpeas) - 15-20% would be applicable primarily for the midday meal, 3 to 4 times a week.
 - Seasonal Vegetables - 25 %, most to be consumed at lunchtime. You can include salads and it should be consumed towards the end of the meal.
14. Optional: Seasonal fruits that are grown in the same climate zone where you live. Nuts and animal food only when the weather and the location require it, such as Alaska, provided we know how to prepare and eat to remedy the poisonous effects.
- Condiments, seasoning, sauces and salty pickles are important to help the digestive process.

Unpolished Rice

- 1 : Wash
- 2 : Soak in Water about 5 cm above the rice level (about 2 hours or longer if a soft consistency is required).
- 3 : Add a pinch of salt (1/4 teaspoon/ 3-4 cups) and gently stir it only at the upper-level.
- 4 : Bring to a boil and then to medium. Put the fitting lid on after the Water level has come down to about 1-2 cm above the rice level. Put a flame diffuser under the pot and lower the flame. Continue simmering for one hour. Be sure that all this time the lid is Not lifted!
- 5 : Stir the rice, so that the bottom part is harmonized with the upper part.
- 6 : Do not refrigerate the rice. It can be kept in the pot with a cloth over it.

Toast Whole Cereal Grain

- 1: Wash the cereal and drip-dry it.
- 2 : Toast in a skillet until light brown or when some of the grains begin to pop and meanwhile bring Water to a boil.
- 3 : Drop into the boiling Water of the pot to cook in. Amount of Water is about 5 cm above the cereal level. Some cereals can use more Water, such as wheat and sorghum.
- 4 : Bring to a boil and put the lid on after the Water level has come down to about 1-2 cm above the cereal level. Put a flame diffuser under the pot and lower the flame. Continue simmering for 45 minutes. Be sure that all this time the lid is NOT lifted!
- 5 : Stir the rice, so that the bottom part is harmonized with the upper part. Do not refrigerate the rice. It can be kept in the pot with a cloth over it.

Insulation Method

The same as the above, with the difference that the simmering is only 45 minutes and that the cooked cereals (still with lid on) is insulated in a box with blankets. This is a great way to have breakfast ready. Still warm the next day!

Root Stew

A great healing dish to get the system up. Can be eaten three times per week.

1 : Soak Wakame seaweed and cut up in smaller strips. Cut up the following vegetables (same amount of each) in about 2-3 cm cube size pieces: Leek, Pumpkin (best Kabocha), Daikon or Turnips, or both, Parsnips, Carrots.

2 : Layer the pot (best thick material) with the Wakame and add about 2 1/2 cm Water above the pot's bottom. Bring to a boil.

3 : Layer the wakame with the leeks and sprinkle sparingly with Tamari. Wait until the steam seeps from under the lid and add the other vegetables in the same manner. Be sure the sequence is that of the cut vegetables mentioned at 2.

3 : Let it simmer over a flame-diffuser for 30 minutes.

Boiled Vegetables

1: Cut the vegetables in the desired sizes.

2: Boil Water (1-2 cm from bottom) and add the vegetables.

3: Wait with reducing the flame until the steam seeps out from under the lid.

4: Observe when the desired consistency or color has been attained.

5: Sprinkle sea salt or Tamari and stir. Then continue simmering for about a minute or two.

6: Then continue simmering for about a minute or two.

Sesame Salt Condiment (Gomasio)

Sprinkle on the cereal grain according to taste appeal. Great to speedily improve the natural immune system.

- 1: Wash unpolished sesame Seeds and soak it for about half hour.
- 2: Pulverize sea salt until it is powder fine. Use a ceramic mortar and pestle or a smooth flat stone on a wooden cutting board.
- 3: Drip-dry the Seeds and toast it in a skillet (layer should be about 2-4 cm thick).
- 4: Stir from side to side in a rhythmic manner for an even toast and to prevent scorching.
- 5: Stir faster when the Seeds start popping. The flame may be lowered too.
- 6: Continue until observing a slight smoking appears (may be too late!). This means the oily Seeds are ready for burning. This is difficult to see unless we skilfully shake the skilled to see
- 7: Have a bowl ready on the side, so that the toasted Seeds can be immediately transferred to stop the heat transfer.
- 8: Mix 1 part of the powdered salt to about 12 parts (for small children 1:25) of toasted sesame Seeds. Smash this in a mortar or Suribashi (Japanese type of mortar). And store it in a closed jar to preserve the flavor.

Horse Radish Condiment

(very good to eliminate excessive mucous)

- 1: Finely grate the Horse Radish.
- 2: Mix with olive oil and sea salt according personal taste.
- 3: Another option is to mix the Horse Radish with olive oil, sea salt and tahini.
- 4: Store in a jar. Can be kept long when stored at a cool place.

Tahini Dressing

- 1: Dilute the Tahini with Water.
- 2: Mix with sea salt, Tamari and lemon juice to personal taste.
- 3: Another option is to sauté a finely chopped onion and add the diluted tahini to it when the onion has become browned. Stir on a low flame to prevent scorching.
- 4: Then add the sea salt, Tamari and lemon juice.
- 5: Continue on a very low flame until you see the Tahini sauce become somewhat oily.

Miso Soup

Essential to begin the day with it. Especially for those who need to restore the beneficial bacteria that has been killed by the eating of sugar and all sorts of chemicals, including antibiotics, fluoride, etc.

1: Make a soup-stock from: Kombu seaweed, Wakame, Sautéed Onions, left-over vegetable dishes.

2: Put Miso paste in a bowl according to the desired taste and dilute it with a tablespoon of soup-stock. Then add more of the soup-stock.

3: Sometimes we may add diluted Miso to the porridge.

This soup is a must for those who are daily exposed to the radiation coming from mobile phones and computers.

Sauteed Carrots

1: Thinly slice the carrot under an angle (about 30 degrees), to get a long 3 mm strip. Then slice this piece lengthwise to get long match-type sticks.

2: Heat the skillet first before adding a small amount of cooking oil (sesame oil is best), about ½ - 1 tablespoon and stir to get an even cooking.

3: Add the carrot sticks and sauté until they are half cooked.

4: Add a very small amount of Water to bring up the steam and close the skillet with a lid.

5: Lower the flame.

6: When soft add soy sauce to taste. Lower the flame more.

7: Be sure there is enough moist to prevent scorching.

The same method can be applied to parsnips, turnips and kohlrabi. Also pumpkin (best Kabocha) and hard squash, but then cut in larger chunks.

Check out "Macrobiotics" for more recipes

Ten-Day Rice Fast

"Vision-Quest" in preparation for the CHANGE the world has been waiting for

Ten days are needed to make the fundamental change, because every day we change 1/10th of our blood-plasma by biological transmutation in the small-intestine (contrary to what the medical system wants us to believe - that the blood originates from bone-marrow. (so... where does the bone-marrow come from?). The blood-plasma

changes in the red-blood cells in 3 to 4 months. The red-blood cells change into body-cells in 3 to 4 years. With every bite of food we can either change for the best or for the worst. Today's tendency is of the last one. The fundamental change from Within is the answer!

The Fast

Up to 3 meals a day. Breakfast, after having some exercise and possible a cold shower, around 8 am. Lunch (main meal) around 1 pm (have a short nap afterwards to aid the digestive process). Dinner around 7 pm (go to bed before 11 pm).

The amount to eat is such that there is enough space in the stomach for another 2 to 4 bites. Chew until we can drink the food. It is essential for the complete digestive process. Meanwhile contemplate on what takes place in the mouth. Complete each mouthful before adding food in the mouth. Have a peaceful setting at the table and do not talk. You may burn a candle along with a small amount of food that we offer to the Creator. Treat the place of eating, as it is a place of ceremony prayer and worship.

Absolutely no drinking while eating to maximize the digestive process. Also no drinking shortly before eating and shortly afterwards. If drinking is Absolutely needed, then have a small sip to just satisfy the immediate need. Bancha twig or Kukicha (tea) is best to satisfy the thirst during the 10 days. This tea needs to be simmered for at least 15 minutes and can be kept in a pot for reuse with less Water or with adding more of the twigs/leaves. Slightly toast the tea before simmering to maximize the flavor.

Possible Healing Symptoms

Healing symptoms may appear when the body and mind increase their power to discharge energies which are not any longer of any use for our universal development. The removal can vary from vomiting, diarrhea, skin-irregularity, being "uptight", fever, old hair falling out to make place for new hair, women may stop menstruating until the initial is over, sexual drive may become less, etc. In case one's metabolism is not up to par the Whole Grain Cereal's complex carbohydrate may not be sufficient to maintain the energy level. Fatigue may then be experienced. This symptom indicates the beginning of diabetes. The Azuki/pumpkin/Kombu dish is then recommended. The 10-day fast may not be the best for those who are already going through a "healing crisis" or are too weak to function normally. A 4-day fast is then optional. So, it is important to know more about the "normal way of eating", practiced according to the principles of Creation (Change) and this includes the "alchemy, of cooking" (know more about "macrobiotics" or the "Sacred Art of Eating").

Afterwards

After the fast we can continue with the "semi-fast" for the rest of our life! Therefore, we must continue with having the Whole Grain Cereal as the greatest portion of our daily food consumption (50% +). The rest can be seasonal vegetables (25% including pumpkins, squashes, and sea vegetables) which were grown in the climatic zone in which we live. Legumes (beans, lentils and peas) are complementary to the grains and can be included up to 4 times per week (15%). The rest is optional (also according to region and climate) and can include seasonal/locally grown fruits. Of course, animal flesh can be eaten when we live close to the north-pole, but we must also live according to these environmental conditions. Jesus ate grasshoppers to be able to complete his 40-day vision-quest! "*We can do better than that*". That's what he said... "and you can do more".

The sacred art of living is similar as the "Sacred Art of Eating", because without food we cannot live. That is, with the understanding that food is much more than just "stomach filling". So, let's begin with observing the Order of normal daily life. That, we have the sacred responsibility to manage ourselves as an integral part of Creation.

Similarly, as the entering of Creation from the endless Unknown Oneness, we enter the day after the sleep that correlates with the Unknown Oneness or Great Mystery that contains the infinite possibilities. It is during the night's sleep that we are "programmed" according to the receptivity of our Blood quality that we must cultivate and manage during the waking hours. This daily process goes along with the two hour interval functions of our twelve organs which are in synchronicity with the twelve constellations. As it is Without so it is Within. ALL IS ONE.

Go by Solar-Time

1 – Lung Time (3 to 5 am): We enter the "twilight" and become conscious of the "programming". Breathing becomes stronger and correlates with the birthing process and the evolutionary shift from ocean to land-life. Towards the end of this awakening, we can make clear plans for the day.

2 – Large-Intestine Time (5 to 7 am): We do our routine exercises to activate the circulatory system and with the bowel-movement following we let go of the past and proceed with the Power of the NOW. This Moment is that of Truth that we must bring forth from Within by making a Choice. It is with this Power that we can transcend any obstacle. "Where there is a Will there is a Way". At this time... what we fear most we must face and overcome, to release the Power we can use for the rest of the day. What is making us so comfortable in the early morning, in our warm bed? So, get UP without any hesitation and pour a bucket of ice-cold Water over the entire body! It just takes a moment to DO IT. This Moment is that of Truth and reveals our direct connection with the Creator!

3 – Stomach Time (7 to 9 am): With the attained circulation we can have our breakfast. Break-fast means break the fast. So, let the food be easily to digested and it must also correlate with the evolutionary oceanic past. Thus, it is best to have a breakfast that is soft on the salty side, rich in beneficial bacteria and enzymes. This would be Miso-Soup, followed with a Whole Grain Cereal porridge. Leftovers from dinner can be modified and incorporated. Toasted bread is hard to digest and fruits, juices included, create the opposite to that of the Inner-oceanic condition. Instead of the alkalinity acidity is created. Drinking coffee is not such a good idea either. As such we create an artificial condition of the circulatory system. It also harms the kidneys with all the consequences thereof.

Now we begin with entering the Portal of Inner-Creation and need to know the importance of the mouth and how to use it. Each bite of food must go along with the conscious combination of tastes and textures. The ideal taste (the mild sweetness of the Whole Grain Cereal) must remain the dominant taste. As we masticate, the mouth secretes the saliva which contains the most important enzyme for the digestive process. The more we chew the better we can digest and to release the Memory that the food contains. As Gandhi once said, "drink your food and chew your drink". 50% of any healing

process depends on the proper chewing of food. Chewing can be used as Medicine! It is by this memory (quite different than memorizing) that we can make a full cycle of Consciousness. First by the day-cycle and later by our birth/death-cycle. What we in the end must remember is that we are in truth Eternal. What is endless is Change and this truth we begin to realize in our Mouth!

The saliva is transmuted from our blood. When we chew, we mix the food with the blood. This process we must not disturb by drinking during the meal, getting engaged in a conversation or watching TV. With the proper completion of each bite of food in the mouth we set the basis for the completion of anything we are engaged in, to realize our destiny. Do not add food to the mouth before the completion of one "mouth-cycle". Completely masticate, swallow and then begin anew. Wait with drinking, about 20- 30 minutes after the meal (one sip or two is OK when it is needed to create comfort in the throat). Also do not drink shortly before the meal.

4 – Spleen Time (9 to 11 am): The activation of blood must go along with physical activities.

5 – Heart Time (11am to 1 pm): Similarly, as with spleen time.

6 – Small-Intestine Time (1 a 3 pm): The digestion of food is accentuated. So, one o'clock to begin with lunch (largest amount of all meals) is ideal. Apply the same eating order as is explained earlier. Begin the meal with soup and end with the salad if there is any. To have a salad at the beginning of the meal is not such a good practice. It will disturb the entire digestive process. Raw foods need to stay longer in the stomach and also need more blood for the breakdown. It is important that the first Inner-connection is made with the Inner-ocean from where the blood originates. Do not eat sweets, dessert or fruit right after the meal, for it will reduce the digestion and benefits of the food just eaten, to nil. As such we also diminish our bodily reserves day by day until we come to a "sudden breakdown". We hear it so often, "this person was always so "healthy" and then dies of a Heart-attack or cancer". The "sudden death" of the athlete is puzzling for medical science.

As the blood is focused on the small intestine in the digestive process, less of it goes to the brain. Consequently, it is during this time that we will get somewhat "sleepy" and drink coffee to stay awake. What an Inner-sabotage! So, get a short "siesta" and then eat the fruit of your desire.

7 – Bladder Time (3 to 5 pm): Regulation of the Inner-Water system. Too much liquid consumption at this time and also fruit will create the cooling condition that we do not need in the evening and night.

8 – Kidney Time (5 to 7 pm): This organ controls the sex and the reproductive energies and can be supported with the dinner that must not be too heavy and large. A thick "soupy meal" made from lunch leftovers is OK. Fruits in the evening is not such a good idea. Late eating is worst, because it prevents the focus of the blood on the liver (1 to 3 am). Dinner around 6 to 7 pm) is best.

9 - Heart Governor time (7 to 9 pm): This organ correlates with "circulation-sex" and emotion. Maintenance of tranquility is advised, along with the mental aspect and social interactions. We had our "fill" of food and now we must prepare for making ourselves food for the Creator by way of Consciousness. Now we must transcend the mind so that we can enter the higher spiritual part of our being.

10 - Triple Warmer or metabolism (9 to 11 pm): The transition of the mind to soul is taking place. Be aware of what is occupying the mind! Go to bed.

11 - Gall-Bladder Time (11 pm to 1 am): This organ protects the Liver and must be kept warm, not to BE burdened with oily and greasy foods. Certainly not with a “late pizza”! Today the “routine gall-bladder removal” has become a norm. Without this organ we lack the “build-in spiritual protection”. By this time, we must already be in deep sleep.

12 – Liver Time (1 to 3 am): The blood is now focusing on the liver, ready to be programmed along with the incoming vibrations from the universe. Around 2 am is the best time to be born and upon the life’s fulfilment to die. The liver is the spiritual “come and go” portal.

The Symptom

Regarding to Disease... what is a Symptom?

First of all, a disease is the result of an obstruction Within the circulatory system. This stagnation can manifest in different ways. The tumor, cyst, stiffness or pain are the symptoms of a part that’s not in synchronicity with the whole Body or Creation in the Human Form.

So, what happens when we just remove the symptom?

The consequence is that the lack of synchronicity continuous, to create another symptom, usually worse than the former one.

By knowing this principle... then what is the cause of the body’s lack of synchronicity?

The truth is that by the Inner-Polarity, the body’s blood-circulation is created, to harmonize each body-cell with the Heart’s Center where all opposites meet as ONE. This Inner-Polarity correlates with that of the Universe, which are the Outer and the Inner, known as Heaven and Earth. It is then by “eating Heaven and Earth” in the form of food,

that these Outer extremes become an integral part of Creation in the Human Form and that's who we truly Are! By food indeed, that's why plants have a root and branch-system, to condense parts of the Outer and Inner in a harmonious Whole. This wholeness is the very basis of health – health means Whole. This Whole is contained in the Seed and the Whole Grain Cereal is of the greatest universal whole food that enables the Human to also fully integrate the Heaven-Earth circulation Within. This Wholeness of Being begins to diminish when we stop with eating the Whole Grain Cereal as our daily Main-food, and consequently the “symptoms from mild to worse”.

It is remarkable that when we stop with the consumption of foods and beverages, which can cause the Inner Heaven-Earth stagnation... and at the same time again eat the Whole Grain Cereal as the daily main-food, and the complementary whole foods (according to location and season), our Wholeness or Health will be gradually and naturally restored. Gradually, because it takes a while (3-4 months) for the BLOOD to be fully renewed from the FOOD that we daily biologically transmute in the small-intestine. During this transit another “set of symptoms” will appear (different for everyone) which are the various releases of stagnations (of past consumptions). This stage of the healing-process is known as the “healing-crisis”, which can continue at certain times as the blood change into the body-cell (3-4 years). In either case, we will always change for the better.

CHANGE is Creator's "Onelaw" and the more we know how to use it in daily life the more we can be in Control of our healing-process. Therefore, the Macrobiotic studies were created.

Appetite

Appetite is the first Sign of “Life in Progression”.

It indicates the FLOW of Spirit.

Jesus: “When the Spirit creates the Body, it is a Miracle, but when the Body creates the Spirit, it is the Miracle of miracles”.

It could not be better said, to describe how we are a part of the Life-CYCLE.

Death is noticed when the Spirit leaves the Body.

Then the Body becomes a part of the “cycle of worms”.

When the worm dies, it becomes a part of the cycle of stench.

From thereon, the life-death alternation continues until the SOURCE of Polarity/cycle is reached.

So far, “regressive-Death” is explained.

The Contrary ... “Progressive-Death” = LIFE.

Hereby the BODY is “Progressed” by the Head that contains the BRAIN.

As such, we can FEEL and NOTICE what is Happening IN the Body.

We can FEEL SPIRIT in many ways, and the initial Feeling is having APPETITE!

Consequently, we want to have Spirit ENTER the Body, by way of FOOD = Appetite!

After the Chewing, the Food gradually changes into the BLOOD whereby we can Feel.

So, what comes first appetite or feeling?

Both come together in the MOUTH upon the CHEWING of Food!

Upon the chewing SALIVA is secreted.

Saliva is secreted from the Blood.

The chewed food becomes the blood becoming the saliva.

As such, we can set the basis in the creation of the Independent state of Being.

Hereby, Feeling can be Refined into THINKING.

In other words, by the increasing Flow of Spirit, UPWARDS, we can have the “Progressive Death” = LIFE!
The “Regressive-Death” goes DOWN, so that it can leave the Body via the Anus!

Appetite we can Spoil when merely “craving for pleasure” Dominates the Chewing-process.

Just eating and drinking for pleasure with Disregard of the Spiritual process, will spur more blood to the Head than is needed.

As such, the Direction of Blood’s Flow down to where the Food changes into the Blood, is hindered.

Know that the Small intestine, where the Food changes into the Blood, is Polarized with the Brain.

To have the maximum use of the Brain, the Blood must flow UP After the digestive process.

So, do NOT Spoil the Appetite with:

- 1- Snacking or Drinking before Eating the MEAL.
- 2- Drinking while eating.
- 3- Have the taste in the mouth be overshadowed by extreme flavors.
- 4- Do not Stuff the Stomach until the “brim”.

Allow the Digestive Process be proceed for at least halve an hour, before having the “Next session”.

WISDOM begins with the Art of Eating!

Becoming the Living Trinity with the Art of CHEWING!

All of what you have so far read is of Theory. Now the Actual, the PRACTICE initiated with the CHEWING of FOOD.

The MOUTH is the PORTAL by which the Totality-unmanifest (Question) and Totality-manifest (Answer) can together create the KNOWING.

The Food is of the OUTER and the Human is of the INNER.

Both inner and outer when Unified, create the PRESENT, to be Perceived by the EATER

With the ART of CHEWING, we set the Basis of Self-realization!

So, what happens in the Mouth?

The tip of the TONGUE correlates with the SALTY taste.

WHY?

Salt is the Condensed Ocean-water.

Water is the Element to Connect Heaven with Earth (the Descending), the PAST correlating with EVOLUTION.

This part of the Total process in the creation of the Human, correlates with the BODY.

Here the Ocean comes to manifest by the Small intestine, where the Food is biologically Transmuted into the BLOOD that then via the HEART Ascends to the BRAIN.

The Blood, similar as the ocean WAVE created by the WIND (air), needs the Air to be internalized by the Breath.

As such, the Blood can be “WAVED”, upwards by the Lungs and throughout the Body to be maintained by the LINK with the Past (food’s Memory).

The SUN is needed in the Crystallization process of the Ocean water = SALT.

By Chewing, the SALIVA coming from the Blood, it can be Mixed with the Food entering the Mouth.

As such, the Mixture Descending to the inner-ocean (small intestine), in turn becoming the Blood, the Outer Heaven-Earth CYCLE is Synchronized with the inner Heaven-Earth CYCLE = Blood-circulation.

ALL diseases, whether it is of Body, Mind and Spirit ... BEGINS with the Disharmony of the Blood-circulation due to the Disharmony between the Outer and the Inner.

The SUN was earlier mentioned.

It correlates with the FIRE-element whereby the CYCLE can be Completed with the ASCEND, to Connect Earth with Heaven.

Any kind of PROBLEM, Physically, Mentally and Spiritually, is the LACK of the Earth-Heaven Synchronicity. The Brain was mentioned for the Blood to internally reach the maximum height in internally.

Before the FOOD enters the Mouth, it went through the NINE stages of Manifestation (read Nine Stages of Perception).

As such, after the Blood has come to the zenith on the Brain-level, it is further REFINED into Smelling (wind), Talking (thunder), Seeing (lightning). Thinking (frequency), Discernment (polarity), Free Will to make a Choice (creative POWER), BE (SOURCE).

Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles".

Spirit is the CHANNEL Through which the POWER (GOD's WILL - "YOUR Will be Done on Earth as it is in Heaven") FLOWS.

EVERYTHING has Spirit, according to how it has Evolved in the REFINEMENT-Process.

By the Refinement of wood into ashes, with the use of Fire, wood is "Spiritualized."

It correlates with "the Phoenix RISING from its Own Ashes".

There is so much More to say about CHEWING!

Chewing Continuous after the Mouth.

It is the Pulsation of Spirit!

Another way of understanding what happens in the Mouth upon Chewing Food...

Saliva is secreted, so that the Water-element can Proceed towards the Small-intestine where the Food begins to change into the BLOOD.

A part of the Blood becomes the Saliva upon the Chewing.

The mixture of Saliva-Food becomes the Blood, to become the Saliva, etc.

Which means, that by the Chewing of Food the Outer and Inner Cycle (Food-Blood) become SYNCHRONIZED!

It is truly a marvelous way to create the Supreme MEDICINE with the THOROUGH Chewing of the Well-Cooked (Fire needed for the Ascend) Whole Cereal Grain (most complete Food to LINK with the Source.

Medicine means mediate, to Link.

We can create the Supreme MEDICINE, because the Human is "GOD's Pharmacy"!

It takes about a minute for the Blood to make a Complete flow throughout the Body, and with the "one minute chewing process" (as fine as possible), along with the Consciousness that we can MIX with the Saliva ... we can truly create the TOTAL-medicine, of Body, Mind and Spirit!

Conclusion:

The Outer and Inner are the Polarities and with the Eater of FOOD we can become the LIVING TRINITY!

Note-

No drinking (a sip of tea or water is ok, when needed) before, during and right after the meal, because it will disturb the Digestive process. Also, know more about the proper combination and proportions of the foods presented at the plate. A desert right after the meal will undo the benefit of the meal.

Check about Macrobiotics, it is much more than a "diet". This book introduces the greater picture of Food and what Eats. Creation is the endless REFINEMENT of Food and Eater. CHANGE is The Constant and the TRINITY is the Principle of principles.

Cosmic Refinery

What is most REFINED, Subtle or "Finer than Fine"?

NOTHING is the Most Refined.

Nothing is the Ultimate Vacuum-container.

And since Nothing is the SOURCE or Totality... it can Infinitely Internalize anything that SURRENDERS to the Totality.

Therefore, GOD created the HUMAN who can PLEASE GOD as The SERVANT, who can give MEANING to the Totality by way of CONSCIOUSNESS.

The Totality is the "Ultimate vacuum-cleaner" that can never be Full, because the Totality has No Limit.

This "Ultimate EATER" has the "Cosmic Appetite without End".

IT Creates the TOTAL FOOD to be ENJOYED with the Total Digestive Process, from "Nothing to Nothing".

Therefore, GOD created the HUMAN in HIS Image, so that the Human can "Eat to be Eaten"!

We come from Nothing and go back to Nothing.

Therefore, the Human has been given the Ability to fully Refine the Whole Cereal Grain that contains the Total MEMORY, into the BLOOD whereby the Consciousness can be gained that ALL IS ONE.

Hence the PLAN, to Infinitely Create with the POWER of the Original SEED.

GOD created this Total Food with the "Exhale/EXPANSION" ("Big Bang"), which correlates with the Release of "GOD's EGO", which then becomes the CONTRACTION that Maintains EXPANSION.

With these Two Tendencies the BREATH is created, so that the Human can by CYCLE Maintain the Constant Relationship with the Totality.

Our Breath also correlates with the "release or gain of Ego".

And this not only correlates with the air, but everything we can put our Mind to while we breathe.

Human's Divine Duty is to Internally Refine Creation, which then becomes GOD's FOOD.

So, WHERE is "GOD's MOUTH"?

WITHIN Human's HEART!

Therefore, we have a DIGESTIVE and NERVOUS System.

With the Digestive System, beginning with the Mouth, the Food is in steps Refined into GOD's FOOD.

Upon the Chewing the Food reaches the Inner-Mother, the Small-intestine where the Food begins to Change into the BLOOD.

The Essence of the Food, MEMORY, is then carried by the Blood to the BRAIN, Inner-Father, via the HEART.

And when the Food is Totally Biologically Refined, Memory is Refined into THINKING.

Then Thinking is Refined into CONSCIOUSNESS.

And when we Fully Remember, all the way back to the SOURCE...we can also KNOW that ALL IS ONE...that we are the Totality within the Totality.

With this REVELATION, as the result of the INNER-refinement Process, we can Consciously ENTER the Totality FROM WITHIN.

Then, with the Heart Containing "Totality's MOUTH", we can "Eat Ourselves to be Eaten" = HAPPINESS.

Heart's Pulsation is Actually "GOD's CHEWING"!

The Cycle, created by the Polarity, whereby the Totality can gain Consciousness, correlates with our Circulatory System.

With the Blood's Circulation, due to the Inner-Mother (Small-intestine) and Inner-Father (Brain) Polarity, the Original SEED can Infinitely Multiply.

With the Total Surrender to the PLAN we can Resonate to the TRUTH that Happiness is the Endless Realization of an Infinite Dream.

Lastly... we go through GOD's Refinement Process, by which we can Fully Realize that we are a Co-Creator, to then be Delegated a Management of a Part of Creation (could be a Planet or a Universe). This can only be, after having Proven to have the Quality to be RESPONSIBLE for the GIFT we ARE. This Process as has been shared, is the Basic Education Principle for becoming the true Leader/Parent/Teacher of Life.

To come this far, we must Practice a WAY of LIFE that can SERVE the TOTALITY.

So, PRACTICE the SACRED ART OF EATING.

Trinity Macrobiotics

Macrobiotics was founded by George Ohsawa, in response to the medical system's lack of understanding the Human being a Microcosm of Creation. Consequently it has up till today not managed to provide a single Cure, not even for the "common cold". Also Science and all the great Thinkers are in the stage of Guesing.

This universal Science and Art of Life has proven that with the Understanding of the Unique Principle, any disease can be reversed and possibly cured, with the Sacred Art of Eating, Macrobiotics. It is a most Revolutionary way of Life indeed.

For the uninformed, Macrobiotics is a "diet", "Yin-Yang" principled. But there is more to it, considering that the Human Experience has Three basic stages:

- 1- The Bodily, based on Food along with the Understanding of the Correlation between Creation Within and Creation Without.
- 2- The Mental, to Perceive the Human as a Universal Being. Therefore, the Use of the Brain requires the Heart-Pineal Gland Polarization, so that the Restricting (Conditional) Right-left Brain can be Transcended, to SEE ONENESS.
- 3- The Spiritual, to Refine 1 and 2 into Consciousness.

These three stages require the Knowing of how the TRINITY can be used as the Ultimate Unique Principle. This is so, because by the TRINITY the TOTALITY-Unmanifest could bring forth the TOTALITY-manifest.

Note-

Merely Yin-Yang, using the Horizontal right-left brain, put us in the Conditional, which correlates with the linear and reactionary (energy). With the Unifying Factor, correlating with the Pineal Gland, we can use the TRINITY, by which POWER (Circular) can be used in the form of FREE WILL (from the Center outwards into the Infinite). This book conveys Macrobiotics on the "Next Level".

The Total Health Declaration

1- The time is upon us to notice that we went way beyond our capacity to control the Great Experiment, with all the consequences thereof. This extreme deviation from the Natural way of life has also diminished the cellular-Memory that we need, to know and understand that we are Creation in the Human Form, and to live accordingly. Therefore, the same Onelaw whereby Creation is maintained must also be applied to the Human, in order to attain Total Health. Disease begins by ignoring this Principle.

2- The restoration of the non-experimental way of Healing requires the Education whereby we can understand the Human within the Context of Creation, and how disease can be Prevented with the Natural way of daily life.

3- Today's world, as the result of the Great Experiment, was created and is maintained by way of the Deductive observation (seeing the inner from the outer). As such the microscope has been used (also exploratory surgery) to identify only a few details of the Totality. But now the Inductive observation (seeing from the inner towards the outer) is needed to Repair all the consequential damages, which requires the full-spectrum observation.

4- We are the sole property of the Almighty. Only He can heal, and "healers" can only facilitate the healing. It is unethical and unjust trying to dominate Humanity by dominating that what causes disease and how it can be healed. All methods of healing must follow the Universal Pattern (spiral) to form a constructive collaboration.

5- Collaboration on reaching the common Goal of life (Self-realization) is of those who have the integrity to assist humanity in the pursuit of Total Health. Therefore we need to help without political, economic, exclusive or other ulterior motives, in order to establish the all-inclusive way of well-being, which is Total Health/Peace.

6- The change of disease into health requires us to understand and apply the three basic observations: 1- the Symptom 2- the cause (s) 3- the Origin.

7- The biological synchronicity of the Digestive/Body/Food, Nervous/Mind /Teaching and Circulatory/Spirit/Act systems are fundamental for the maintenance of Total Health. This biological inner-Trinity is in turn based on the Blood that is in the small-intestine biologically transmuted from the Food that comes from the outer-Trinity (Earth, Heaven and the Seed that unites Heaven and Earth). By the control of the Food that upon the digestive process becomes the Blood, we can also control the Total Being.

9- The principle of the 12 organs (biological clock) to universally balance the body with the cosmic realm is essential to harmonize every cell in our body with the heart's center where all opposites unite. Each organ is associated with an emotion, taste, color, direction, constellation, bodily function and specific food.

10- The Total Health, of body, mind, spirit and behavior, requires the Practical Understanding of ourselves and the world within the context of Creation and how it has to be maintained according to the only absolute and eternal Constant of Creation, which is Change. Eating food is the first application of this One Law. By it we can change the outer into the inner-Creation. Disease begins with the Deviation from the order of the infinite universe that's maintained by change. It is by this Law of laws that we can in principle Change disease into health.

11- As food is the Principal Medicine (also preventive), it makes sense to restore the Kitchen (both in institutions and in the home) as the first practical step towards Total Health. This main healing-center got corrupted after Woman (the "witch" or true cook) became the main target of the infamous Inquisition of Roma, for she controlled the primary medicine, food, and the resultant blood of the individual who must become independent in its evolution of consciousness. The true cooking is the highest form of alchemy (harmonizing opposites). So, also the Alchemists were persecuted, which led to the dominant science of chemistry (reaction) with all the consequences thereof (such as the creation of the atom-bomb and "chemo/radiation-therapy").

12- The strive for the total Personal health must be accompanied with the Caring and Sharing for the benefit of global health. It could not be otherwise, since the internal and the external cannot be separated. The more we care and share with the greater realm, the greater our health-potential will be. ALL IS ONE

13- It is the sacred duty of the true Healer, whether one is of an "official or un-official" status, to inform the patient to be healed about the origin and cause (s) of the symptoms and how one can be responsible for the Total Healing process.

This Declaration is not limited to only the healing-field, since its importance is of everyone's Total well-being. It will be greatly appreciated when any leader (political, religious and other) and teacher of life will use it with their part of the global Reconstruction.

Lastly

And now the CONCLUSION.

So far, the different aspects of the PROCESS.

Today I read about Nikola Tesla.

He was puzzled about the "point zero energy".

What is IT?

So, let's BEGIN with the Beginningless Beginning = Point Zero or TOTALTY-unmanifest, which becomes the TOTALTY-manifest, when the POWER that Contains the TOTALTY ("divine superglue") is Polarized ("big bang").

HOW can the ONE become the TWO?

The "Original ONE" is the SEED or "Mystery Egg", and to Know what it Contains, we need to PLANT the Seed.

It is the FARMER, the CREATOR (GOD), Who needs the Fertile Soil for the Seed to SPROUT.

It is by the CIRCULAR DUALITY that first the ROOT followed by the BRANCH, everything that the Seed contains can be REVEALED.

Ultimately the Revelation must make SENSE by PURPOSE and MEANING.

Therefore, the creation of the HUMAN who integrates Root and Branch correlating with the Digestive and Nervous system.

As such, the FOOD that contains the SEED of seeds needs to be the MAIN Food creating the BLOOD, to bring forth the POWER to Ascend via the HEART to the PINEAL GLAND.

From this Bodily PORTAL the POWER is REFINED into FREE WILL, whereby the CHOICE can be made to BE.

This entire "Planting Process" has been formulated by Jesus: "When the Spirit creates the BODY, it is a Miracle, but when the BODY creates the Spirit, it is the Miracle of miracles".

When the "Planting" all the way from the SOURCE until the Pineal Gland is Uninterrupted, we will KNOW HOW to Create the "point zero energy", FROM WITHIN.

Not until then, the Right-Left Brain is kept preoccupied with the Perception of ENERGY: reaction, fission and all sorts of perceptions of conflict and halve truths, equations, philosophy, religion, microscope, telescope, geography, opinion, confusion = contra-fusion.

The Course of POWER is Cyclically Revealed. SPIRIT is the Cycle/Channel Through which the POWER FLOWS and not until we can USE the BRAIN Vertically, POWER is Dualistically Perceived = ENERGY.

The Cycle:

- 1- SOURCE/SEED, TOTALITY-Unmanifest.
- 2- Polarization ("big bang")
- 3- Creation = beginning of Construct to set the Basis of PURPOSE and MEANING.
- 4- All condensed by a Planet.
- 5- PLANT/FOOD = Refinement of Matter.
- 6- ANIMAL = Refinement of Food.
- 7- ALL Condensed in the HUMAN FORM.
- 8- Cycle integrated, becoming the Blood's Circulation.
- 9- BODY Centering the SOURCE with the HEART.
- 10- From the Heart the Blood Ascending to the BRAIN, Refining the Heart in the PINEAL GLAND.
- 11- Releasing 1-10 with CONSCIOUSNESS.
- 12- BACK at the SOURCE to KNOW that ALL IS ONE = PEACE = Self-realization.
- 13- Viola, the TOTALITY-manifest!

If this summary is still "puzzling" ... read this book once more!

Anyone who can IMPROVE what has been shared, please do so.

Thanks!

Thanks only when all goes well?

Thanks when insulted?

Thanks to be Hungry, so that Food can be Appreciated?

Thanks to be privileged to Enter Planet Earth University to be Tested?

Thanks to BE, too.

How else can we GRADUATE to become a Creator God?
May this Book Inspire Others to Know How to be THANKFUL, to
BE FULL with the PRICELESS, to be Shared.

THANKS!

Tawa



To Know MORE:

www.oneheartportal.com/student

Also, check out Macrobiotics
on the internet

All Proceeds will be used in support of the
Liberating Oneheart Teaching

COMMENTS:

comments.to.tawa@gmail.com

SHARE:

Oneheart Students can Share
Portions of the Book with other's.

